March/April 2022

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!

From the President – George Clark

Hello! Welcome to Spring. We are open for all activities including lunch. With restrictions lifting, we can begin some of our fundraisers. I am looking forward to our Annual Chili Cook-Off. It was originally scheduled for January 22 but we have rescheduled it for Friday, March 4 at 5:00 come for the Chili and stay to play pepper which begins at 7:00.

We have installed a new projector and screen in the West Room. This will be nice for our remote tours we are offering. The first one will be on March 7 when we "travel" to St. Petersburg. This is something that will be offered twice a month. Watch for postings as to day, time and destination.

The town's Seniors Advisory Committee meets at the Centre the first Wednesday every month at 10:00. They would like to hear from all seniors in town as to issues which concern them. To begin each meeting, a small presentation lets us know what the town has to offer. On march 2, The Bank

Theatre will have a skit prepared. After the presentation, the Mayor and Committee listen to your concerns and answers any questions you may have. This is open to the public. Invite your friends to have their voices heard.

Cliff will again hold Grief Share Classes beginning April 5. Pre-registration is required. This again is a free service provided to anyone (not just members) experiencing grief regardless of age. Please let Christine or Cliff know if you want to attend.



This is a painting of the Lighthouse on Pelee Island which was built in 1833 by John Scott of Detroit.

William McCormick was commissioned to take care of it. Louise Campbell painted this picture in 1996

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE A member of the Older Adult Centres' Association of Ontario

From the Executive Director Christine Lehn

It feels great to have everyone back in the Centre. I do enjoy hearing the laughter. There has been a group that still has met during closures, the Board. Some of the meetings were via Zoom or phone, but they still gave me direction on what they wanted to see. This is the time of year we look for three new Board members. Please consider offering your services. Reminder, membership is due April 1.

In March, we will once again hold our Income Tax Clinic. The start date is March 9. Please do not bring your taxes in prior to this date. Also, once again, we will be serving corned beef and cabbage for St. Patty's Day. See the flyer for details.

This next year we will be "travelling the world". Twice a month, via Zoom, a travel guide will take us on a tour in their local cities. We will visit places in Europe, Canada. South Africa and more. Come join us at the Centre where these "trips" will be aired on our large screen. We will have the opportunity to ask our guide guestions, as they will be live. For those who prefer, I can send you a zoom link so you can watch from home. The first one will be travelling to St. Petersburg on March 7, at 11:00. Dates and times will vary depending on which country we are visiting. PLEASE WATCH FOR CHANGES IN TIMES

160 Talbot Street East

Leamington, ON N8H 1M2 Phone: 519- 326-2521 Fax: 519-326-2348

4:30 p.m.

BOARD OF DIRECTORS 2020-2021

PRESIDENT George Clark PAST PRESIDENT Roy Trowell VICE PRESIDENT Cliff Hartwick TREASURER Wavne Cunliffe SECRETARY Lorlee Cunliffe

MEMBERS OF THE BOARD Tony Collings Bob Roth Coleen Szura Elaine Taylor

EXECUTIVE DIRECTOR Christine Lehn JANITOR Maurice Raffoul **BOOKKEEPER Pam Chausse**

REGULAR PROGRAMS & EVENTS

RECREATION: Art Group, Band Practice, Bridge (Contract & Duplicate,) Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP: \$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

Blood Pressure Clinics Diabetes Cooking Classes Foot Clinic Grief Share Classes Income Tax Clinics Serco Drive Test Parkinson's Exercise & Support Group Guest Speakers on Senior's Issues Ministry of Transportation Senior's Group Classes

NEWSLETTER SUBSCRIPTION: Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.



REGULAR CENTR	E ACTIVITIES	
ART GROUP	WEDNESDAY	9:00 am.
BAND PRACTICE (Musical G's)	WEDNESDAY	10:00 am.
BRIDGE (Duplicate)	MONDAY & FRIDAY	12:30 pm.
BRIDGE (Contract)	WEDNESDAY	1:30 pm.
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm.
EUCHRE	TUESDAY	1:30 pm.
LINE DANCING	MONDAY & THURSDAY	9:00 am. 7:00 pm.
PEPPER	SUNDAY &WEDNESDAY & FRIDAY	2:00 pm. 7:00 pm. 7:00 pm.
POOL ROOM	MONDAY - FRIDAY	8:30 am. to 4:15 pm.
QUILTING GROUP	MONDAY	9:00 am.
SCWW NAME THAT TUNE	FRIDAY	11:00 am.
SHUFFLEBOARD	WEDNESDAY	1:30 pm.
UNO	MONDAY	2:00 pm.
YOGA	FRIDAY	9:30 am.

