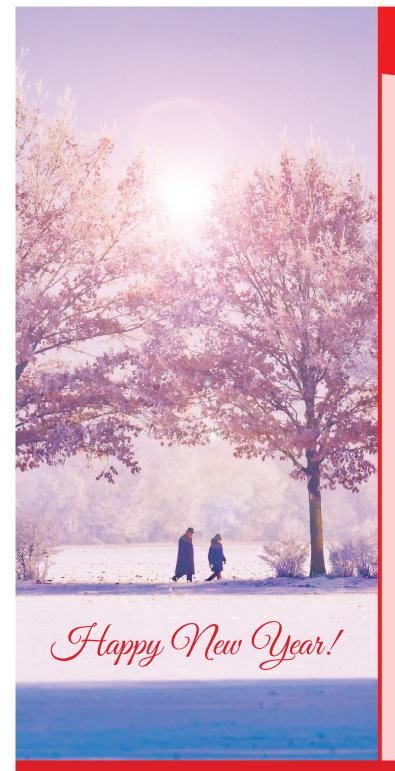
Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



## From the President Homer Vandervecht

A DREAM written down with a date becomes a GOAL. A goal broken down into steps becomes a PLAN. A plan backed by ACTION becomes REALITY.

Well before I was elected President, your Board of Directors and Executive Director had a dream and a goal. Plans were made to upgrade various areas of the Centre's facilities. This past year we were able to take action to replace the kitchen and bathrooms, as well as the west room floor, and refresh a number of other areas. The west wall mural was included in the action and the reality was reached! Thanks to the leadership of our Executive Director Christine, the faithful efforts of dozens of volunteers, and the support of more than 250 members, 2019 was a very successful year.

Your current Board of Directors continues to have a dream and a goal. In the next few months you will hear more details about the future plans.

It will soon be 2020!! What were your thoughts when as a youngster you thought ahead to the years 2000, 2010 and now 2020? Did you ever imagine being a member of an organization that works diligently to improve the lives of the seniors in Leamington and area?

Check this Chatter for the activities that are scheduled in the next few months. All the ticketed events are especially popular. Get your tickets early so you do not miss out. I urge you to share a copy of each Chatter with a friend or neighbour, and invite them to come for a visit.

A wise man once said, "Our greatest fear should not be of failure but of succeeding at things in life that don't really matter."

#### THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

#### **BOARD OF DIRECTORS 2019-2020**

PRESIDENT Homer Vandervecht
PAST PRESIDENT Cliff Hartwick
VICE PRESIDENT Roy Trowell
TREASURER Carmen Unsworth
SECRETARY Gail Turk

#### MEMBERS OF THE BOARD

Carolyn Coad Brenda Zakal Carolyn Campbell John Coggans

**EXECUTIVE DIRECTOR:** Christine Lehn

**JANITOR:** Maurice Raffoul **BOOKKEEPER:** Pam Chausse

#### **REGULAR PROGRAMS AND EVENTS**

**RECREATION:** Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

#### **TUESDAY LUNCH PROGRAM**

**ENTERTAINMENT:** Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

#### **MEMBERSHIP:**

\$45.00 per year (April 1st - March 31st)

#### **SOCIAL SERVICES:**

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Community Living Yoga
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group Guest Speakers on Senior's Issues Ministry of Transportation Senior's Group Classes

160 Talbot Street East,

Leamington, ON N8H 1M2

Phone: **519-326-2521** Fax: **519-326-2348** 

E-mail: halfcenturycentre@cogeco.net

#### **OFFICE HOURS:**

Monday to Friday 8:30 a.m. - 4:30 p.m. Web: www.halfcenturycentre.ca

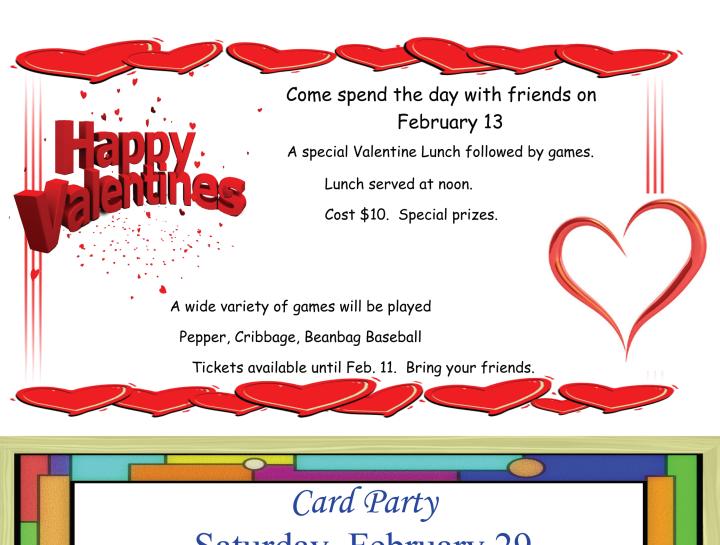
# From the Executive Director *Christine Lehn*

