### July/August 2022

## CENTERS' CHATTER

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!

From the President - Cliff Hartwick

I would like to thank you for the opportunity to serve you as your president. I am looking forward to working with the new board this year. I want to thank George for his leadership this past year. We, together, accomplished several projects. We are enjoying the new screen in the West room as we are travelling abroad in the luxury of our own Centre.

Wow, we had quite a wedding on June 4! We had a super hotdog lunch with potato and pasta salad, chili and really good pineapple dessert. Everyone enjoyed the play; fun was had by all, especially the actors. We thank the actors for their time and costumes.

Our pancake brunch was a success. Thanks to all who helped and to those who came out.

We continue under the leadership of Christine Lehn, who gives so much of herself to the Centre. Thank you for a great job.Also, Isabel has been a great addition as a summer student. She was a great asset for the time she was here.

We always welcome new members and are looking forward to seeing you! Watch for new activities coming up.



Photo was taken by Gail Turk

### THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

### A member of the Older Adult Centres' Association of Ontario

### From the Executive Director Christine Lehn

I hope everyone is enjoying the warm summer weather; I'm sure soon enough I'll hear you complaining about the cold!

At our Annual General Meeting on June 17, we welcomed the new Board of Directors, which includes incoming President Cliff Hartwick and Vice President Gaetan Levesque. I'd like to thank the outgoing Board for their hard work throughout their terms and over the course of these past couple years. We look forward to what lies ahead! The Strawberry Social followed the AGM. Thank you to Sponsors, Prism Farms and Sweet Retreat for the goodies.

On June 1, as part of the Seniors' Advisory
Committee, the South Essex Community Council
hosted a fun game of Jeopardy for us! It was a great
morning to learn about their services and staying
active and social, while enjoying each other's
company. The July, August and September meetings
of the committee will be held at Rick Atkin Park by
the marina; we'll resume meeting in the Centre in
October. Come on out to the sessions; they're the
perfect opportunity to learn what the town is doing
for you and to have a bit of fun along the way!

You may have noticed our summer student Isabel around the Centre recently. She'll be with us for eight weeks; her position ends at the end of July. Make sure to say hello and introduce yourself if you haven't already, so she can have a chance to get to know everyone!

Keep an eye on our website's event calendar! It gets updated regularly with new events and important details. There's always something to be involved in at the Centre.

160 Talbot Street East Leamington, ON N8H 1M2

Phone: 519- 326-2521 Fax: 519-326-2348 E-mail: halfcenturycentre@cogeco.net

Web: www.halfcenturycentre.ca Office Hours: Monday to Friday 8:30 a.m. To 4:30 p.m. **BOARD OF DIRECTORS 2022-2023** 

PRESIDENT Cliff Hartwick
PAST PRESIDENT George Clark
VICE PRESIDENT Gaetan Levesque
TREASURER Wayne Cunliffe
SECRETARY Lorlee Cunliffe

MEMBERS OF THE BOARD

Bob Roth Carolyn Campbell Gail Turk Homer Vandervecht

EXECUTIVE DIRECTOR Christine Lehn JANITOR Maurice Raffoul BOOKKEEPER Pam Chausse

**REGULAR PROGRAMS & EVENTS** 

RECREATION: Art Group, Band Practice, Bridge (Contract & Duplicate,) Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP: \$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:
Blood Pressure Clinics
Diabetes Cooking Classes
Foot Clinic
Grief Share Classes
Income Tax Clinics
Serco Drive Test
Parkinson's Exercise & Support Group
Guest Speakers on Senior's Issues
Ministry of Transportation Senior's Group Classes

**NEWSLETTER SUBSCRIPTION:** 

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

# Enjoy a worry-free retirement at Chartwell Leamington





rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round. You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

Join us for a complimentary lunch! Book your personal visit today.

