Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



From the President Roy Trowell

Congratulations to all of you who have made it thus far throughout this pandemic. We have all learned what we need to do to be safe. We here at the Centre, also, have your safety in mind. When we open again things will be different for some time. What we have learned we need to practise. We really do need to keep that separation and wear a mask and clean our hands and and ... our friends depend on us now more than ever. That offer of a cup of coffee still stands when our doors are open again.

It is also the time of year we begin to look for volunteers to be on our Board. Currently, the meetings are held by telephone conference. It does not take much of your time but helps keep the Centre running smoothly. Please take the time to call Christine to volunteer. Thank you.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

BOARD OF DIRECTORS 2020 - 2021

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REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East, Leamington, ON N8H 1M2

Phone: **519-326-2521** Fax: **519-326-2348**

E-mail: halfcenturycentre@cogeco.net

Web: www.halfcenturycentre.ca

Office Hours: Monday to Friday 8:30 am to 4:30 pm

From the Executive Director

Christine Lehn

I would like to welcome Leanne Iler, a student from St. Clair. She is working remotely until we can open. I will be getting some tablets in and she can help with training on them. We have been doing a program called Senior Centres Without Walls. All you need to participate is a phone. This program keeps us connected and having fun. It is not like Zoom, so if you tried that in the spring and felt it was difficult to follow, give this a try. Check the advertising in this chatter for details. If you have a topic or a fun item we can do on the phone, please call me. We have switched from Coffee & Chat on Mondays to a variety of word games. We are having a lot of fun, join us. If someone prefers to have zoom meetings, we can also implement. Call me if interested.

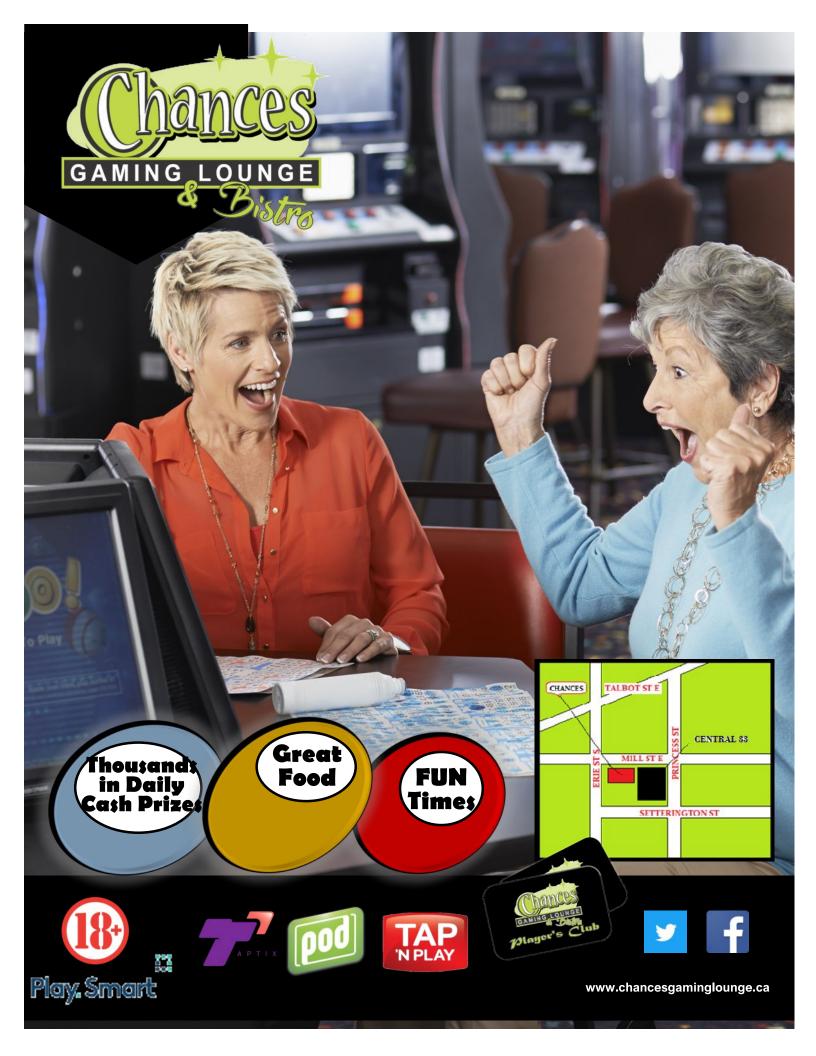
I feel I am a broken record. Our plan is to begin Tuesday lunches provided we are in the orange level according to the Health Unit. I would ask that if you plan on joining us, please call the week before so we can be properly prepared. We are also ready for cards to resume as soon as we get approval from the Health Unit. I will get the word out as soon as we are cleared to do so.

