

CENTERS' CHATTER

September/October
2022

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!

From the President – Cliff Hartwick

Hello from the Board.

We are entering into the fall months and I'm happy to report that our Vice President Gaetan and his Fundraising committee has come up with some exciting new programs and adventures to carry us through to Christmas. It is great that we have programs that everyone can participate in. I'm looking forward to the new fall roundup.

We had our fall Saturday Card Party in August. We had some great soups and sandwiches. Everyone enjoyed our afternoon of cards. We are continuing with our virtual tours around the globe. We can travel abroad while sitting in the luxury of our Centre. We trust you will continue to support this interesting adventure.

Our lunch program continues to be a success. Thanks to Gail, Laura and Jeff for putting on some great meals. Thanks also to Christine and Lorlee for their meals on alternate Tuesdays. The last liver dinner was a huge success. Beginning this month, Tuesday lunches will be \$10. Where else can you get a salad, full course meal, dessert tea, and coffee at that price? Lunch is followed by a successful Euchre game.

The Senior (80 +) driver's licence renewal has returned. Wednesday morning meetings by the Seniors Advisory Committee will resume at the Centre at 10 am in October. During the summer months, this was held at the Rick Atkins Park. This is a great program to learn about what is happening in Leamington.

Thank you for supporting the Centre.



Louise Campbell a member of our LHCC Art Group painted this picture of Dr. Wilton Littlechild.

Dr. Littlechild is a lawyer, respected politician and has worked tirelessly to promote human rights, in particular those of Indigenous peoples.

He is a residential school survivor and met with Pope Francis on July 26, 2022 and presented the pope with a traditional headdress.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

From the Executive Director
Christine Lehn

Time flies when you are having fun and here we have a lot of fun. Hard to believe it is September already. The month starts off with our band performing at Rick Atkins Park by the Marina on Wed. Sept 7 at 10. Bring a friend to enjoy the music.

On September 22, we are again going to Petrolia for an afternoon of Irish music. I still have a few tickets left. If music is not your choice, on September 17 we are going to have a fun day. This includes a hotdog BBQ, followed by games, Bean bag baseball, family feud, Mexican train or others if you want to suggest them.

In October, we will again be hosting our Murder Mystery.

October 24 is Election Day. Be sure to vote. In Leamington, voting is done by mail or drop your ballot off at the Municipal Building.

BOARD OF DIRECTORS 2022-2023

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REGULAR PROGRAMS & EVENTS

RECREATION: Art Group, Band Practice, Bridge (Contract & Duplicate,) Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP: \$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

Blood Pressure Clinics
Diabetes Cooking Classes
Foot Clinic
Grief Share Classes
Income Tax Clinics
Serco Drive Test
Parkinson's Exercise & Support Group
Guest Speakers on Senior's Issues
Ministry of Transportation Senior's Group Classes

NEWSLETTER SUBSCRIPTION:

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

160 Talbot Street East
Leamington, ON N8H 1M2

Phone: 519- 326-2521 Fax: 519-326-2348
E-mail: halfcenturycentre@cogeco.net

Web: www.halfcenturycentre.ca
Office Hours: Monday to Friday 8:30 a.m. To 4:30 p.m.

HOME INSTEAD

197 Talbot St. West Suite 208

Leamington, ON

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Our Services

- Personal Services
Help with bathing, dressing, mobility, and more
- Companionship
Combat loneliness and isolation with regular visits
- Meal Prep and Home Helper- Preparation of nutritious meals, medication reminders and light house keeping
- Transportation
Rides to doctor appointments, prescription pick up, grocery shopping and more
- Hospice Support
Keep a loved one comfortable and provide respite to family members

In-Home Care for Chronic Conditions

Receiving care at home can make life easier when someone is living with a chronic health condition. Our skilled CAREGivers can provide:

- Alzheimer's and dementia home care
- Arthritis care
- Diabetes care
- Support for many chronic conditions including cancer, heart disease, stroke, Parkinson's, weight-related issues, depression and many others.
- Advanced Nursing services available as well

Family Caregiver Resources

HomeInstead.ca

HelpforAlzheimersFamilies.com

Home Instead is a service for all ages and offers a wide range of skilled in-home care services.

