



Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



## From the President *Roy Trowell*

I hear, "Hey, Mr. President. What's happening in your world these days?"

I answer nothing. Then I hear, "Ok then, what about our Centre?"

I answer not much inside.

The truth is we are starting an exciting new program called Seniors' Centres Without Walls. This is a phone-in based program where we can stay connected. The first few activities planned are Family Feud, You Be the Judge and Coffee and Chat. See the posters inside for details. All you need is a phone to have fun with us.

We plan to have the welcome mat out again for all of you nice folks. You find it cold outside and so do we.

Come; have a cup of coffee on us. Drop in just to say hello and how you are doing. We are planning on resuming Tuesday lunches if we are out of the Red Status.

See you soon.

# THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

## BOARD OF DIRECTORS 2020 -2021

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Bob Roth Coleen Szura

**EXECUTIVE DIRECTOR:** Christine Lehn

**JANITOR:** Maurice Raffoul

**BOOKKEEPER:** Pam Chausse

## REGULAR PROGRAMS AND EVENTS

**RECREATION:** Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

## TUESDAY LUNCH PROGRAM

**ENTERTAINMENT:** Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

## MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

## SOCIAL SERVICES:

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

From the Executive Director

*Christine Lehn*

Happy New Year!

I am looking forward to seeing you again in the new year. 2020 was along year without everyone at the Centre. I am starting a program called Senior Centres Without Walls. All you need to participate is a phone. This program keeps us connected and having fun. It is not like Zoom, so if you tried that in the spring and felt it was difficult to follow, give this a try. Check the advertising in this chatter for details. If you have a topic or a fun item we can do on the phone, please call me.

Our plan is to begin Tuesday lunches on January 12 provided we are not still in the red level according to the Health Unit. I would ask that if you plan on joining us, please call the week before so we can be properly prepared. We are also ready for cards to resume as soon as we get approval from the Health Unit. I will get the word out as soon as we are cleared to do so.

Our Takeout Turkey Dinner was a huge success. A Big thank you goes out to Rosewood Erie Glen for their donations and assistance in preparation. We will be doing the same for our St. Patrick's Corned Beef and Cabbage Dinner. Get your tickets early since I need to order the corned beef a couple of weeks in advance.

*NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: [www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/](http://www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/)*

*Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) Centre's Chatter is a publication of the Leamington and District Half Century Centre composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times a year. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.*

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E-mail: [halfcenturycentre@cogeco.net](mailto:halfcenturycentre@cogeco.net)

Web: [www.halfcenturycentre.ca](http://www.halfcenturycentre.ca)

Office Hours: Monday to Friday 8:30 am to 4:30 pm



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## REGULAR CENTRE ACTIVITIES

<b>ART GROUP</b>	WEDNESDAY	9:00 am
<b>BAND PRACTICE</b> (Musical G's)	WEDNESDAY (call office for location)	10:00 am
<b>BRIDGE</b> (Duplicate)	MONDAY	12:30 pm
<b>BRIDGE</b> (Contract)	WEDNESDAY	1:30 pm
<b>BREAKFAST GROUP</b>	TUESDAY	8:30 am
<b>CRIBBAGE</b>	THURSDAY	2:00 pm
<b>DARTS</b>	THURSDAY	1:30 pm
<b>EUCHRE</b>	TUESDAY	1:30 pm
<b>LINE DANCING</b>	MONDAY & THURSDAY	9:00 am 7:00 pm
<b>PEPPER</b>	SUNDAY & WEDNESDAY & FRIDAY	2:00 pm 7:00 pm 7:00 pm
<b>POOL ROOM</b>	MONDAY - FRIDAY	8:30 am to 4:15 pm
<b>QUILTING GROUP</b>	MONDAY	9:00 am
<b>SHUFFLEBOARD</b>	WEDNESDAY	1:30 pm
<b>UNO</b>	MONDAY	2:00 pm
<b>YOGA</b>	FRIDAY	10:00 am

## REGULAR PROGRAMS

**DRIVE TEST** – G1 & G2 Eye/Written & Road Test  
4th Tuesday Monthly 9 am – 12 noon &  
1 pm – 4 pm.

For road test appointments please call  
1-888-570-6110; **do not call the Centre.**

## PARKINSONS EXERCISE & SUPPORT GROUP

Tuesdays 10:30 am.

## VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

### TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee. A thank you to Chartwell for supplying dessert once a month.

**We will not be having the Potluck lunches until further notice.**

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

### LUNCH MENU

Jan 12	Pasta
Jan 19	Ham
Jan 26	Turkey
Feb 2	Meatloaf
Feb 9	Liver and Onions
Feb 16	Chicken
Feb 23	Pork Chops

*Thank you for your continued support of our  
Tuesday Lunch Program.*







## PRIVATE HOMECARE SERVICES

Hi, I'm Paula!

I provide home care services for Essex County. I have 25+ years of experience as a PSW and love what I do.