Our Takeout Turkey Dinner was a huge success. A Big thank you goes out to Rosewood Erie Glen for their donations and assistance in preparation. We will be doing the same for our St. Patrick's Corned Beef and Cabbage Dinner. Get your tickets early since I need to order the corned beef a couple of weeks in advance.

This is the time of year we look for new Board Members. Currently our meetings are held with our phone conferencing system. Please consider becoming involved. Board Meetings are held once a month with the occasional extra duty. I wish to announce I have been appointed to the newly formed Seniors' Advisory Committee with the Municipality of Leamington. If you have any issues you would like the town to address regarding seniors, please contact me.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.



REGULAR CENTRE	ACTIVITIES	
ART GROUP	WEDNESDAY	9:00 am
BAND PRACTICE	WEDNESDAY (call	10:00 am
(Musical G's)	office for location)	
BRIDGE (Duplicate)	MONDAY	12:30 pm
BRIDGE (Contract)	WEDNESDAY	1:30 pm
BREAKFAST GROUP	TUESDAY	8:30 am
CRIBBAGE	THURSDAY	2:00 pm
DARTS	THURSDAY	1:30 pm
EUCHRE	TUESDAY	1:30 pm
LINE DANCING	MONDAY	9:00 am
	& THURSDAY	7:00 pm
PEPPER	SUNDAY	2:00 pm
	& WEDNESDAY	7:00 pm
	& FRIDAY	7:00 pm
POOL ROOM	MONDAY - FRIDAY	8:30 am to
		4:15 pm
QUILTING GROUP	MONDAY	9:00 am
SHUFFLEBOARD	WEDNESDAY	1:30 pm
UNO	MONDAY	2:00 pm
YOGA	FRIDAY	10:00 am

REGULAR PROGRAMS

DRIVE TEST – G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly 9 am – 12 noon & 1 pm – 4 pm.

For road test appointments please call 1-888-570-6110; **do not call the Centre.**

PARKINSONS EXERCISE & SUPPORT GROUP Tuesdays 10:30 am.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

We will not be having the Potluck lunches until further notice.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH N	MENU
Mar 9	Pork Chops
Mar 16	Pasta
Mar 23	Ham
Mar 30	Turkey
Apr 6	Liver and Onions
Apr 13	Chicken
Apr 20	Meatloaf
Apr 27	Pork Chops
T1 1	

Thank you for your continued support of our Tuesday Lunch Program.









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Lisa Mayea is an Audiologist and has proudly served the Leamington community for 20 years.

Instrument Dispenser, registered with ADHIP and has worked in his field for 34 years.

197 Talbot Street West. Unit 301 Leamington, ON helixhearingcare.ca

Gary McArdle is a Hearing

Limited time offer.

Income Tax Clinic

We will be accepting Income taxes for low Income people from March 9 to April 23. Please drop off your Taxes between 10-3

SENIORS' CENTRE WITHOUT WALLS





What is it?

Free telephone based senior's activity program
A variety of fun activities,

A community-freating, loneliness-busting program

What are the benefits?

Just need a telephone...NO computer required Creates community and friendships from the comfort of home

Removes barriers - relieves isolation and loneliness

Steps to Connect

- 1. Dial: 866-279-1594
- 2. Enter the 6 digit PASSCODE 942854 then press #
- 3. Record you name and then press #





SENIORS' CENTRE WITHOUT WALLS

CURRENT ACTIVITIES

Family Feud

We will pick teams and play just like they do on TV. Test your skills and have a few laughs. Every Thursday at 10:30

Name that Tune

Test your knowledge of old songs.