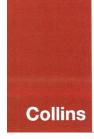


1 Henry Avenue, Leamington 519-973-6317 • CHARTWELL.COM

REGULAR CENTRE ACTIVITIES				
ART GROUP	WEDNESDAY	9:00 am.		
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 am.		
BRIDGE (Duplicate)	MONDAY & FRIDAY	12:30 pm.		
BRIDGE (Contract)	WEDNESDAY	1:30 pm.		
CRIBBAGE	THURSDAY	2:00 pm		
DARTS	THURSDAY	1:30 pm.		
EUCHRE	TUESDAY	1:30 pm.		
LINE DANCING	MONDAY & THURSDAY	9:00 am. 7:00 pm.		
PEPPER	SUNDAY &WEDNESDAY & FRIDAY	2:00 pm. 7:00 pm. 7:00 pm.		
POOL ROOM	MONDAY - FRIDAY	8:30 am. to 4:15 pm.		
QUILTING GROUP	MONDAY	9:00 am.		
SCWW NAME THAT TUNE	FRIDAY	11:00 am.		
SHUFFLEBOARD	WEDNESDAY	1:30 pm.		
UNO	MONDAY	2:00 pm.		
YOGA	FRIDAY	9:30 am.		







### **REGULAR PROGRAMS**

DRIVE TEST G1 & G2

Eye/Written & Road Test

4th Tuesday Monthly at 9am-12 noon and 1pm-4pm For road test appointments please call 1-888-570-6110; do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

### TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere.

Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Friday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

### Lunch Menu

July 5	Hamburgers	August 2	Liver & Onions
July 12	Sausage	August 9	Kabobs
July 19	Pasta	August 16	Pulled Pork
July 26	Chicken Wraps	August 23	BBQ Chicken
		August 30	Cabbage Rolls

Brian Collins, B.A. Sc., LL.B barrister and solicitor

p: 519.325.0659 fax: 519.325.1448 briancollins@collinslaw.ca

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Law



Join us as we "travel" to destinations all over the world! Twice a month, guided tours will be shown in our gym; you can also join on Zoom. Dates released two weeks in advance; visit our website for the latest information.



### To us it's personal

226-918-5786

You can't always be there, but we can. You are putting your trust in us, and we understand that. Your loved one's care is our biggest concern.

Each of our Home Instead CAREGivers exemplifies our values of compassion, confidence and expertise. Our commitment to quality in-home care begins with the unique CAREGiver training program. This comprehensive educational experience equips our CAREGivers to provide individualized care to every person they serve. They share a deep passion for delivering valuable home care to your family.

### **Our Services**

- Personal Services
   Help with bathing, dressing, mobility, and more
- Companionship
   Combat loneliness and isolation with regular visits
- Meal Prep and Home Helper- Preparation of nutritious meals, medication reminders and light house keeping
- Transportation
   Rides to doctor appointments, prescription pick up, grocery shopping and more
- Hospice Support
   Keep a loved one comfortable and provide respite to family members

### In-Home Care for Chronic Conditions

Receiving care at home can make life easier when someone is living with a chronic health condition. Our skilled CAREGivers can provide:

- Alzheimer's and dementia home care
- Arthritis care
- Diabetes care
- Support for many <u>chronic conditions</u> including cancer, heart disease, stroke, Parkinson's, weight-related issues, depression and many others.
- Advanced Nursing services available as well

### **Family Caregiver Resources**

HomeInstead.ca

HelpforAlzheimersFamilies.com

Home Instead is a service for all ages and offers a wide range of skilled in-home care services.

HomeInstead.com/3054

# THE WEDDING OF THE (HALF) CENTURY!









On Saturday, June 4, we enjoyed a hilarious hillbilly wedding comedy show and hotdog BBQ right here at the centre. Featuring Cliff Hartwick, Jean Clark, Gail Turk and many others!

REGULAR	CENTER AC	REGULAR CENTER ACTIVITIES - JULY	JLY			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Canada Day CLOSED	
3	4	5	9	7	8	6
		Lunch: Hamburgers				
10	11	12	13	14	15	16
		Lunch: Sausage				
17	18	19	20	21	22	23
		Lunch: Pasta				
24	25	26	27	28	29	30
		Lunch: Chicken Wraps			Travel Time: Golden Horn Beach, Croatia 12:00PM	
Regular Weekly Activities	ctivities					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch – Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	

REGULAR	CENTER AC	REGULAR CENTER ACTIVITIES - AUGUST	JGUST			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	9
	Civic Holiday CLOSED	Lunch: Liver & Onions				Card Party 12:00PM
7	8	6	10	11	12	13
		Lunch: Kabobs				
14	15	16	17	18	19	20
		Lunch: Pulled Pork				
21	22	23	24	25	26	27
		Lunch: BBQ Chick- en				
28	29	30	31			
		Lunch: Cabbage Rolls				
Regular Weekly Activities	tivities					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	

