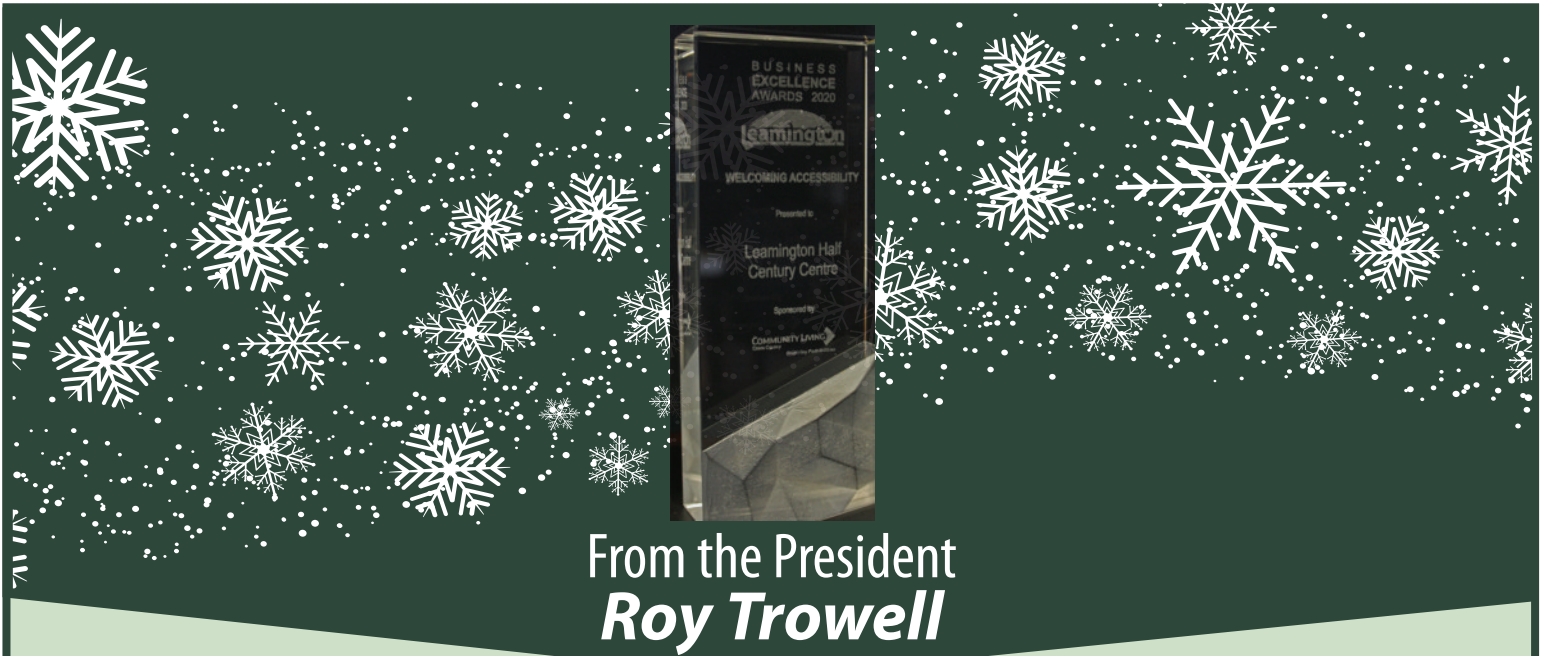




Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



From the President
Roy Trowell

Your Board of Directors recently met to review our ongoing efforts to keep our fellow members safe as we seek to increase our programs and activities. This is what we have done to date:

At the entrance:

1. A questionnaire as to your personal condition
2. Log in to record all present in the facility
3. Hand sanitizer immediately available
4. Masks on at all times.

In the building:

1. Physical separation is required
2. Washroom sanitation is enhanced
3. Regular sanitation of flat surfaces
4. A number of Plexiglas dividers are in place intended to allow card playing, lunches and conversations

We opened the Centre Sept 8th with the following activities: Darts, Shuffleboard, Pool tables, Quilting, Line dancing, and Art group.

So welcome back my friends. Come and enjoy your Centre once again.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

BOARD OF DIRECTORS 2020-2021

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EXECUTIVE DIRECTOR: Christine Lehn

JANITOR: Maurice Raffoul

BOOKKEEPER: Pam Chausse

REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East,
Leamington, ON N8H 1M2
Phone: **519-326-2521** Fax: **519-326-2348**
E-mail: halfcenturycentre@cogeco.net

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.
Web: www.halfcenturycentre.ca

From the Executive Director *Christine Lehn*

I am so pleased to have some of you enjoying the Centre again. I missed the sounds of laughter. It was so nice to so many attend our AGM and Strawberry Social. A big thanks to Delfresco for donating the fresh strawberries and to Sweet Retreat for the ice cream. Please support these businesses as they support us.