Everyone is a winner. Even if you can't Name that Tune, you will enjoy the toe tapping music and conversation. Mondays at 1:30.

Your Choice

if you have something you would like to try, give me a call at the Centre.

REGULAR CENTR	REGULAR CENTRE ACTIVITIES - MARCH 2021	RCH 2021				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	9
Regular Daily Schedule	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
7	8	6	10	11	12	13
Santo Davido	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Pork Chops Income Tax Clinic	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
14	15	16	17	18	19	20
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Pasta	Art Group 9:00 Shuffleboard 1:30 St. Patty's Dinner	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
21	22	23	24	25	26	27
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Ham	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
28	29	30	30			
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Turkey	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00		

TLP = Tuesday Lunch Program

REGULAR CENTR	REGULAR CENTRE ACTIVITIES - APRIL 2021	RIL 2021				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
Regular Daily Schedule			Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Good Friday Closed	
4	5	9	7	8	6	10
Easter	Easter Monday Closed	TLP- Liver & Onions	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
11	12	13	14	15	16	17
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Chicken	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
18	19	20	21	22	23	24
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Meatloaf	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
25	26	27	28	29	30	
	Game Time 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP- Pork Chops	Art Group 9:00 Shuffleboard 1:30	Family Fued 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
- -						

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

JOIN US TUESDAYS FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.



MARCH JOHN WILKINSON **BOB ROTH** 3 LYNN SOUIE **MALCOM WEBSTER** 6 **DENNIS TATOMIR** 9 **SHELLEY MIQUEL** 10 **GAIL JOHNSTON** 15 MAME NICHOLSON 17 **GEORGE CLARK** 20 **RUSSEL JONES** 20 JOHN WOELK 20 PAULINE MIKOLASH 22 **NANCY CASSELS** 24 **EVELYN YOUNG** 24 DONALD JACKSON 25 **EDITH VOSS** 25 **JOYCE WIPER** 25 **LEROY DAVIDSON** 26 SHIRLEY PLANT 27 **CAROLYNN STEWART** 27 SALLY LEPLA 29 MARJORIE BRANDE 30 **ANN MOCAN** 30 **ERNIE JACKIW** 31

MAXINE HARTLEY	1
DOREEN HILLIER	2
JAMES SIDER	2
MONA MARTINEAU	5
DEREK PARRY	6
LORLEE CUNLIFFE	7
RAY FOURNIER	7
PETER VANZETTEN	8
LIONEL AASEN	10
JUDITH DEQUARTEL	10
CAROLYN COAD	13
MIKE RUDDERHAM	15
ANN EVERS	16
IRENE DAROWSKI	17
ANNETTE PALMER	19
JAN BONKINK	19
ROY TROWELL	19
LARRY VERBEKE	23
PAUL SCHUMACHER	26
MARY ALMASI	26
PAUL SCHUMACHER	26
DAVID TURCOTTE	26
TONY DAMA	27
NANCY MOODY	27
DAWN GRANT	29
CLIFF HARTWICK	29
SUSAN RUSSELL	30
ROSE FOLDESI	30

APRIL

WELCOME NEW MEMBERS

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

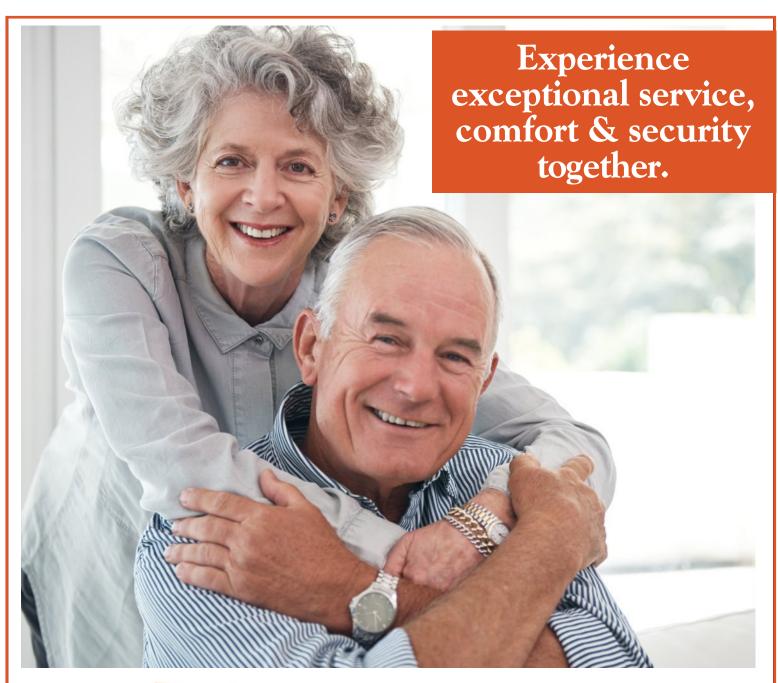
We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre

IN REMEMBRANCE

Marilyn Rigg Bob Branton Marie Wales Larry Deschamps Ron Haley









UNIVERSALCATE

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119 Robson Rd., RR #1 Leamington 519-322-2384

Leamington Half Century Centre

St. Patrick's Day

Takeout Party





Wednesday, March 17th Corn Beef & Cabbage Dinner

Cost \$20.00

3:30 - 5:00 p.m.



Please purchase tickets between

February 15 and March 2nd.

We will be doing this curbside with the same procedure as the Turkey Dinner.



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Brian Collins, B.A. Sc., LL.B

barrister and solicitor

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Collins Law

Greetings and Hello to everyone at The Half Century Centre!



My name is Leanne Iler, I am 26 years old and a placement student from St Clair College, in the Social Service Worker: Gerontology program. I started my placement here in January and will be working alongside Christine Lehn, The Executive Director, here at The Half Century Centre for the next couple months. Unfortunately, I am in the same boat as a lot of you and have to do my placement remotely from my home for the time being, I'm hopeful that when the smoke clears that I will get to meet you all!

Prior to taking this program, I grew up working and volunteering in Long-Term Care in Activities and Recreation, assisting the Recreation Manager, helping out Administration and assisting the Volunteer Coordinator. I was lucky enough to have family that worked within the industry. After my time in Long-Term Care, I pursued one of my dreams to become a Makeup Artist and Esthetician, and graduated from the Esthetician program at St Clair College in 2016. I still practice Freelance Makeup Artistry. I have also worked part-time in retail for cosmetics.

Growing up I always loved hearing others stories about their lives, how they came to be who they are today, and that always inspired and dazzled me. I went into this field because I wanted to make an impact on people, like all those people before me had, in Long-Term Care, and in various states of my life. Makeup was about creating art and making people feel beautiful from the inside, but I wanted more. I wanted to empower others and make them feel good about themselves altogether and hopefully strive for positive change. I'm hoping to specialize either in grief and/or mental health, or chronic illness, but also enjoy volunteering from time to time.

Some of my interests include, reading (I own over 400 books), art; specifically writing and drawing. I also enjoy gardening and taking care of my many house plants. I love old Hollywood films, music of pretty well every genre and era, and video games. I also have at the moment 8 animals, 2 cats that I share with my neighbor (Sugar and Cookie) and 6 dogs (Bassett Hounds). I adopted a dog (Grace) just before Christmas who ended up surprising my family and I with 5 Basset Hound puppies on January 7th, they were definitely a happy little surprise and brought a big smile to our lives.





(Sugar to the left and Cookie to the right)

(Grace and her puppies)

I will be helping out with Senior Centres Without Walls, creating fun new programs, hosting, assisting with revamping the website, and hopefully, fingers crossed, helping out with some in-person events when we get out of this lockdown, as a few examples. I'm hoping to bring some creative flair to the team, while incorporating some variety and diversity to future programs and gain more experience within this field, while learning from all of you.



Looking forward to seeing your smiling eyes
As we will still be wearing our masks

Just a Reminder!

I am HOPING to start Tuesday Lunches. We will begin these as soon as we are permitted to.

The start date is tentative.

Check in when we return to the orange status. Please stay safe so we can get back to socializing.





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rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

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Join us for a complimentary lunch! Book your personal visit today.



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