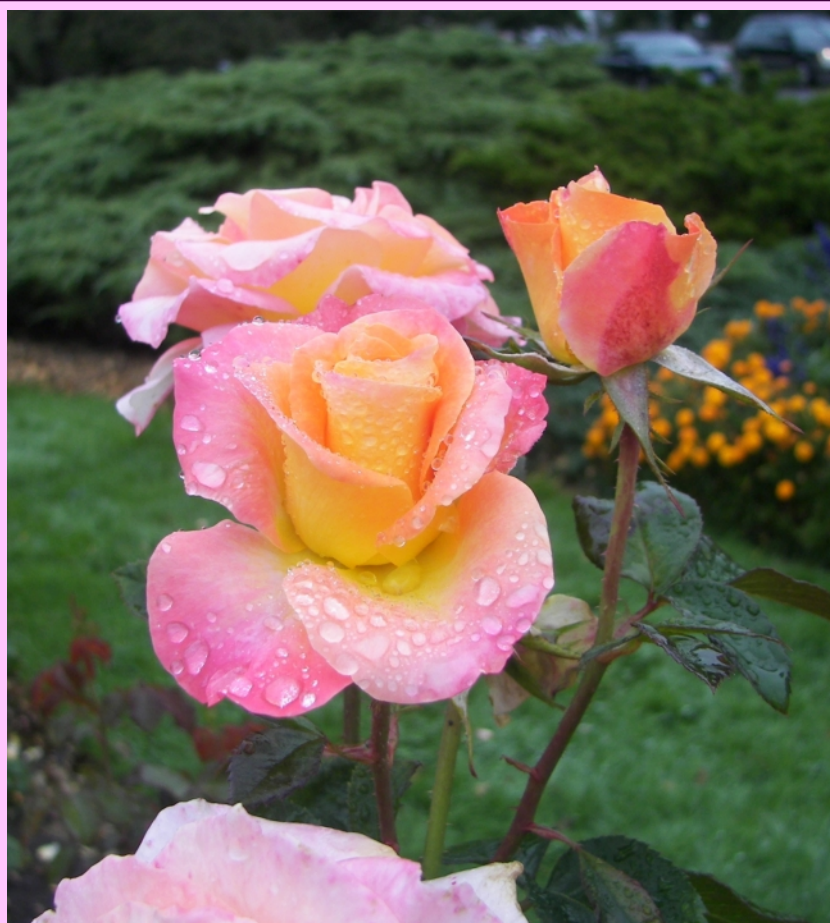


# Centre's CHATTER



Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



## From the President ***Roy Trowell***

I am trying to write something encouraging but we are under a "stay at home" order and I am tired of my own company. The last time I participated in an activity at the Centre was last summer when I joined in with the dart group, it seems so long ago. We miss the sound of people chatting, laughing and just stopping to put in a puzzle piece or two. We are told there is light at the end of the tunnel but does the light have to be so dim. How long is the tunnel?

That offer for a coffee still stands when we can unlock our doors to everyone. We can hardly wait it will be so nice to see everyone. While we are shut down call a friend or family member you know is on their own they would love to hear your voice even though they can't see your face.

# THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

## BOARD OF DIRECTORS 2020 -2021

**PRESIDENT** Roy Trowell

**PAST PRESIDENT** Homer Vandervecht

**VICE PRESIDENT** George Clark

**TREASURER** Carmen Unsworth

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Bob Roth Coleen Szura

**EXECUTIVE DIRECTOR:** Christine Lehn

**JANITOR:** Maurice Raffoul

**BOOKKEEPER:** Pam Chausse

## REGULAR PROGRAMS AND EVENTS

**RECREATION:** Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

## TUESDAY LUNCH PROGRAM

**ENTERTAINMENT:** Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

## MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

## SOCIAL SERVICES:

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East,  
Leamington, ON N8H 1M2

Phone: 519-326-2521 Fax: 519-326-2348

E-mail: [halfcenturycentre@cogeco.net](mailto:halfcenturycentre@cogeco.net)

Web: [www.halfcenturycentre.ca](http://www.halfcenturycentre.ca)

Office Hours: Monday to Friday 8:30 am to 4:30 pm

From the Executive Director

## Christine Lehn

Welcome to Spring! It seems we are stuck in the same pattern. I hope many of you have had the opportunity to get a vaccine. I have. We are adding to our list of activities during shutdown. Beginning in May, we will be offering yoga via Zoom. If you are interested, email me and I will send you the invite for the Friday morning Zoom.

