Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



# From the President **George Clark**

I just want to start off by saying thank you for the honour to serve you as your President. I want to thank Roy Trowell for his leadership during the last term. We as a Board have been handcuffed this past year by COVID 19. We had to have all our meetings by conference calls and/or Zoom. It sure is not like sitting at a board room table face to face but we survived thanks to the members of the Board who served this past year.

We welcome to the Board, Cliff Hartwick as Vice President, Lorlee Cunliffe as Secretary, Wayne Cunliffe as Treasurer and Julia Kos as Director. We hope Homer Vandervecht, Gail Turk, Carolyn Campbell and Carmen Unsworth enjoy their year hiatus and trust we see some of them back next year. The Centre still operates under the leadership of Christine Lehn. We thank her for her work during this trying year. In addition to her regular duties, she offered to the members via telephone Senior Centres Without Walls games called Family Feud and Name that Tune. All who participated had a lot of fun and laughs.

The Centre continues to host Drive Test, Foot Care Clinic and Income Tax Services. Recently we opened our Centre to the Chamber of Commerce to hand out Rapid Test Kits for the local businesses. We look forward to the province allowing us to re-open soon.

#### THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

#### **BOARD OF DIRECTORS 2020 - 2021**

PRESIDENT George Clark
PAST PRESIDENT Roy Trowell
VICE PRESIDENT Cliff Hartwick
TREASURER Wayne Cunliffe
SECRETARY Lorlee Cunliffe

#### **MEMBERS OF THE BOARD**

Elaine Taylor Tony Collings Bob Roth Coleen Szura

**EXECUTIVE DIRECTOR:** Christine Lehn

**JANITOR:** Maurice Raffoul **BOOKKEEPER:** Pam Chausse

#### **REGULAR PROGRAMS AND EVENTS**

**RECREATION:** Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

#### **TUESDAY LUNCH PROGRAM**

**ENTERTAINMENT:** Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

#### **MEMBERSHIP:**

\$45.00 per year (April 1st - March 31st)

#### **SOCIAL SERVICES:**

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East, Leamington, ON N8H 1M2

Phone: **519-326-2521** Fax: **519-326-2348** 

E-mail: halfcenturycentre@cogeco.net

Web: www.halfcenturycentre.ca

Office Hours: Monday to Friday 8:30 am to 4:30 pm

#### From the Executive Director

# Christine Lehn

I see the light at the end of the tunnel. With this 3 Stage re-opening plan now in effect, I believe we can begin to return in August. Once I know for sure, I will schedule an Afternoon Social. Stay tuned. We have begun Yoga on Zoom. Contact me if you would like to join.

It has been a long hard year and a half. I do miss having everyone's smiling faces in here. As I write this, I am finding it hard to find different items to talk about. I have been busy with extra meetings and reports. We have made some improvements over the year and are working on two more. The biggest improvement left is to have the members return. I have no control over that. I will let everyone know as soon as I do.

Stay safe and hope to see you soon.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/ Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

# Enjoy a worry-free retirement at Chartwell Leamington





rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round. You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

Join us for a complimentary lunch! Book your personal visit today.



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REGULAR CENTRE	ACTIVITIES	
ART GROUP	WEDNESDAY	9:00 am
BAND PRACTICE	WEDNESDAY (call	10:00 am
(Musical G's)	office for location)	
<b>BRIDGE</b> (Duplicate)	MONDAY	12:30 pm
BRIDGE (Contract)	WEDNESDAY	1:30 pm
BREAKFAST GROUP	TUESDAY	8:30 am
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm
EUCHRE	TUESDAY	1:30 pm
LINE DANCING	MONDAY	9:00 am
	& THURSDAY	7:00 pm
PEPPER	SUNDAY	2:00 pm
	& WEDNESDAY	7:00 pm
	& FRIDAY	7:00 pm
POOL ROOM	MONDAY - FRIDAY	8:30 am to
		4:15 pm
<b>QUILTING GROUP</b>	MONDAY	9:00 am
SHUFFLEBOARD	WEDNESDAY	1:30 pm
UNO	MONDAY	2:00 pm
YOGA	FRIDAY	10:00 am