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\*Post-op care

\*Respite care

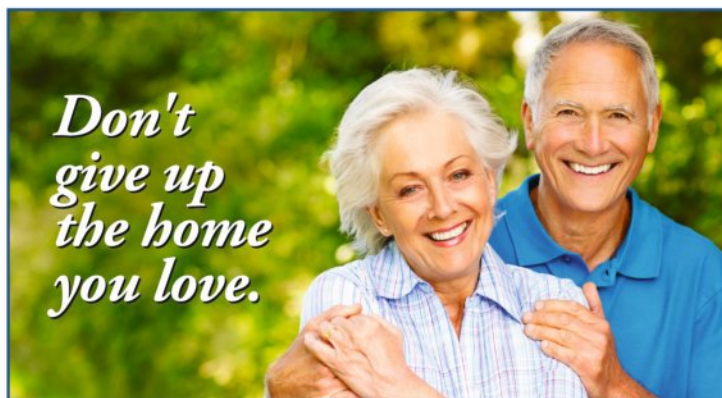
\*Run errands

\*And more

Get in touch:

**519-324-5331**

Personalcarebypaula@gmail.com



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**Lisa Mayea**  
Audiologist, M.Sc., Aud (C)

**Gary McArdle**  
Hearing Instrument Dispenser

**Ann Sabga**  
Client Care

**Lisa Mayea** is an Audiologist registered with CASLPO/CASLPA and has proudly served the Leamington community for **20 years**.

**Gary McArdle** is a Hearing Instrument Dispenser, registered with ADHIP and has worked in his field for **34 years**.

197 Talbot Street West, Unit  
301 Leamington, ON  
[helixhearingcare.ca](http://helixhearingcare.ca)

\*Limited time offer.  
Conditions apply.

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# SENIORS' CENTRE WITHOUT WALLS



## What is it?

Free telephone based senior's activity program

A variety of fun activities,

A community-freating, loneliness-busting program

## What are the benefits?

Just need a telephone...NO computer required

Creates community and friendships from the  
comfort of home

Removes barriers - relieves isolation and loneliness

## Steps to Connect

1. Dial: 519-341-9760 or 866-279-1594
2. Enter the 6 digit PASSCODE 942854 then press #
3. Record you name and then press #

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés



LEAMINGTON & DISTRICT

**Half Century Centre**



# ***SENIORS' CENTRE WITHOUT WALLS***

## ***CURRENT ACTIVITIES***

### **Family Feud**

We will pick teams and play just like they do on TV. Test your skills and have a few laughs. Every other Thursday at 10:30

### **You Be the Judge**

i will read you a court case and you discuss it with everyone and decide the fate of the accused.

See if you agree with the judge.

Every other Thursday at 10:30

### **Coffee and Chat**

Every Monday afternoon at 1:30 we will talk about various topics of your choice. Call in to just say hello.

# REGULAR CENTRE ACTIVITIES - JANUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
					New Year's Day CLOSED	
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Family Feud 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	Coffee and Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP - Pasta	Art Group 9:00 Shuffleboard 1:30	You be the Judge 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	Coffee & Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP - Ham	Art Group 9:00 Shuffleboard 1:30	You be the Judge 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	Coffee & Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	TLP - Turkey	Art Group 9:00 Shuffleboard 1:30	Family Feud 10:30 Darts 1:30 Line Dancing 7:00	Yoga 10:00	
<b>31</b>						

TLP = Tuesday Lunch Program @ Noon unless specified otherwise.



# REGULAR CENTRE ACTIVITIES - FEBURARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Coffee and Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	<b>2</b> TLP - Meatloaf	<b>3</b> Art Group 9:00 Shuffleboard 1:30	<b>4</b> You be the Judge 10:30 Darts 1:30 Line Dancing 7:00	<b>5</b> Yoga 10:00	<b>6</b>
<b>7</b>	<b>8</b> Coffee and Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	<b>9</b> TLP - Liver & Onions	<b>10</b> Art Group 9:00 Shuffleboard 1:30	<b>11</b> Family Feud 10:30 Darts 1:30 Line Dancing 7:00	<b>12</b> Yoga 10:00	<b>13</b>
<b>14</b>	<b>15</b> Coffee & Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	<b>16</b> TLP - Chicken	<b>17</b> Art Group 9:00 Shuffleboard 1:30	<b>18</b> You be the Judge 10:30 Darts 1:30 Line Dancing 7:00	<b>19</b> Yoga 10:00	<b>20</b>
<b>21</b>	<b>22</b> Coffee & Chat 1:30 Line Dancing 9:00 Sewing Group 10:00	<b>23</b> TLP - Pork Chops	<b>24</b> Art Group 9:00 Shuffleboard 1:30	<b>25</b> Family Feud 10:30 Darts 1:30 Line Dancing 7:00	<b>26</b> Yoga 10:00	<b>27</b>

**JOIN US**  
**TUESDAYS**  
**FOR LUNCH**

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

TLP = Tuesday Lunch Program @ Noon unless specified otherwise.