The Health Unit has approved our protocol for sanitizing and safe return to playing cards. Now we are just awaiting final approval from the ministry. This will begin as soon as I get the final thumbs up. Please follow the rules so we all can enjoy. I hope to have lunches return in the new year. We will be having a Curbside Turkey Dinner. Tickets must be purchased in advance. Check the flyer for details.

This year, the Centre was awarded the Welcoming Accessibility Award from the Chamber of Commerce's Business Excellence Awards. Achieving this award is a complete team effort. Every member should take pride in their contribution. For some of you, it was just words of encouragement and others were volunteering. I thank you all.

This time has been trying for all of us. Stop in and say hi or have a coffee. It is important for us to stay in contact with positive people. I do not know what the winter will hold but let's keep our spirits high and pray for a return to normal.

Merry Christmas and Happy New Year

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) are the official newsletters of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of older adults. Visit our website to subscribe. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

REGULAR CENTRE ACTIVITIES

ART GROUP	WEDNESDAY	9:00a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
BRIDGE (Contract)	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.
CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY & THURSDAY	9:00 a.m. & 7:00 p.m.
PEPPER	SUNDAY & WEDNESDAY & FRIDAY	2:00 p.m. & 7:00 p.m. & 7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
QUILTING GROUP	MONDAY	9:00 a.m.
SHUFFLEBOARD	WEDNESDAY	1:30 p.m.
UNO	MONDAY	2:00 p.m.
YOGA	FRIDAY	10:00 a.m.

REGULAR PROGRAMS

DRIVE TEST: G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110; **do not call the centre.**

PARKINSONS EXERCISE & SUPPORT GROUP – Tuesdays 10:30 a.m.

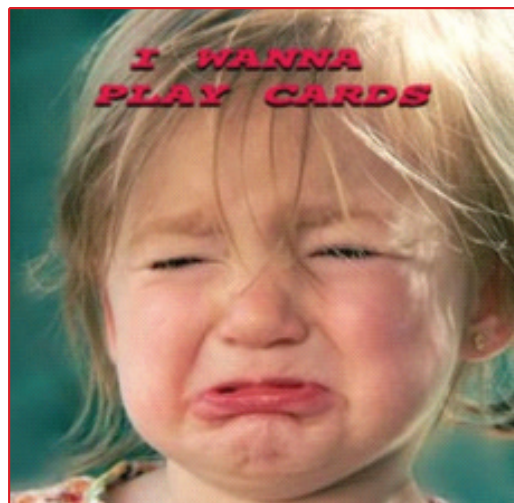
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TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.





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Hearing Instrument Dispenser



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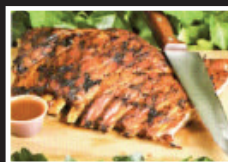
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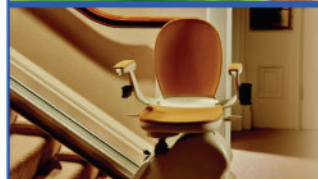
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Turkey Dinner

The Half Century Centre partnering with Rosewood Erie Glen will be serving a turkey dinner for seniors complete with all the fixings on Friday, November 13. **Take out only.**



Tickets must be purchased in advance by November 6.


Tickets can be purchased at Half Century Centre

160 Talbot St E. 519-326-2521

Cost \$ 15.00

Time: 3:30 to 5:00

When picking your order up, please drive behind the building to the east side. We will bring your order out to your car. You can then turn onto Talbot from our east driveway. This will keep all the cars moving in the same direction. Thanks

REGULAR CENTRE ACTIVITIES - NOVEMBER 2020						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<div>● Regular Daily Schedule</div> 	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
8	9	10	11	12	13	14
	Line Dancing 9:00 Sewing Group 10:00		Remembrance Day CLOSED	Darts 1:30 Line Dancing 7:00	Yoga 10:00 Takeout Turkey Dinner	
15	16	17	18	19	20	21
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
22	23	24	25	26	27	28
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
29	30					
	Line Dancing 9:00 Sewing Group 10:00					

TLP = Tuesday Lunch Program

REGULAR CENTRE ACTIVITIES - DECEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
● Regular Daily Schedule	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
6	7	8	9	10	11	12
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
13	14	15	16	17	18	19
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Darts 1:30 Line Dancing 7:00	Yoga 10:00	
20	21	22	23	24	25	26
	Line Dancing 9:00 Sewing Group 10:00		Art Group 9:00 Shuffleboard 1:30	Christmas Eve	Christmas Day Closed	Boxing Day Closed
27	28	29	30	31		
	Closed	Closed	Closed	New Year's Eve		

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

JOIN US
TUESDAYS
FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.