Welcome to the New Year. What an exciting year we had last year! This year promises to have many fun activities again. Many dinners, concerts, Valentine's activity day, the comedy show, and the Murder Mystery Dinner are just a few. These extra fundraisers help keep our membership fees low. We will not be increasing them again this year.

Our main objective here is FUN. Keep coming out and bring your friends.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) are the official newsletters of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of older adults. Visit our website to subscribe. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our print edition.



# Saturday, February 29 12 noon

A fun filled afternoon of Bridge and Pepper which starts with a Soup and Sandwich lunch. All for only \$10.00



Please sign up by February 25 or by calling 519-326-2521. Check off if you can bring Sandwiches, Soup or Desserts.

Check off if you can bring Sandwiches, Soup or Desserts.

REGULAR CENTE	RE ACTIVITIES	
ART GROUP	WEDNESDAY	9:00a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
<b>BRIDGE (Contract)</b>	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.
CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY	9:00 a.m.
	&THURSDAY	7:00 p.m.
PEPPER	SUNDAY	2:00 p.m.
	& WEDNESDAY	7:00 p.m.
	& FRIDAY	7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
<b>QUILTING GROUP</b>	MONDAY	9:00 a.m.

#### **REGULAR PROGRAMS**

**SHUFFLEBOARD** 

UNO

**YOGA** 

**DRIVE TEST:** G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

**WEDNESDAY** 

MONDAY

**FRIDAY** 

1:30 p.m.

2:00 p.m.

10:00 a.m.

For road test appointments please call 1-888-570-6110; **do not call the centre**.

**PARKINSONS EXERCISE & SUPPORT GROUP** – Tuesdays 10:30 a.m.

#### **VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME**

#### **TUESDAY LUNCH PROGRAM**

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

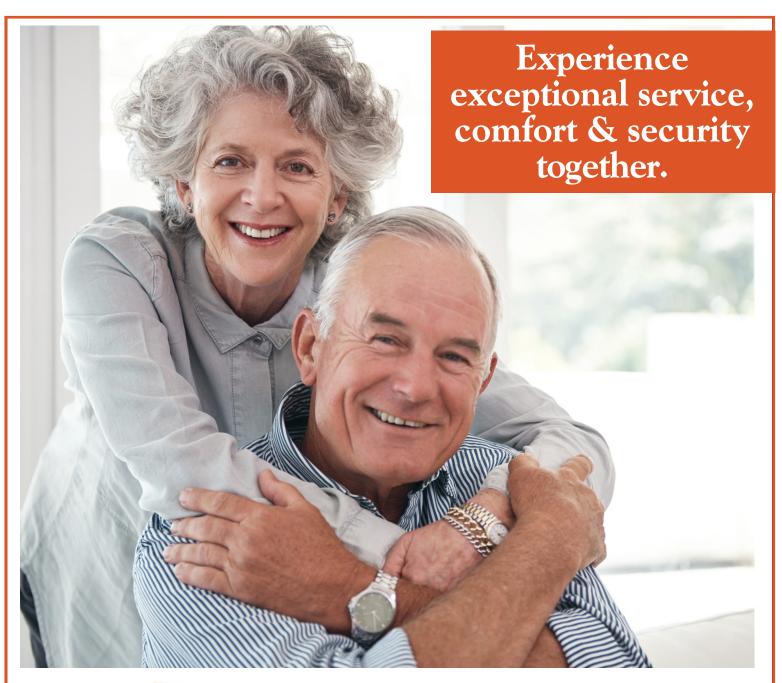
Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

#### **LUNCH MENU**

Jan 7	Shepherd's Pie
Jan 14	Chicken
Jan 21	Potluck
Jan 28	Roast Pork
Feb 4	Lasagna
Feb 11	
Feb 18	. Potluck
Feb 24	. Salmon

Thank you for your continued support of our Tuesday Lunch Program.