#### **REGULAR PROGRAMS**

**DRIVE TEST** – G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly 9 am – 12 noon & 1 pm – 4 pm.

For road test appointments please call 1-888-570-6110; **do not call the Centre.** 

# PARKINSONS EXERCISE & SUPPORT GROUP Tuesdays 10:30 am.

# VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

#### **TUESDAY LUNCH PROGRAM**

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

# We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH N	MENU
July 6	Closed
July 13	Closed
July 20	Closed
July 27	Closed
Aug 10	Pork Chops
Aug 17	Chicken
Aug 24	Meatloaf
Aug 31	Pasta

Please support our advertisers. They have been struggling during this past year as many have. Let's help each other.



# **COMING IN MAY**





We are starting Zoom Yoga at the regular Friday morning time 10:00 a.m. Exercise from the comfort of your home. If interested, send me an email so I can send you the invitation.

#### **MARY KIR**

Yoga Instructor



519 398 8116 243 ERIE ST. S., UNIT 3, IN PLAZA 239 LEAMINGTON



CALL US FOR A FREE HEARING TEST & A FREE ONE-WEEK HEARING AID TRIAL!



Erie Shores Realty Inc.

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## **GROOMING** by Danielle **CPPS CERTIFIED GROOMER**

in Leamington 11 Years' Experience **COVID-19 Certified & Compliant** 

For all your pet grooming needs, please call: 226-526-7971 or message me on Facebook

#### Brian Collins, B.A. Sc., LL.B

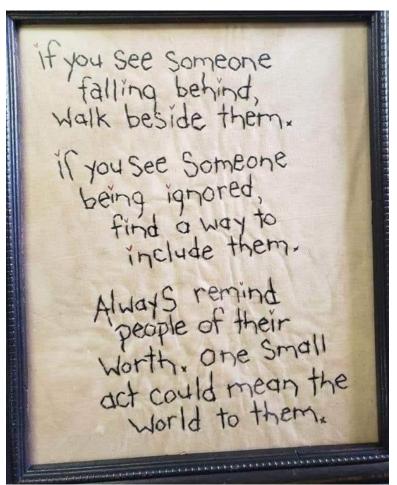
barrister and solicitor

p: 519.325.0659 fax: 519.325.1448 briancollins@collinslaw.ca

39 mill street west leamington, ontario, canada n8h 1s7 real estate, mortgages, wills/estates, corporate/commercial www.briandcollins.ca

**Collins Law** 

I've come to the conclusion that I have a memory like an Etch-A-Sketch...
I shake my head and forget everything!



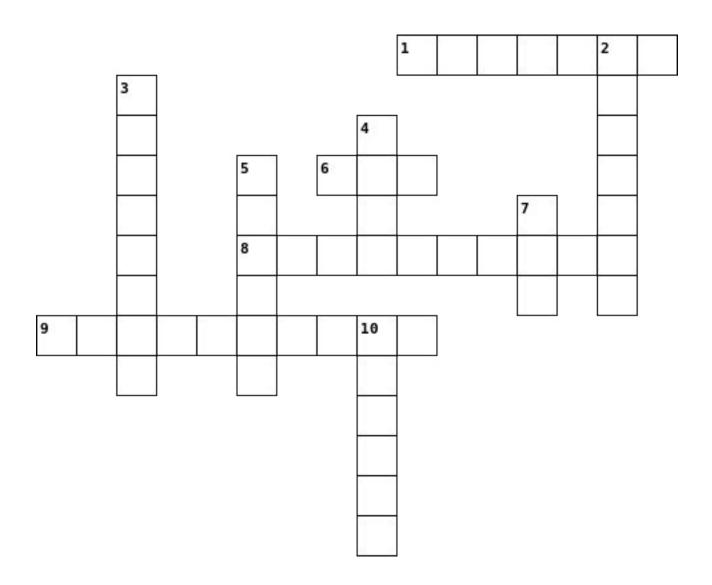


# Seacliff Manor...where the living's easy!

Enjoy the very best that Retirement Living has to offer at Seacliff Manor. Located on the shores of Lake Erie the Manor is the newest retirement residence in Leamington and offers state-of-the-art living.