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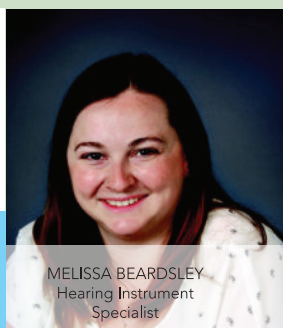
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HAPPY BIRTHDAY

TO OUR MEMBERS

NOVEMBER

Joanne Tarr	1
Emma Marentette	3
Debra McLeod	3
Nancy Murphy	4
Christine Baxter	4
Terry Romanchuk	5
Bud Ellwood	5
Duane McIntosh	9
Leslie Young	9
Marg Jones	10
Tilly Goodman	11
Rick Klein	11
Faith Reidy	12
Lucy Hodovick	13
Lane Ledoux	13
Ursula Wolf	13
Jane Rittenhouse	14
Shran Collins	16
Agnes Fraser	19
Robbie Roberts	21
Janice Briggs	23
Linda Sider	24
Jean Dzvirka	25
Gerry Hucko	25
Tony Nicholls	25
JoAnne Zamparo	25
Eileen Wonnick	26
Betty Fox	27
Jack Helkie	29
Frank Duransky	30

DECEMBER

Kathleen Pryke	1
Elena Serban	2
Victor Dick	5
Julia Kos	5
Al Morrison	5
Chris Kelly	6
Marie McKeen	7
Bob Affleck	8
Diane Ware	16
Ewald Dobetsberger	17
Allan McCallum	17
Joyce Paterson	18
Elizabeth Bernhardt	21
Malcom Richardson	21
Sue Duransky	25
Anne Marcovechio	25
Mary DeGoey	27
Heather Scott	27
Gail Turk	27
Judith White	31



WELCOME NEW MEMBERS

**Marjorie Vanden Brande,
Joanne & Marc Mailloux,
Diane Connor,
Terry & Wanda
Romanchuk**

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre

IN REMEMBRANCE

Sandy Gammie



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 P Q H V W A E G S T E L V R L
 L S W R C M A I N L I E E Z G
 A Z N L I R I E K G E I R K W
 C E A O L S V S H O N I W T Y
 E U V A W D T T E D O I G Y R
 S S N I A M S M E L N C L H M
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Poem: Becoming a Wise Elder by Cathy Carmody

Leaving behind my journey of struggling and racing through
the white water of many rivers, I become the river
creating my own unique way.

Leaving behind my self-imposed role as a tree upon
which others have leaned, I now become the wind,
with the freedom to blow wherever and whenever I chose.

Leaving behind the boxes I've created in my life, crammed with
roles, responsibilities, rules and fears,
I become the wild and unpredictable space
Within which flowers sprout and grow.

Leaving behind the years of yearning for others
to see me as somebody,
I soften into becoming my future, with permission for self to
continually unfold as I am called, without concern
for how others may see me.

Leaving behind years of telling and teaching,
I become instead a mirror
into which others can peer and
view reflections of themselves.

Leaving behind the urge to provide answers for others,
I become – in the silence of this forest retreat – the question.
Leaving behind the rigor of my intellect,
I become a single candle in the
darkness, offering myself as a beacon for others
to create their own path.

I become an elder.

Cathy Carmody was from Nova Scotia, a participant in a "Choosing Conscious Eldering Retreat" offered by the Center for Conscious Eldering. The poem was written in August 2012 at the end of the retreat. Cathy died in 2017 at the age of 83. She gave permission for others to share her poem as long as she is credited as author.



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SMILE

COMMUNITY NEWS

NEWS BOARD

Watch the board for POSTING OF EVENTS which are scheduled after the printing of the newsletter. Or visit our web site and click on Events Calendar.

FOR SALE

The artworks displayed by the Leamington & District Half-Century Centre's Art Group are for sale Various paintings and prices. Funds contribute to the cost of the center's services.

INCOME TAX CLINIC

The Half Century Centre will be preparing Income Tax Returns for low income persons. Please drop all necessary forms off between 9 a.m. and 4 p.m.



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