You'll easily become accustomed to our high level of service warmly provided by our great staff.

119 Robson Rd., RR #1 Leamington 519-322-2384



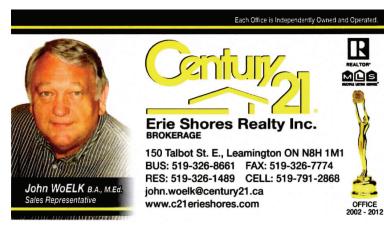
Thank you to everyone who joined us in our Christmas celebration making it a big success. Special thanks to Bob and Sue Russell for preparing the stuffing and cookies. Also, thanks to Seacliff Manor for donating the cake for dessert.

The raffle draw winners were 1st Gen Parent, 2nd John Jacobs, 3rd Joyce Wiper and 4th Betty Vandervecht. Prizes were donated by Sharon Matthews, Superstore, Northern Reflection, Rays Ribhouse, and Lesson Lounge Music Store.





#### PLEASE TELL THE ADVERTISERS THAT YOU SAW THEM IN CENTRE'S CHATTER!



#### **GROOMING**

## By Danielle

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#### Brian Collins, B.A. Sc., LL.B

barrister and solicitor

p: 519.325.0659 fax: 519.325.1448 briancollins@collinslaw.ca

39 mill street west leamington, ontario, canada n8h 1s7 real estate, mortgages, wills/estates, corporate/commercial www.briandcollins.ca

Collins Law

## Cooking for Diabetes



Class to be held January 16 at 11:00 Come and learn healthy cooking choices Ann Conrad Registered Dietitian, Certified Diabetes Educator, will be leading us in preparing a healthy meal.

Please sign up in advance. Cost is \$5.00



SafeAtHomeWindsor.ca

Call Peter 519-800-3340 •

SUNDAY						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Regular Daily Schedule			New Year's Day Closed	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	
2	9	7	8	6	10	11
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Euchre 1:30 TLP- Shepherd's Pie	Art Group 9:00  Band Practice 10:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Diner's Club 5:00 @ Crave Line Dancing 7:00	Yoga 10:00 Pepper 7:00	
12	13	14	15	16	17	18
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Euchre 1:30 TLP- Chicken	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Diabetes Cooking Class 11:00 Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	Chili Cook-Off 5:00 PM
19	20	21	22	23	24	25
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Euchre 1:30 TLP- Potluck	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00 Coffee & Conversation Skin Care	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	
26	27	28	29	30	31	
Pepper 2:00	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Euchre 1:30 TLP- Roast Pork	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	

TLP = Tuesday Lunch Program

SUNDAY	KEGULAK CENIIKE ACIIVIIIES - FEBRUARY 2020 SUNDAY MONDAY TUESDAY	SKUAKY 2020 TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Regular Daily Schedule						
2	3	4	5	9	Z	8
Pepper 2:00 PM	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Eucher 1:30 TLP- Lasagna	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	
6	10	11	12	13	14	15
Pepper 2:00 PM	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Eucher 1:30 TLP- Roast Beef	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Valentine's Party 11:30 Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	
16	17	18	19	20	21	22
Pepper 2:00 PM	Family Day Closed	Breakfast 8:30 Lunch 12:00 Eucher 1:30 <b>TLP- Potluck</b>	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00 OACAO Workshop	Yoga 10:00 Pepper 7:00	
23	24	24	26	27	28	29
Pepper 2:00 PM	Line Dancing 9:00 Sewing Group 10:00 Bridge 12:30 Uno 2:00	Breakfast 8:30 Lunch 12:00 Eucher 1:30 <b>TLP- Salmon</b>	Art Group 9:00 Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 Cribbage 2:00 Line Dancing 7:00	Yoga 10:00 Pepper 7:00	Card Party Noon
Tuesday Lunch Progr	Tuesday Lunch Program = TLP @ Noon unless specified otherwise	ess specified otherwise	a			

Inesday Lunch Program = ILP @ Noon unless specified otherwise

JOIN US

TUESDAYS

FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

# Enjoy a worry-free retirement at Chartwell Leamington





rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round. You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

Join us for a complimentary lunch! Book your personal visit today.