REGULAR PROGRAMS

DRIVE TEST G1 & G2

Eye/Written & Road Test

4th Tuesday Monthly at 9am–12 noon and 1pm–4pm For road test appointments please call 1-888-570-6110; do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Friday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

Lunch Menu

		METTU	
Mar 1	Sausage	Apr 5	Ham
Mar 8	Beef Stew	Apr 12	Beef and Pasta
Mar 15	Meatloaf	Apr 19	Roast Beef
Mar 22	Pulled Pork	Apr 26	Chicken Divan
Mar 29	Turkey		

Please support our

advertisers. They have been struggling during this past year as many have. Let's help each other.

JOIN A TOUR GUIDE AS WE TRAVEL TO VARIOUS DESTINATIONS

TWICE A MONTH, WE WILL HAVE GUIDED TOURS SHOWING IN OUR GYM. YOU CAN JOIN VIA ZOOM IF YOU PREFER.

MARCH 7 ST.PETERSBURG MARCH 25 AMSTERDAM APRIL DATES TO BE DETERMINED

Enjoy a worry-free retirement at Chartwell Leamington





rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round. You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

Join us for a complimentary lunch! Book your personal visit today.



LEAMINGTON retirement residence

1 Henry Avenue, Learnington 519-973-6317 • CHARTWELL.COM The Learnington Seniors' Advisory Committee offers the following opportunities for seniors to get out and connect with one another in a safe environment.

Location: Leamington & District Half Century Centre 160 Talbot St. E. Leamington

COVID-19 Safety Requirements: The Leamington & District Half Century Centre requires everyone entering the building to show proof of double COVID-19 vaccination and entrants must wear a mask.

Municipality of

eam

live | play | work



Leamington Seniors' Advisory Committee Schedule of Events

December 1, 2021 at 10:00 AM

- Discussion of municipal services available for seniors
- Christmas music by the UMEI choir

January 5, 2022 at 10:00 AM

- Library services available for seniors
 - Library will present book teasers

February 2, 2022 at 10:00 AM • Arts in the community

March 2, 2022 at 10:00 AM • Bank Theatre Event



DEC.

JAN.

FEB.

MAR.

April 6, 2022 · To be determined

Leamington & District Half Century Centre 160 Talbot St. E. Leamington BEGIII AR CENTER ACTIVITIES - MARCH

	KEGULAK CENTEK ACT		MARCH	-	-	
Monday		Tuesday	Wednesday	Thursday	Friday	Saturday
Line Dancing Sewing Group 10:00 Bridge 12:30 Uno 2:00	ncing 9:00 10:00 2:30 0	Lunch - Noon Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 9:30 Bridge 12:45 Pepper 7:00	
		_	2	<i>с</i>	4	D
		Lunch -Sausage & Peppers	Seniors' Advisory Committee Talk 10:00		Chili Cook-Off 5:00	
7		8	6	10	11	12
Trave St. P. 11:00	Travel Time St. Petersburg 11:00	Lunch -Beef Stew		Income Tax Clinic begins Darts and Dance Cancelled	Yoga Cancelled	
14		15	16	17	18	19
Dano	Dance Cancelled	Lunch -Meatloaf		St. Patrick's Day 3:30 - 5:00		
21		22	23	24	25	26
		Lunch -Pulled Pork			Travel Time Amsterdam 11:00	
28		29	30	31		
		Lunch - Turkey				

Tuesday Lunch Program = TLP @ Noon unless Specified otherwise

											No	
	Saturday	2		6		16		23		30	Dinner and Show 3:00	
	Friday	1	Yoga 9:30 Bridge 12:45 Pepper 7:00	8	Travel Time 11:00	15	Good Friday Closed	22	Travel Time 11:00	29		
	Thursday		Darts 1:30 Cribbage 2:00 Line Dancing 7:00	7		14		21		28		
APRIL	Wednesday		Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	6	Seniors' Advisory Committee Talk 10:00	13		20		27		
	Tuesday		Lunch Noon Euchre 1:30	5	Lunch - Ham	12	Lunch - Beef and Pasta	19	Lunch - Roast Beef	26	Lunch - Chicken Divan	
REGULAR CENTER ACTIVITIES	Monday		Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	4		u II		18	Easter Monday Closed	25		
REGULAR	Sunday		Pepper 2:00	3		10		17	Easter Sunday	24		