With weekly housekeeping, chef-prepared meals, and safe socialization, it is the perfect place for your loved ones to spend their best retirement days. To learn more about Seacliff Manor call us today!

# **Crossword Challenge**



#### Across

- 1. everyone brings food
- 6. man's best friend
- **8.** items for sale
- **9.** events to make money

#### Down

- 2. news magazine
- 3. sewing group
- 4. zen exercise
- 5. puzzle piece challenge
- 7. chases mice
- 10. card game

Sunday Mon  Regular Daily Schedule						
Regular Daily Schedule	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Regular Daily Schedule				1	2	3
				Canada Day Closed	Closed	
4 5		9	7	8	6	10
Ga	Game Time 1:30			Family Fued 10:30	Zoom Yoga 10:00	
11 12		13	14	15	16	17
g	Game Time 1:30			Family Fued 10:30	Zoom Yoga 10:00	
18 19		20	21	22	23	24
Ga	Game Time 1:30			Family Fued 10:30	Zoom Yoga 10:00	
25 26		27	28	29	30	31
Game	Game Time 1:30			Family Fued 10:30	Zoom Yoga 10:00	

TLP = Tuesday Lunch Program

<b>REGULAR CENTR</b>	<b>REGULAR CENTRE ACTIVITIES - AUG 2021</b>	G 2021				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	9	7
<ul><li>Regular Daily Schedule</li></ul>				Family Fued 10:30 Darts 1:30 Line Dancing 7:00		
8	6	10	11	12	13	14
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Pork Chops	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
15	16	17	18	19	20	21
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Chicken	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
22	23	24	25	26	27	28
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Meatloaf	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
29	30	31				
	<b>Game Time 1:30</b> Line Dancing 9:00 Sewing Group 10:00	TLP- Pasta				
Tingan I was	TI D @ Moos	2011. 12 d+0 b 0 d 12 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

JOIN US
TUESDAYS
FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.



#### **JULY** 2 **Delores Near** Norbert Gisi 3 8 John Klein Nina Towle 13 **Peggy Delaney** 14 Marilyn Whittle 14 **Elaine Taylor** 14 Marilyn Helkie 16 Eileen McIntosh 16 Sandra Schumacher 19 Patricia Sanford 22 Marianne Beckstead 23 Elizabeth Vervoort 24 Rosanne Hope 27 Jill Nicholls 28

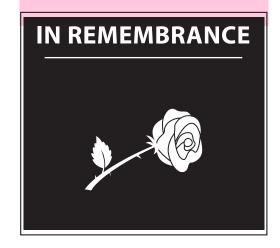
AUG	
Marg Ross	3
Rose Marie Trowell	3
llene Rudderham	4
Anne Gertzbein	5
Nancy Sivak	8
Rose Coene	9
Ken Hope	13
Laurie Hylton	17
Bob Bell	22
Carol Ives	23
Garry Johnson	25
Gaetan Levesque	25
Wilf Barnet	29
Jackie King	29
Steve Acott	29