HomeInstead.com/3054

REGULAR CENTRE ACTIVITIES

ART GROUP	WEDNESDAY	9:00 am.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 am.
BRIDGE (Duplicate)	MONDAY & FRIDAY	12:30 pm.
BRIDGE (Contract)	WEDNESDAY	1:30 pm.
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm.
EUCHRE	TUESDAY	1:30 pm.
LINE DANCING	MONDAY & THURSDAY	9:00 am. 7:00 pm.
PEPPER	SUNDAY &WEDNESDAY & FRIDAY	2:00 pm. 7:00 pm. 7:00 pm.
POOL ROOM	MONDAY - FRIDAY	8:30 am. to 4:15 pm.
QUILTING GROUP	MONDAY	9:00 am.
SCWW NAME THAT TUNE	FRIDAY	11:00 am.
SHUFFLEBOARD	WEDNESDAY	1:30 pm.
UNO	MONDAY	2:00 pm.
YOGA	FRIDAY	9:30 am.

REGULAR PROGRAMS

DRIVE TEST G1 & G2

Eye/Written & Road Test

4th Tuesday Monthly at 9 am-12 noon and 1pm-4 pm

For road test appointments please call 1-888-570-6110;

do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP

Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere.

Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Friday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

Lunch Menu

Sept 6	Chicken	Oct 4	Liver & Onions
Sept 13	Hamburgers	Oct 11	Hamburgers
Sept 20	Pork Loin	Oct 18	Ham
Sept 27	Cevapi Sausage	Oct 25	Chicken Drumsticks

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SATURDAY, DEC 3
\$100.00

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Party
Game

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OCTOBER 29/5PM/\$20
TICKET SALES OPEN SEPT 6 AND CLOSE OCT 21

REGULAR CENTER ACTIVITIES - SEPTMEBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	Labour Day CLOSED	Lunch: Hamburgers	Seniors Advisory Committee Meeting at Rick Atkins Park 10:00			
11	12	13	14	15	16	17
		Lunch: Chicken				Picnic/Game Day Noon
18	19	20	21	22	23	24
		Lunch: Pork Loin		Petrolia Trip		
25	26	27	28	29	30	
		Lunch: Cevapi Sausage			Travel Time: Golden Horn Beach, Croatia 12:00PM	

Regular Weekly Activities

Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch - Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00
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REGULAR CENTER ACTIVITIES - OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		Lunch: Liver & Onions	Seniors Advisory Committee Erie Shores Healthcare 10:00			
9	10	11	12	13	14	15
	Thanksgiving CLOSED	Lunch: Hamburgers				
16	17	18	19	20	21	22
		Lunch: Ham				
23	24	25	26	27	28	29
		Lunch: Chicken Drumsticks				Murder Mystery 5:00
30	31					
	Halloween					
Regular Weekly Activities						
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	

Happy Birthday

SEPTEMBER

Sharon Robinson	2	Lorraine Fox	18
Marilyn Harrison	3	Charlene Bagshaw	20
Pamela Quirk	3	Sylvia Schippers	20
Jean Clark	5	Linda Turcotte	20
Ann Enns	5	Helen Dawson	21
Dick Poole	6	Cathy Truskey	22
Moyra Habing	10	George Hildebrandt	25
Patricia Macher	12	Heather Hyatt	25
Walter Balsam	14	Marion Liebsch	26
Violet Major	15	Ross MacKintosh	27
Beth Smith	16	John Barnett	28

OCTOBER

Neil Phillipson	6
Wayne Cunliffe	7
Susan Power	9
Louise Campbell	12
Catherine Comiskey	13
Mary Ann Sherman	15
Lana Marcine	16
Dale Smith	16
Pat Mattia	19
Susan Kraus	23
Ann Woodrow	23
Armand DeCaluwe	24
Amy Harrison	26
Marilyn Poole	27
Dianne Fleming	28

Welcome new Members

Ken Campbell
Candy Westlake
Erna Broom
Sharon Clark
Merle Richmond
Pamela Quirk
Ida Henderson

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful.