Tuesday Lunch Program = TLP @ Noon unless Specified otherwise

Happy Birthday

MARCH

John Wilkinson 1 3 Lvnn Souie Bob Roth 3 Joyce Wiper 3 Malcolm R 6 Dennis Tatomir 9 Shelley Miguel 10 15 Gail Johnston Mame Nicholson 17 20 George Clark John Woelk 20 Pauline Mikolash 22 Don Jackson 25

Edith Voss	25
Carolynn Stewart	27
Sally Lepla	29
Ann Mocan	30
Marj VandenBrande	30

APRIL

Marlene Wilkins Doreen Hillier James Sider Mona Martineau Derek Parry Lorlee Cunliffe Ray Fournier Peter Vanzetten Elaine Dunford Lionel Aasen Judith DeQuartel Carolyn Coad Irene Darowski Jan Bonkink

Annette Palmer 19 1 19 Roy Trowell 2 2 Paul Schumacher 26 5 Mary Almasi 26 27 6 Nancy Moody 29 7 Cliff Hartwick 7 Glen Massev 29 30 8 Rose Foldesi 9 Sue Russell 30 10 10 13 17

Welcome new Members

Harold Rempel Nick Klym Roberta Jarescni Ann Ginter The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

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We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

In Remembrance

Jeanne Manners

Leamington Half Century Centre



St. Patrick's Day Takeout Party

Thursday, March 17th Corn Beef & Cabbage Dinner Cost \$20.00 3:30 - 5:00

Please purchase tickets between February 7th and March 2nd We will be doing this curbside with the same procedure as the Turkey Dinner.

HOME INSTEAD

197 Talbot St. West Suite 208

Leamington, ON

To Us ít's personal

226-918-5786

You can't always be there, but we can. You are putting your trust in us, and we understand that. Your loved one's care is our biggest concern.

Each of our Home Instead CAREGivers exemplifies our values of compassion, confidence and expertise. Our commitment to quality in-home care begins with the unique CAREGiver training program. This comprehensive educational experience equips our CAREGivers to provide individualized care to every person they serve. They share a deep passion for delivering valuable home care to your family.

Our Services

- Personal Services
 Help with bathing, dressing, mobility, and more
- Companionship Combat loneliness and isolation with regular visits
- Meal Prep and Home Helper- Preparation of nutritious meals, medication reminders and light house keeping
- Transportation Rides to doctor appointments, prescription pick up, grocery shopping and more
- Hospice Support
 Keep a loved one comfortable and provide respite to family members

In-Home Care for Chronic Conditions

Receiving care at home can make life easier when someone is living with a chronic health condition. Our skilled CAREGivers can provide:

- Alzheimer's and dementia home care
- Arthritis care
- Diabetes care
- Support for many <u>chronic conditions</u> including cancer, heart disease, stroke, Parkinson's, weightrelated issues, depression and many others.
- <u>Advanced Nursing services</u> available as well

Family Caregiver Resources

HomeInstead.ca

HelpforAlzheimersFamilies.com

Home Instead is a service for all ages and offers a wide range of skilled in-home care services.

HomeInstead.com/3054





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39 mill street west learnington, ontario, canada n8h 1s7 real estate, mortgages, wills/estates, corporate/commercial www.briandcollins.ca



Income Tax Clinic We will be accepting Income taxes for low Income people from March 9 to April 23. Please drop off your Taxes between 10 – 3



CHILI COOK-OFF RESCHEDULED

Friday, March 4, 2022 Cost - \$10.00

Come vote for your favourite chef from our competitors Colasanti's, Knights of Columbus, Portugese Club, LDSS, CCSS, Rosewood Erie Glen, and LHCentury Centre.

See if you agree with the Judges

Leamington and District Half Century Centre 160 Talbot Street East, Leamington

PRESENTS



A Concert with

Crazy Raisy

Terry Raisbeck

Saturday, April 30 Show begins at 3:00 p.m. Chicken Dinner at 5:00 p.m. Cost: \$20.00

Please purchase tickets by April 22

Move In and Save \$500 off your first 3 Months

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* Restrictions may apply, Subject to change without notice.