

Centre's Chatter

January/February
2022

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



A painting by Sister Elaine Cole, a member of our Art Group.

Painted from her wonderful memories of living and teaching in Alberta Canada.

Happy New Year!!!! Hope everyone had a great Christmas.

The Seniors' Advisory Committee event in December was well attended. The UMEI choir was enjoyed. There were lots of questions for the committee and the Mayor. This committee will be holding an event on the first Wednesday of each month at 10:00. Bring your questions and suggestions.

The Open House was enjoyed by all in attendance. In November, we served over 150 turkey dinners take out style. Many thanks to Rosewood Erie Glen for their donations and time.

Everyone who travelled with the Half Century Centre to the Starbright Christmas show in Petrolia were treated to an amazing show. Looking forward to more trips in the future.

All programs are doing well with plenty of participation.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

From the Executive Director
Christine Lehn

Happy New Year

This past year was an improvement from 2020, hopefully we keep going in the right direction. The highlight of last year for me was welcoming everyone back to the Centre.

We are making plans for many of our special events again this year. The first one will be the Chili Cook-Off in January. Come and try all the great chilis which are donated. We will spread out as required and if needed, we will use more than one room. The plan is to keep everyone safe. In February, we will again be holding a Card Party.

The Fundraising committee has not determined yet whether or not to hold our Spring Afternoon of Music or a Murder Mystery Dinner in the spring. We are listening to the Health Unit for guidance.

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REGULAR PROGRAMS & EVENTS

RECREATION: Art Group, Band Practice, Bridge (Contract & Duplicate,) Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP: \$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

Blood Pressure Clinics
Diabetes Cooking Classes
Foot Clinic
Grief Share Classes
Income Tax Clinics
Serco Drive Test
Parkinson's Exercise & Support Group
Guest Speakers on Senior's Issues
Ministry of Transportation Senior's Group Classes

NEWSLETTER SUBSCRIPTION:

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

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Leamington, ON N8H 1M2

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*** Restrictions may apply, Subject to change without notice.**

REGULAR CENTRE ACTIVITIES

ART GROUP	WEDNESDAY	9:00 am.
BAND PRACTICE (Musical G's)	WEDNESDAY	10:00 am.
BRIDGE (Duplicate)	MONDAY	12:30 pm.
BRIDGE (Contract)	WEDNESDAY	1:30 pm.
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm.
EUCHRE	TUESDAY	1:30 pm.
LINE DANCING	MONDAY & THURSDAY	9:00 am. 7:00 pm.
PEPPER	SUNDAY &WEDNESDAY & FRIDAY	2:00 pm. 7:00 pm. 7:00 pm.
POOL ROOM	MONDAY - FRIDAY	8:30 am. to 4:15 pm.
QUILTING GROUP	MONDAY	9:00 am.
SCWW NAME THAT TUNE	FRIDAY	11:00 am.
SHUFFLEBOARD	WEDNESDAY	1:30 pm.
UNO	MONDAY	2:00 pm.
YOGA	FRIDAY	10:00 am.

REGULAR PROGRAMS

DRIVE TEST G1 & G2

Eye/Written & Road Test

4th Tuesday Monthly at 9 am-12 noon and 1pm-4 pm

For road test appointments please call 1-888-570-6110;

do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP

Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere.

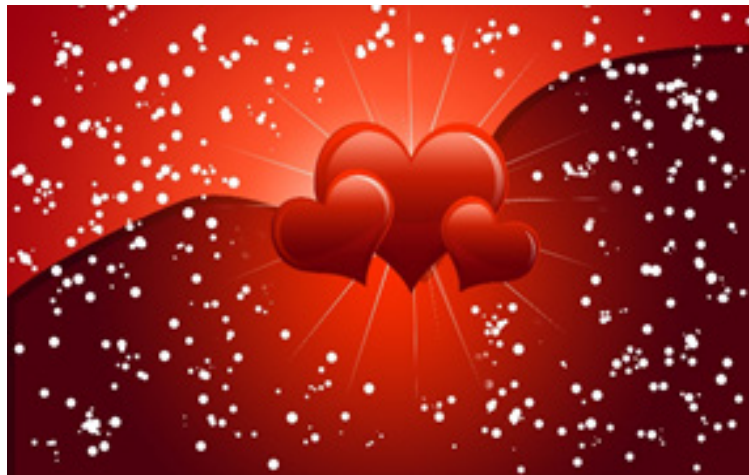
Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Friday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

Lunch Menu

Jan 4	Sausage	Feb 1	Pasta
Jan 11	Beef Stew	Feb 8	Chicken Divan
Jan 18	Meat Loaf	Feb 15	Liver & Onions
Jan 25	Pulled Pork	Feb 22	Lazy Cabbage Rolls



Please support our advertisers. They have been struggling during this past year as many have. Let's help each other.



Sam will be bringing the neptobismol this year

Saturday January 22

5:00 P.M.

Cost \$10.00

Come vote for your favourites. Colasanti's, Knights of Columbus, Portugese Club, Half Century Centre, LDSS, Chartwell, Rosewood Erie Glen, Seacliff Manor and possibly more will all be creating their masterpiece. See if you agree with the judges.

Join us a 160 Talbot St. E Leamington

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Wishing you a warm
 & happy holiday
 season from all of
 the staff and
 residents at Seacliff
 Manor Retirement!

