May/June 2022

CENTERS' CHATTER

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!

From the President - George Clark

I would like to welcome all our members who have returned after the closures. A special welcome to the many new members who have joined. Just a reminder, if you have not done so already, please pay your annual dues.

The Travel Time is very interesting. We have had guided tours of Lichfield, UK, Edinburgh, Scotland, and Amsterdam, Holland. Watch the board for the times and dates of new adventures. They can not be booked 2 months in advance so notice will be within 2 weeks of "travel".

The fundraisers are returning. The Chili Cook-off was our first in person dinner. The Firemen won 1st prize and LDSS won 2nd. People's Choice went to Knights of Columbus. The evening was enjoyed by all who attended. Our St' Patty's takeout dinner was also a success. Thank you to all who support our Centre. Our Afternoon of Music showcases Terry Raisbeck. At great show.

Our Tuesday lunches are well attended. We are going to have to cap the number we can accommodate. You must sign up by noon on the Friday before.

I would like to give a big thank you for all the volunteers. The Centre is able to do so much thanks to all of you.



Egret birds by Kathy Wiebe former member of the Leamington Art Group.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE A member of the Older Adult Centres' Association of Ontario

From the Executive Director Christine Lehn

Welcome Spring! I have enjoyed the "travelling" we have been doing around the world. Join us twice a month to visit far-away places. I cannot book too far in advance so watch the board for times and dates of our "trips".

Our lunches are becoming very popular. I can only seat 36 people so I ask that you make sure your name is on the list posted outside my office window. I have the regulars listed, so if you are unable to attend one week, please cross your name off to allow for someone else to join us.

April marked a new fiscal year for the Centre. Your membership is now due. We are fortunate to have several advertisers in our newsletter. They support our Centre in many ways. Please support them. Along with the year-end, we must hold our Annual General Meeting. This year it will be held on June 17 at 1:00 followed by a Strawberry Social.

We have a few exciting additions coming in the first part of May. Details are not finalized at time of print so I can't disclose them just yet. Watch for the announcements.

160 Talbot Street East Leamington, ON N8H 1M2

Phone: 519- 326-2521 Fax: 519-326-2348 E-mail: halfcenturycentre@cogeco.net

Web: www.halfcenturycentre.ca Office Hours: Monday to Friday 8:30 a.m. To 4:30 p.m. **BOARD OF DIRECTORS 2020-2021**

PRESIDENT George Clark
PAST PRESIDENT Roy Trowell
VICE PRESIDENT Cliff Hartwick
TREASURER Wayne Cunliffe
SECRETARY Lorlee Cunliffe

MEMBERS OF THE BOARD Tony Collings Bob Roth Coleen Szura Elaine Taylor

EXECUTIVE DIRECTOR Christine Lehn JANITOR Maurice Raffoul BOOKKEEPER Pam Chausse

REGULAR PROGRAMS & EVENTS

RECREATION: Art Group, Band Practice, Bridge (Contract & Duplicate,) Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP: \$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:
Blood Pressure Clinics
Diabetes Cooking Classes
Foot Clinic
Grief Share Classes
Income Tax Clinics
Serco Drive Test
Parkinson's Exercise & Support Group
Guest Speakers on Senior's Issues
Ministry of Transportation Senior's Group Classes

NEWSLETTER SUBSCRIPTION:

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

Enjoy a worry-free retirement at Chartwell Leamington





rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

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Join us for a complimentary lunch! Book your personal visit today.



1 Henry Avenue, Leamington 519-973-6317 • CHARTWELL.COM

REGULAR CENTR	E ACTIVITIES	
ART GROUP	WEDNESDAY	9:00 am.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 am.
BRIDGE (Duplicate)	MONDAY & FRIDAY	12:30 pm.
BRIDGE (Contract)	WEDNESDAY	1:30 pm.
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm.
EUCHRE	TUESDAY	1:30 pm.
LINE DANCING	MONDAY & THURSDAY	9:00 am. 7:00 pm.
PEPPER	SUNDAY &WEDNESDAY & FRIDAY	2:00 pm. 7:00 pm. 7:00 pm.
POOL ROOM	MONDAY - FRIDAY	8:30 am. to 4:15 pm.
QUILTING GROUP	MONDAY	9:00 am.
SCWW NAME THAT TUNE	FRIDAY	11:00 am.
SHUFFLEBOARD	WEDNESDAY	1:30 pm.
UNO	MONDAY	2:00 pm.
YOGA	FRIDAY	9:30 am.