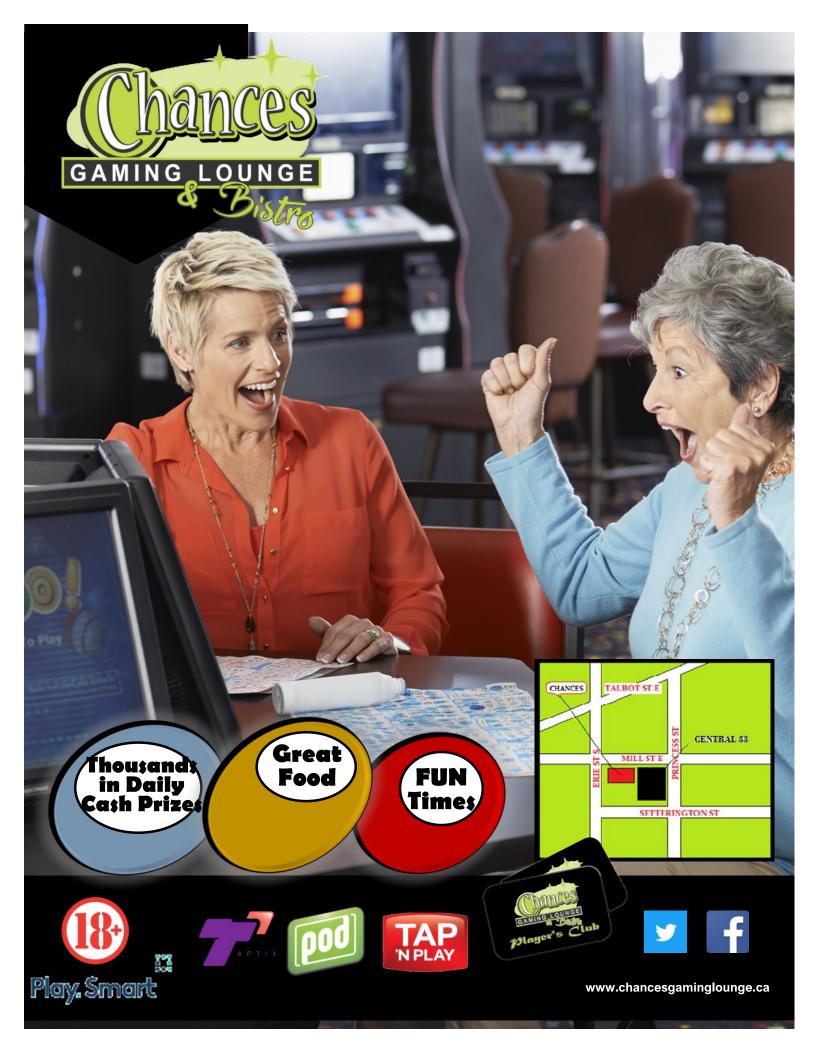


# WELCOME NEW MEMBERS

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre











lifestyle

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providing hearing care in

the Leamington community!

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# Summer Word Search

NHJUTRAVELINGAB
DJYKVZCOCKTAILS
VISITINGZLTFNDD
UUBGZFZOJKQPUNW
SWIMMINGNONLUNP
SQTHUNDERSTORMS
DVFRIENDSMWPJEU
NZBDSNKYCYTIOUN
FMMLOUYRLFCCJBD
AHFSLUNCHEONSOR
MMYULCASPFJIEAE
IQHIEEKBHETCNTS
LAUGHTERQIKSBIS
YXQALJKGTLNICNE
VFJAAVBLRVNETGS

thunder storms

traveling

visiting

picnics

sundresses

sunshine

friends

family

luncheons

swimming

boating

cocktails

laughter

fun



# SENIORS' CENTRE WITHOUT WALLS





#### What is it?

A variety of fun activities,

A community-freating, loneliness-busting program

### What are the benefits?

Just need a telephone...NO computer required Creates community and friendships from the comfort of home

Removes barriers - relieves isolation and loneliness

# **Steps to Connect**

1. Dial: 866-279-1594

- 2. Enter the 6 digit PASSCODE 942854 then press #
- 3. Record you name and then press #





# SENIORS' CENTRE WITHOUT WALLS

# **CURRENT ACTIVITIES**

# **Family Feud**

We will pick teams and play just like they do on TV. Test your skills and have a few laughs. Every Thursday at 10:30

# Name that Tune

Test your knowledge of old songs.

Everyone is a winner. Even if you can't Name that Tune, you will enjoy the toe tapping music and conversation. Mondays at 1:30.

# **Your Choice**

if you have something you would like to try, give me a call at the Centre.



Come for the Summer... Stay for the Comfort

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**3 MONTHS FREE RENT\*** 

We provide delicious and healthy meals, social, recreational, and wellness programs, 24hr nursing support and much more!



# call today to learn more about Rosewood Senior Living Erie Glen

(519) 322-2384 www.rosewoodseniorliving.ca 119 Robson Rd, Leamington, ON



\* restrictions may apply, subject to change without notice