### Happy Birthday

### JULY AUGUST

Marie Ellwood	2	Ken Campbell	2
Dolores Near	2	Ernie Purr	4
Ann Ginter	3	Anne Gertzbein	5
Elaine Taylor	14	Rose Coene	9
Marilyn Whittle	14	Laurie Hylton	17
Toni Grandmaison	14	Anne Horan	20
Debbie Scratch	17	Carole Dibbley	23
Sandra Schumacher	19	Gaetan Levesque	25
Carolyn Campbell	25	Karl Wacholz	25
Jill Nicholls	28	Rosemary Heilser	28
Barry Colenutt	28	Steve Acott	29
		Louanne Reid	31

### Welcome new Members

Therese DeCaluwe
Armand DeCaluwe
Maureen Myers
Grant Ewen
Delia Mandap
Toni Grandmaison
Warren Dunford
Julie Bodayla
Lorraine McAdam
Lillian Brisseau

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful.

We could not function without the people who give so generously of their time and energy to the Centre.

In Remembrance

Neil DeGoey Jim Sider

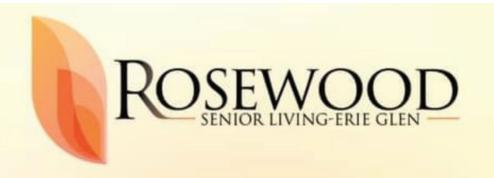


## VICTORIA PLAYHOUSE PETROLIA

"WHEN IRISH EYES ARE SMILING": TRADITIONAL IRISH GEMS AND SING-ALONG FAVOURITES

Tickets include transportation and the show. We'll stop at restaurant for lunch which is not included. Tickets are limited!

Half Century Centre



Come for the Summer... Stay for the Comfort

Move In by August 31st and Receive

### **3 MONTHS FREE RENT\***

We provide delicious and healthy meals, social, recreational, and wellness programs, 24hr nursing support and much more!



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- **Complete Hearing Aid** Services
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### CONVENIENCE OF IN-CLINIC & TELEHEARING CARE\* BY APPOINTMENT

\* A Telehearing Care assessment may not be appropriate or possible for every patient. An in-person hearing assessment is currently the preferred standard of practice.

helixhearingcare.ca

hearing

**GOOD MEMORIES ARE THE** LOVELIËST THING, THEY LAST THROUGH EVERY

THEY CAN'T GET LOST, THEY DON'T WEAR OUT AND THEY CAN'T **BE GIVEN AWAY!** 



**DAY TOURS** St. Jacobs

July 16 \$125

Sarnia Cruise & Casino July 11

\$112

**Walters Family Theatre Tribute to ABBA** 

Aug.15 \$209

**Cornwell Dinner Theatre** 

Marshall, MI

The Odd Couple

Aug. 17 \$159

**Stratford Festival Series** 

Little Women (Sept. 7) \$205. Ea

Chicago (Sept. 27)

Richard III (Oct. 18)

**OVERNIGHT GETAWAYS** 

Shop 'Til You Drop \$399 Dbl

Sharon, PA (Sept. 2-4) **Boston/Cape Cod** 

Sept. 24-Oct. 2 \$2145 Dbl

**Agawa Canyon-Mackinac** 

Sept. 27-30 \$994 Dbl



www.shorelinetours.com All taxes included Tico #1717051



The Leamington
Seniors' Advisory
Committee offers the
following
opportunities for
seniors to get out and
connect with one
another in a safe
environment.

Please visit
www.leamington.ca/seniors
for event information
and updates.

MAY Wednesday, May 4

Join us for Chair Yoga at 10:00 AM

Wednesday, June 1
South Essex Community Council
Presentation on Seniors' Services at 10:00 AM

Wednesday, July 6
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

Wednesday, August 3
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

Wednesday, September 7
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

The South Essex Community Council will be providing free rides to the May and June events.

To book a ride, please call (519) 326-8629 24-hours in advance for transportation.





SEPT

**Leamington & District Half Century Centre 160 Talbot St. E. Leamington** 



\$10.00

**GAME: PEPPER** 

Come out for soup and salad lunch, followed by an afternoon of Pepper! Starts at 12 Noon and the deadline to sign up is Friday, July 29.