Tuesday Lunch Program = TLP @ Noon unless Specified otherwise

REGULAR CENTER ACTIVITIES - JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
			Seniors' Advisory Committee Talk Wed. Jan 5 10:00			New Year's Day
2	3	4	5	6	7	8
Pepper 2:00	Closed	Lunch - Sausage Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
9	10	11	12	13	14	15
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch Beef Stew Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
16	17	18	19	20	21	22
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch - Meatloaf Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	Chili Cook-off 5:00 p.m.
23	24	25	26	27	28	29
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch - Pulled Pork Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
30	31					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00					

Tuesday Lunch Program = TLP @ Noon unless Specified otherwise

REGULAR CENTER ACTIVITIES - FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
	Seniors' Advisory Committee Talk Wed. Feb 2 10:00	Lunch - Pasta Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
6	7	8	9	10	11	12
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch - Chicken Divan Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	Card Party 12:00
13	14	15	16	17	18	19
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Lunch - Liver & Onions Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
20	21	22	23	24	25	26
Pepper 2:00	Family Day Closed	Lunch - Lazy Cabbage Rolls Euchre 1:30	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Bridge 12:45 Pepper 7:00	
27	28					
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00					

Happy Birthday

JANUARY

Jann Roth	1	Monique Sadler	18
Carmen Unsworth	2	Ruth Ann Bonkink	19
Dave Derbyshire	2	Henry Hildebrandt	20
Cathie Ribble	4	Jane Danckaert	23
Barry Power	5	Denis Gauvin	24
Marie McKeen	7	Gary Honey	26
Don Gage	10	Bonnie Stratichuk	26
Mario Floreno	11	Barb Whittle	30
Floyd Harris	11	Rowe Deans	31
Ann Dorsch	17		
Helen Wiper	17		
Cheryle Dunford	18		
Chris Lehn	18		

FEBRUARY

Robert Hornick	12
Helen Slavik	12
Bill Mayville	16
Vickie Haley	17
Ida Smith	19
Donna Colenutt	24
Ron Metz	24
Isabelle Webster	24
Rick Thorpe	25

Audrey McMinn
Case Mulder

Marg Fagan

Marlene Wilkins

Donna and Barry Colenutt

Susan and Barry
Power

Elaine White

Larry Hillman

Neil Phillipson

Glen Massey

Welcome New Members

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

In Remembrance

Bob Fleming

Nina Towle



Leamington Seniors' Advisory Committee Schedule of Events

The Leamington Seniors' Advisory Committee offers the following opportunities for seniors to get out and connect with one another in a safe environment.

Location:
**Leamington & District
Half Century Centre**
160 Talbot St. E. Leamington

COVID-19 Safety Requirements:
The Leamington & District Half Century Centre requires everyone entering the building to show proof of double COVID-19 vaccination and entrants must wear a mask.

DEC.

December 1, 2021 at 10:00 AM

- Discussion of municipal services available for seniors
- Christmas music by the UMEI choir

JAN.

January 5, 2022 at 10:00 AM

- Library services available for seniors
- Library will present book teasers

FEB.

February 2, 2022 at 10:00 AM

- Arts in the community

MAR.

March 2, 2022 at 10:00 AM

- Bank Theatre Event

APR.

April 6, 2022

- To be determined



Municipality of
Leamington
live | play | work



Leamington & District Half Century Centre
160 Talbot St. E. Leamington

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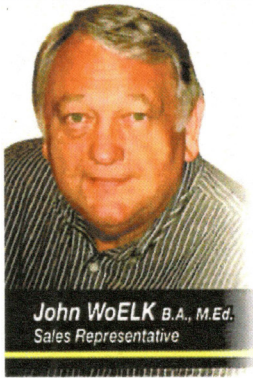
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Leamington Half Century Centre's
160 Talbot St. E
Card Party
Saturday, February 12
12 noon

A fun filled afternoon of Bridge and Pepper which starts with a Soup and Sandwich lunch. All for only \$10.00



Please sign up by Feb 4 or by calling 519-326-2521.
Check off if you can bring Sandwiches, Soup or Desserts.

SENIORS' CENTRE WITHOUT WALLS



What is it?

Free telephone based senior's activity program

A variety of fun activities,

A community-freating, loneliness-busting program

What are we doing?

Just need a telephone...NO computer required

Fridays at 11:00. call in to play Name That Tune. Test your knowledge, have some laughs and sing along.

Steps to Connect

1. Dial: 866-279-1594
2. Enter the 6 digit PASSCODE 942854 then press #
3. Record you name and then press #

OACAO

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La voix des centres pour aînés



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Our Services

- Personal Services
Help with bathing, dressing, mobility, and more
- Companionship
Combat loneliness and isolation with regular visits
- Meal Prep and Home Helper- Preparation of nutritious meals, medication reminders and light house keeping
- Transportation
Rides to doctor appointments, prescription pick up, grocery shopping and more
- Hospice Support
Keep a loved one comfortable and provide respite to family members

In-Home Care for Chronic Conditions

Receiving care at home can make life easier when someone is living with a chronic health condition. Our skilled CAREGivers can provide:

- Alzheimer's and dementia home care
- Arthritis care
- Diabetes care
- Support for many chronic conditions including cancer, heart disease, stroke, Parkinson's, weight-related issues, depression and many others.
- Advanced Nursing services available as well

Family Caregiver Resources

HomeInstead.ca

HelpforAlzheimersFamilies.com

Home Instead is a service for all ages and offers a wide range of skilled in-home care services.

HomeInstead.com/3054