REGULAR PROGRAMS

DRIVE TEST G1 & G2

Eye/Written & Road Test

4th Tuesday Monthly at 9am-12 noon and 1pm-4pm For road test appointments please call 1-888-570-6110; do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere.

Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Friday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

Lunch Menu

May 3	Sausage	June 7	Liver & Onions
May 10	Mac & Cheese	June 14	Swedish Meatballs
May 17	Chicken	June 21	Ham
May 24	Pulled Pork	June 28	Chicken
May 31	Beef Stew		

Brian Collins, B.A. Sc., LL.B barrister and solicitor

p: 519.325.0659 fax: 519.325.1448 briancollins@collinslaw.ca

39 mill street west learnington, ontario, canada n8h 1s7 real estate, mortgages, wills/estates, corporate/commercial www.briandcollins.ca Please support our advertisers. They have been struggling during this past year as many have. Let's help each other.

AS WE TRAVEL TO
VARIOUS
DESTINATIONS

TWICE A MONTH, WE WILL HAVE GUIDED TOURS SHOWING IN OUR GYM. YOU CAN JOIN VIA ZOOM IF YOU PREFER.

MAY 16 MELBOURNE 2:00

MAY 25 BUENOS AIRES 2:30

JUNE DATES TO BE DETERMINED

To us it's personal

226-918-5786

You can't always be there, but we can. You are putting your trust in us, and we understand that. Your loved one's care is our biggest concern.

Each of our Home Instead CAREGivers exemplifies our values of compassion, confidence and expertise. Our commitment to quality in-home care begins with the unique CAREGiver training program. This comprehensive educational experience equips our CAREGivers to provide individualized care to every person they serve. They share a deep passion for delivering valuable home care to your family.

Our Services

- Personal Services
 Help with bathing, dressing, mobility, and more
- Companionship
 Combat loneliness and isolation with regular visits
- Meal Prep and Home Helper- Preparation of nutritious meals, medication reminders and light house keeping
- Transportation
 Rides to doctor appointments, prescription pick up, grocery shopping and more
- Hospice Support
 Keep a loved one comfortable and provide respite to family members

In-Home Care for Chronic Conditions

Receiving care at home can make life easier when someone is living with a chronic health condition. Our skilled CAREGivers can provide:

- Alzheimer's and dementia home care
- Arthritis care
- Diabetes care
- Support for many <u>chronic conditions</u> including cancer, heart disease, stroke, Parkinson's, weight-related issues, depression and many others.
- Advanced Nursing services available as well

Family Caregiver Resources

HomeInstead.ca

HelpforAlzheimersFamilies.com

Home Instead is a service for all ages and offers a wide range of skilled in-home care services.

HomeInstead.com/3054

LEAMINGTON HALF CENTURY CENTRE

PANCAKE BRUNCH

Victoria Day, Monday, May 23 10:00 a.m. Cost: \$10.00



Sign up by May 18. Duplicate Bridge to follow

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	9	7
		Lunch Sausage	Seniors' Advisory Committee Talk 10:00			
8	6	10	11	12	13	14
		Lunch Mac & Cheese		Petrolia Trip		
15	16	17	18	19	20	21
	Travel Time Melboune 2:00	Lunch Chicken				
22	23	77	25	26	27	28
	Victoria Day Pancake Brunch 10:00 - 11:30	Lunch Pulled Pork	Travel Time Buenos Aires 2:30			
29	30	31				
		Lunch Beef Stew				
Regular Weekly Activities	ctivities					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch – Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	7
			Seniors' Advisory Committee Talk 10:00	Closed for Elections.		Hotdog BBQ Noon followed by A Hillbilly Wedding
5	9	7	8	6	10	11
		Lunch Liver & Onions			Petrolia Trip	
12	13	14	15	16	17	18
		Lunch Swedish Meatballs			AGM 1:00 followed by Strawberry Social	
19	20	21	22	23	24	25
		Lunch Ham				
26	27	28	29	30		
		Lunch Chicken				
Regular Weekly Activities	tivities					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	

Happy Birthday

MAY JUNE

Gloria Baker Sister Elaine Cole Lise Gauvin Homer Vandervecht Kathy Bechard Wilma MacVicar Rhoda Earl Brenda Zakal Pat Howe Robert Lee Harold Rempel Case Mulder Peter Frederick	4 7 10 11 11 18 21 22 22 22 24 24	Elaine White Bob Russell Shirley Read	27 30 31	Marg Fagan Cathy Mitchell Betty Vandervecht Sandy Repko Katy Klym Marg Dama Barbara Jacobs Coleen Szura Wilma Dibbley Hugh Carey Sandra Pollard Tony Collings Joyce Gammie Mieke Dufour	3 4 4 5 6 7 12 18 19 22 22 23		25 26 28 29 29 30
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Welcome new Members

Sandy Repko	Carole Dibbley
Amy Harrison	Vera Wilkins
John Davidson	Hugh Carey
Becky Wolf	Sandra Pollard
Valerie Gurske	Cathy Mitchell
Lana Marcine	Dolores Adams
Catherine Comiskey	Elaine Authier
Debbie Scratch	Gordon Authier
Ruth Fairweather	

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful.