We could not function without the people who give so generously of their time and energy to the Centre.



In Remembrance



Elsie Aasen
Nancy Murphy
George Zakal
Marg Ross
Helen Preyde
Kurt Wiebe

Chances

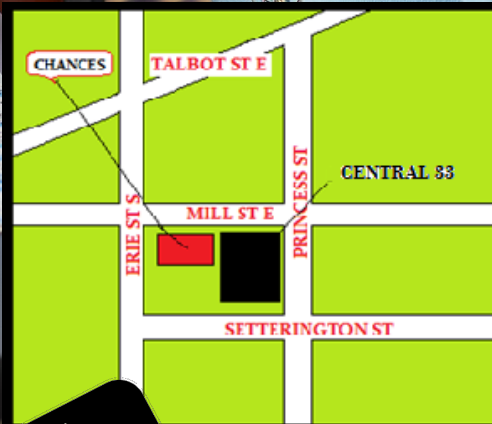
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Can you figure out the answers to the riddles?

1. I come once in a minute
Twice in a moment
but never in a Thousand years
2. I always run, but never walk.
I have a bed, but I don't sleep
I have a mouth, but I don't eat.
3. When you put this in a heavy
wooden box, the box will
become lighter
4. You hear my sound,
You feel me when I move,
But see me you never will.
5. I follow you all day long,
But when the night or rain comes,
I am all gone.
6. The more I dry,
The wetter I get.
7. I am very heavy forwards
But backwards, I'm not.
8. A cowboy rides into town on Friday.
He stays two days, then leaves on
Saturday. How can this be?



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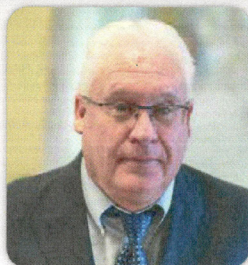
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Sept 14th

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Cornwell Dinner Theatre

Marshall, Mi

Church Basement Ladies

Sept. 21st

\$159

Stratford Festival Series

Chicago

Sept 27

Richard III

Oct. 18th

\$209

St. Jacobs

Oct 15th

\$125

OVERNIGHT Getaways

Boston/Cape Cod

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Sept 24-Oct. 2

\$2145 Dbl

New York City

Guaranteed Go

Oct. 12-16th

\$1099 Dbl

Niagara Casino

Oct. 25-26th

\$217 Dbl

Firekeepers/Four Winds

Nov. 6-7

\$259

Branson, Missouri

Nov. 16-22nd

\$1675 Dbl

Nashville Country Christmas

Dec. 14-17th

\$1589 Dbl



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Brian Collins, B.A. Sc., LL.B

barrister and solicitor

p: 519.325.0659 fax: 519.325.1448
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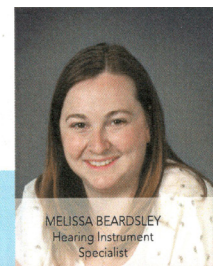
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Leamington Seniors' Advisory Committee Schedule of Events 2022

The Leamington Seniors' Advisory Committee offers the following opportunities for seniors to get out and connect with one another in a safe environment.

**Please visit
www.leamington.ca/seniors
for event information
and updates.**

MAY

**Wednesday, May 4
Join us for Chair Yoga at 10:00 AM**

JUNE

**Wednesday, June 1
South Essex Community Council
Presentation on Seniors' Services at 10:00 AM**

JULY

**Wednesday, July 6
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington**

AUG

**Wednesday, August 3
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington**

SEPT

**Wednesday, September 7
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington**

**The South Essex Community Council will be
providing free rides to the May and June events.**

**To book a ride, please call (519) 326-8629
24-hours in advance for transportation.**



Municipality of
Leamington
live | play | work



**Leamington & District Half Century Centre
160 Talbot St. E. Leamington**

YOU ARE INVITED TO A

PICNIC & GAME DAY

\$10



12 PM

SEPT 17

Come for a day of games, including beanbag baseball, Family Feud, Scrabble and more! We'll also enjoy a hotdog barbeque - tickets are on sale until September 13.

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