We are hoping to have our Annual General Meeting on June 18 at 1:30. If need be, we will do it by Zoom. If allowed, it will be followed by a Strawberry Social. Our website and sign will be updated with details as time gets closer. Please plan on attending to learn how we have been coping during these trying times.

The Municipality of Leamington now has an active Seniors' Advisory Committee. The purpose of the Committee is to serve in an advisory capacity to Council and staff on matters that impact the quality of lives of older adults in the Municipality of Leamington. The Committee welcomes feedback from Leamington seniors. Written correspondence can be addressed to "Seniors Advisory Committee" and can be mailed or dropped off to 111, Erie Street North, Leamington, ON N8H 2Z9.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: [www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/](http://www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/)

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.





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## REGULAR CENTRE ACTIVITIES

<b>ART GROUP</b>	WEDNESDAY	9:00 am
<b>BAND PRACTICE</b> (Musical G's)	WEDNESDAY (call office for location)	10:00 am
<b>BRIDGE</b> (Duplicate)	MONDAY	12:30 pm
<b>BRIDGE</b> (Contract)	WEDNESDAY	1:30 pm
<b>BREAKFAST GROUP</b>	TUESDAY	8:30 am
<b>CRIBBAGE</b>	THURSDAY	2:00 pm
<b>DARTS</b>	THURSDAY	1:30 pm
<b>EUCHRE</b>	TUESDAY	1:30 pm
<b>LINE DANCING</b>	MONDAY & THURSDAY	9:00 am 7:00 pm
<b>PEPPER</b>	SUNDAY & WEDNESDAY & FRIDAY	2:00 pm 7:00 pm 7:00 pm
<b>POOL ROOM</b>	MONDAY - FRIDAY	8:30 am to 4:15 pm
<b>QUILTING GROUP</b>	MONDAY	9:00 am
<b>SHUFFLEBOARD</b>	WEDNESDAY	1:30 pm
<b>UNO</b>	MONDAY	2:00 pm
<b>YOGA</b>	FRIDAY	10:00 am

## REGULAR PROGRAMS

**DRIVE TEST** – G1 & G2 Eye/Written & Road Test  
4th Tuesday Monthly 9 am – 12 noon &  
1 pm – 4 pm.

For road test appointments please call  
1-888-570-6110; **do not call the Centre.**

## PARKINSONS EXERCISE & SUPPORT GROUP

Tuesdays 10:30 am.

## VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

## TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

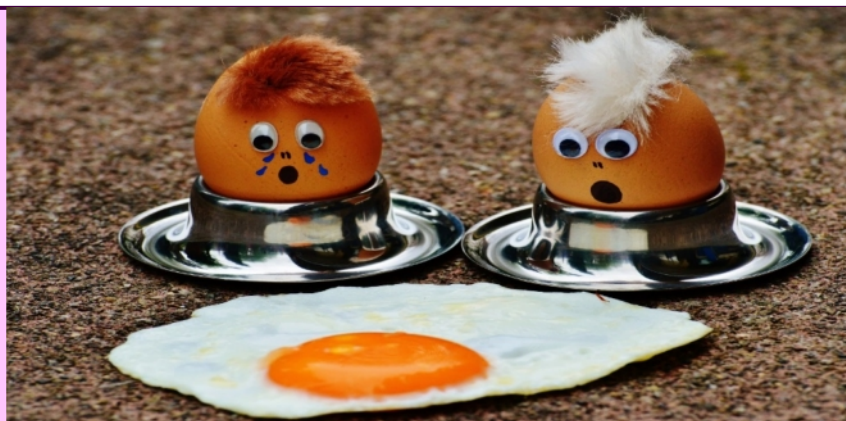
**We will not be having the Potluck lunches until further notice.**