We could not function without the people who give so generously of their time and energy to the Centre.

In Remembrance

Norbert Gisi

Leamington District Half Century Centre

You're Invited to a Hillbilly Wedding

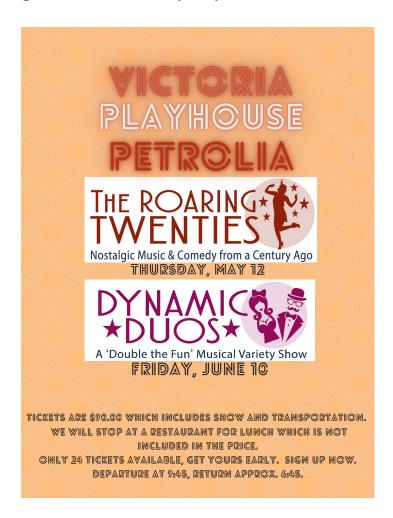
Saturday, June 4 2022

Noon

Cost: \$15.00



Hot dog BBQ followed by nuptuals.





Our friendly and helpful staff are trained to provide individualized programs and care for all of your needs. We want you to feel pampered, well taken care of and most importantly feel like you're home when residing in one of our communities.

For more information or to book a viewing visit rosewoodseniorliving.ca



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Gary McArdle Hearing Instrument Dispenser



Ann Sabga Client Care Coordinator

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- Financing Available

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* A Telehearing Care assessment may not be appropriate or possible for every patient. An in-person hearing assessment is currently the preferred standard of practice.

helixhearingcare.ca

Your Opinion Matters

Your opinion is being requested by the Leamington Senior's Advisory Committee and the Erie Shores Hospitial.

You can fill out the surveys online Seniors' Advisory Committee -Municipality of Leamington and https://erieshoreshealthcare.ca/findyourw

I do have some paper copies in the office if you prefer to fill them out that way.

Please take the time to let your voice be heard. it is vallued.

Ottawa Tulip Festival

May 13-16 \$679 Dbl

30,000 Island with 1,000 Island June 26-30 \$995 Dbl

Firekeepers/Soaring Eagle Casinos \$289 Dbl

July 10-11

Atlantic Canada

July 29 - Aug. 11 \$2959 Dbl

DAY TOURS

St. Jacobs \$125

May 14 or July 16 Turkeyville USA **\$159**

Honky Tonk Angels

June 1

Sarnia Cruise & Casino \$112

Jun 10 or July 20

Stratford Festival Series \$205

Orchestra Centre Seating CHICAGO Jun 17

RICHARD III Jun 21 LITTLE WOMEN Jun 28

Walters Family Theatre \$209 Aug. 15th Tribute to ABBA

Sep. 8th Kitchen Party





The Leamington
Seniors' Advisory
Committee offers the
following
opportunities for
seniors to get out and
connect with one
another in a safe
environment.

Please visit
www.leamington.ca/seniors
for event information
and updates.

MAY Wednesday, May 4

Join us for Chair Yoga at 10:00 AM

Wednesday, June 1
South Essex Community Council
Presentation on Seniors' Services at 10:00 AM

Wednesday, July 6
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

Wednesday, August 3
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

Wednesday, September 7
Outdoor event at Rick Atkin Park 10:00 AM
101 Robson Rd, Leamington

The South Essex Community Council will be providing free rides to the May and June events.

To book a ride, please call (519) 326-8629 24-hours in advance for transportation.





SEPT

Leamington & District Half Century Centre 160 Talbot St. E. Leamington

THE BOARD OF DIRECTORS OF THE LEAMINGTON AND DISTRICT HALF CENTURY CENTRE

Cordially invites you to attend the

Annual General Meeting

To be held at Leamington and District Half Century Centre 160 Talbot St. E.

Friday, June 18 1:00 p.m.

Strawberry Social to follow at 2:00 p.m.