# HAPPY BIRTHDAY TO OUR MEMBERS

## JANUARY

- 1 Jann Roth
- 2 Dave Derbyshire  
Carmen Unsworth
- 3 Sheila Bailey
- 4 Cathie Ribble  
Diane Connor
- 8 Patricia Webster
- 9 Bill Chaplin
- 10 Don Gage
- 11 Mario Floreno  
Floyd Harris
- 17 Helen Wiper  
Ann Dorsch
- 18 Chris Lehn  
Monique Sadler
- 19 Ruth Ann Bonkink
- 20 Henry Hildebrandt
- 23 Jane Danckaert
- 24 Denis Gauvin
- 26 Gary Honey
- 30 Barbara Whittle  
April Mills
- 31 Rowe Dean

## FEBRUARY

- 3 Carol Gow  
Delores Jakob  
Lily Shuster
- 8 Larry Lucier
- 9 Eldy Gouthro
- 11 Locky Beckstead
- 12 Helen Slavik
- 14 Gail Grant
- 16 Bill Mayville
- 17 Vickie Haley
- 19 Glenn Sellick  
Ida Smith
- 24 Isabelle Webster  
Garry McMullin  
Ron Metz
- 25 Sophia Linner  
Rick Thorpe
- 28 Joe Goerges



## WELCOME NEW MEMBERS

**Bill Mayville  
Dawn Pinto**

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

## IN REMEMBRANCE

**Patrick Sanford  
Jim Perkes  
Gen Parent**





# Chances

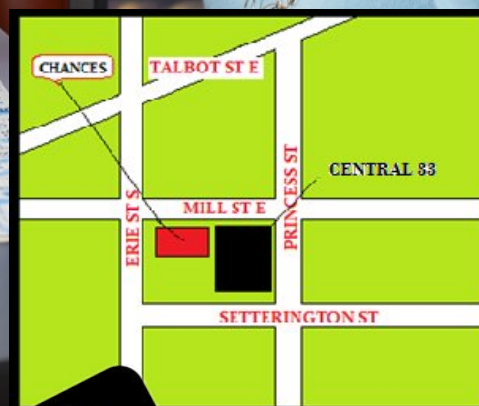
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Looking forward to seeing your smiling eyes  
As we will still be wearing our masks

## Just a Reminder!

I am HOPING to start Tuesday Lunches. We will begin these as soon as we are permitted to. The start date is tentative. Check in when we return to the orange status. Please stay safe so we can get back to socializing.



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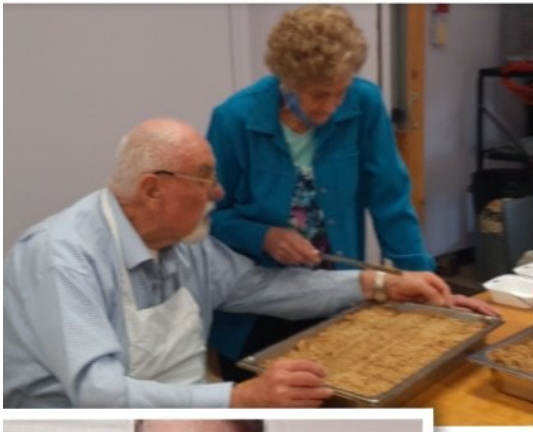


**519.326.2624**

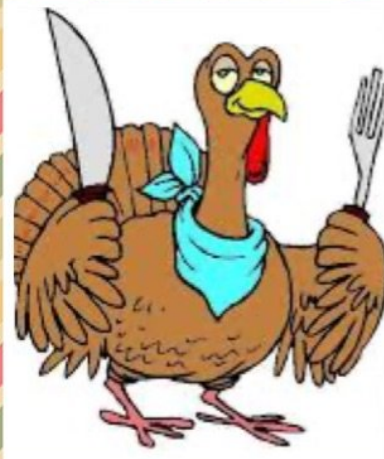
30 Seacliff Dr East, Leamington, ON  
SeacliffManor.ca

**CALL TODAY TO BOOK YOUR TOUR.**





# Turkey Dinner Take Out





February 12

We will be treating you to a special  
Valentine Coffee Break

Stop in for a coffee or tea

And a treat

Cost: 3 Smiles

The tables are spaces and have  
Plexiglas Partitions for your safety.

**Happy  
Valentines**

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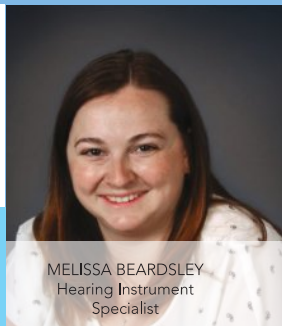


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**Collins Law**



Leamington Half  
Century Centre



# *St. Patrick's Day Takeout Party*



Wednesday, March 17th

Corn Beef &  
Cabbage Dinner

Cost \$20.00

3:30 - 5:00 p.m.



**Please purchase tickets between  
February 15 and March 2<sup>nd</sup>.**

**We will be doing this curbside with the same  
procedure as the Turkey Dinner.**



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together.



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