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

## LUNCH MENU

May 4	Call
May 11	Call
May 18	Call
May 25	Call
Jun 8	Liver & Onions
Jun 15	Chicken
Jun 22	Meatloaf
Jun 29	Pork Chops

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**Gary McArdle**  
Hearing Instrument Dispenser

**Ann Loop Sabga**  
Client Care

**Lisa Mayea** is an Audiologist and has  
proudly served the Leamington  
community for **20 years**.

**Gary McArdle** is a Hearing  
Instrument Dispenser,  
registered with ADHIP and has  
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[helixhearingcare.ca](http://helixhearingcare.ca)

\*Limited time offer.  
Conditions apply.

**The preacher came to  
call the other day. He  
said at my age I  
should be thinking  
about the thereafter. I  
told him....."Oh I do  
all the tiem. No  
matter where I am, in  
the bedroom,  
upstairs, in the  
kitchen or down in the  
basement, I ask  
myself, Now what am  
I here after?"**

# SENIORS' CENTRE WITHOUT WALLS



## What is it?

Free telephone based senior's activity program

A variety of fun activities,

A community-freating, loneliness-busting program

## What are the benefits?

Just need a telephone...NO computer required

Creates community and friendships from the  
comfort of home

Removes barriers - relieves isolation and loneliness

## Steps to Connect

1. Dial: 866-279-1594
2. Enter the 6 digit PASSCODE 942854 then press #
3. Record you name and then press #

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés





# ***SENIORS' CENTRE WITHOUT WALLS***

## ***CURRENT ACTIVITIES***

### **Family Feud**

We will pick teams and play just like they do on TV. Test your skills and have a few laughs. Every Thursday at 10:30

### **Name that Tune**

Test your knowledge of old songs. Everyone is a winner. Even if you can't Name that Tune, you will enjoy the toe tapping music and conversation. Mondays at 1:30.

### **Your Choice**

if you have something you would like to try, give me a call at the Centre.



REGULAR CENTRE ACTIVITIES - MAY 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
● Regular Daily Schedule	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00					
2	3	4	5	6	7	8
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Call	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
9	10	11	12	13	14	15
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Call	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
16	17	18	19	20	21	22
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Call	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
23	24	25	26	27	28	29
	Victoria Day Closed					
30	31					
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Call	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	

TLP = Tuesday Lunch Program

## REGULAR CENTRE ACTIVITIES - JUNE 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
● Regular Daily Schedule				<b>Family Fued 10:30</b> Darts 1:30 Line Dancing 7:00		
6	7	8	9	10	11	12
	<b>Game Time 1:30</b> Line Dancing 9:00 Sewing Group 10:00	<b>TLP- Liver &amp; Onions</b>	Art Group 9:00 Shuffleboard 1:30	<b>Family Fued 10:30</b> Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
13	14	15	16	17	18	19
	<b>Game Time 1:30</b> Line Dancing 9:00 Sewing Group 10:00	<b>TLP- Chicken</b>	Art Group 9:00 Shuffleboard 1:30	<b>Family Fued 10:30</b> Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00 <b>AGM</b> <b>Strawberry Social</b>	
20	21	22	23	24	25	26
	<b>Game Time 1:30</b> Line Dancing 9:00 Sewing Group 10:00	<b>TLP- Meatloaf</b>	Art Group 9:00 Shuffleboard 1:30	<b>Family Fued 10:30</b> Darts 1:30 Line Dancing 7:00	Zoom Yoga 10:00	
27	28	29	30			
	<b>Game Time 1:30</b> Line Dancing 9:00 Sewing Group 10:00	<b>TLP- Pork Chops</b>	Art Group 9:00 Shuffleboard 1:30			

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

## JOIN US TUESDAYS FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

# HAPPY BIRTHDAY

## TO OUR MEMBERS

### MAY

Joyce Hieben	3
Ann Nash	3
Gloria Baker	4
Sister Elaine Cole	4
Lise Gauvin	7
Homer Vandervecht	10
Debbie Koeman	11
Kathy Bechard	11
Wilma MacVicar	11
Nancy Wales	15
Marc Mailloux	15
Gaye Renaud	21
Brenda Zakal	21
Ana Covaciu	22
Pat Howe	22
Peter Frederick	24
Bob Russell	30
Jean Pepper	31
Shirley Read	31

### JUNE

Betty Vandervecht	4
Katy Klym	5
Marg Dama	6
Barbara Jacobs	6
Dennis McCarney	7
Coleen Szura	7
Vicki Harris	8
Sharon Lutz	8
Wilma Dibbley	12
Helen Preyde	15
John Coggans	18
Joyce Gammie	22
Tony Collings	22
Joanne Mailloux	22
Mieke Dufour	23
Joyce Hatt	23
Neil DeGoey	23
Roger Cote	25
Helen Goerzen	28
Kathleen Toppi	29
Sharon Matthews	30



## WELCOME NEW MEMBERS

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre

## IN REMEMBRANCE

**Ruth Hartwick**





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# COMING IN MAY



# ZOOM YOGA

We are starting Zoom Yoga at the regular Friday morning time 10:00 a.m. Exercise from the comfort of your home. If interested, send me an email so I can send you the invitation.

**MARY KIR**

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**OTF Grant contributes to the improvement of the ventilation's  
system at the Leamington and District Half Century Centre**

**Leamington** –Following a grant of \$5,800 from The Ontario Trillium Foundation, (OTF), the Leamington and District Half Century Centre was able to improve their ventilation system. Ceiling fans were installed along with moving the duct work around to allow for safe reopening. The Leamington Half Century Centre is a place for older adults to enjoy a variety of activities such as shuffleboard, darts, line dancing, card playing as well as large dinner parties and performances. The Centre also offers outreach programs to the entire community. These include Diabetes Wellness Classes and Support Group, Parkinson's Exercise & Support Group, Income Tax Clinics among others.

*Quote from Rick Nicholls*

Unluckily due to COVID-19 restrictions, a public unveiling of the updated ventilation system is not allowed at this time. *"During this period of shutdown, we continue to make improvements to the building to ensure the safety of our members upon return. We are looking forward for our members returning as soon as the Health Unit gives us approval. Until then, we are open to assist low income individuals with Income Tax Returns and registering people for vaccinations."* stated Christine Lehn, Executive Director, Leamington and District Half Century Centre

Reflecting on the impact of the grant and the significance of the Leamington & District Half Century Centre in the community, Christine Lehn added *"The impact of the grant cannot be underestimated. We currently have approximately 275 members and are always welcoming more. The Centre is very important in reducing social isolation."*

The Leamington and District Half Century Centre is a multi-purpose, community-oriented non-profit centre aimed at keeping older adults active, well, and living independently. We provide social, recreational, and educational programs and activities for people aged 50 and older, and opportunities for volunteering time and services.

The Ontario Trillium Foundation (OTF) is an agency of the Government of Ontario, and one of Canada's leading granting foundations. OTF awarded more than \$115 million to 644 projects last year to build healthy and vibrant communities in Ontario.



An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario





Looking forward to seeing your smiling eyes  
As we will still be wearing our masks

## Just a Reminder!

I am HOPING to start Tuesday Lunches. We will begin these as soon as we are permitted to. The start date is tentative. Check in when we return to the orange status. Please stay safe so we can get back to socializing.



## Virtual Tours NOW ONLINE!

Enjoy a private, virtual tour of Seacliff Manor Retirement Residence - now from the comfort of your home!

We know you're busy enjoying the longer days and sunshine, and now you can check out the model suites at your convenience.

Visit us at:  
[seacliffmanor.ca/virtualtour](https://seacliffmanor.ca/virtualtour)



**THE BOARD OF DIRECTORS OF THE  
LEAMINGTON AND DISTRICT HALF CENTURY  
CENTRE**

Cordially invites you to attend the

**Annual  
General  
Meeting**

To be held at  
Leamington and District Half Century  
Centre 160 Talbot St. E.

**Friday, June 18  
1:30 p.m.**

The meeting will be held by Zoom if  
need be. Details will be emailed.

**Strawberry Social to follow at  
2:30 p.m.**

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