1 Henry Avenue, Leamington 519-973-6317 • CHARTWELL.COM



Virginia Beach

8 Days - Departs Apr 27 – Where Chesapeake Bay and Atlantic ocean meet, a unique coastal community awaits our arrival! The Aquarium and Marine Science Center followed by a sail on a Dolphin Cruise



lets us explore the local maritime life. The Military Aviation Museum, Naval Air Station Oceana, Norfolk Botanical Gardens, Cape Henry Lighthouse and First Landing Cross all offering unique highlights of the area. Experience the Virginia International Tattoo, the largest military musical display in the U.S. Twin per person \$2,179.00 CDN HST does not apply

#### Washington Cherry Blossoms

5 Days - Departs Apr 2 - Breathtaking blossoms are the backdrop for this memorable journey as we discover Washington DC. Experience

and innovation at the Smithsonian Institute, revel in the architecture during a guided city tour, a visit to Arlington Cemetery gives us an appreciation for today and reserved seats for the Cherry Blossom Parade allow us to marvel in the beauty and diversity of this truly remarkable city. Twin per person \$1,439.00 CDN HST does not apply



Free Shuttle Service to join any tour from local pick up points

#### **Azaleas and Cherry Blossoms**



9 Days - Departs Mar 27 - The Old South, Cherry Blossoms, Azaleas and sweet tea conjure up an image in our minds of total relaxation. So let us guide you on a spring journey to the sweetest discoveries! In Macon, GA enjoy the southern hospitality of what's become known as "the Pinkest Party on Earth" as 300,000 Yoshimo Cherry Trees bloom and in Savannah,

history surrounds us in the Victorian homes, squares and gardens. A Riverboat dinner cruise on the Savannah River lets us discover this southern charm from a different angle. Twin per person \$2,149.00 CDN, HST does not apply

#### Viking Trail of Newfoundland

12 Days - Departs Jun 9, Jun 23, Jun 30, Jul 7, Jul 14, Jul 21, Aug 4, Aug 18 or Sep 1 - Newfoundland is like nowhere else! The people that call this home welcome us as we become members of the Royal Order of Screechers! Beautiful Coastlines, Whales, Icebergs, magnificent wildlife and vistas make touring this most Easterly point

in Canada a must! From present day fishing communities to a Viking village the sights, culture & culinary treasures leave us in awe of the "Rock". A Heritage site in Labrador offers us a glimpse of a way of life long forgotten. Come experience the uniqueness of Newfoundland! Twin per person \$4,939.00 CDN (incl. 682.61 taxes & Round Trip Air from Toronto)



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Lisa Mayea is an Audiologist, and has worked in Leamington for over 18 years. M.Sc., Aud (C), Registered with CASLPO/CASLPA



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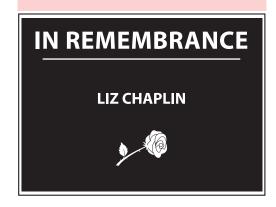
FEBRUARY	
CAROL GOW	3
DELORES JAKOB	3
LILY SHUSTER	3
LOCKY BECKSTEAD	11
HELEN SLAVIK	12
GAIL GRANT	14
VICKIE HALEY	17
GLENN SELLICK	19
IDA SMITH	19
GARRY McMULLIN	24
RON METZ	24
ISABELLE WEBSTER	24
SOPHIA LINNER	25
RICK THORPE	25
PATRICK SANFORD	26
JOE GEORGES	28

# **WELCOME**NEW MEMBERS

Gord & Ila Ellis,
Doreen Hillier,
Joyce Wiper, Dawn Grant,
Dennis McCarney,
Carol Ives,
Lorlee & Wayne Cunliffe,
Dick & Marilyn Poole
& Ray Fournier

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre



## **UPCOMING EVENTS**

**Diners Club** 

#### **Diabetes Cooking Class**

January 16, we are having a Diabetes Cooking Class at 11:00 a.m. They will be held every two months. Please sign up in advance.

#### **Fundraisers**

Chili Cook-Off January 18, Valentine's Lunch and Game day February 13 and a Card Party February 29. the Centre for lunch and an afternoon of fun. Why Get your tickets early.







here at the Centre and carpool.

PLEASE ATTEND AND HELP SUPPORT OUR FUNDRAISERS!

PLEASE HELP TO SUPPORT OUR EVENTS

Diners Club - Held the second Thursday of each

Thursday, January 9 at Crave, in Leamington. On

February 13 at we are having a Valentine's party at

not bring a friend and join us? Sign-up, or call the

office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet

month, and is open to members and non-members

who meet each month to go out to supper together at a local restaurant. Join the group at 5:00 pm on

**AND FUNDRAISERS** 

## **COMMUNITY NEWS**

#### **NEWS BOARD**

Watch the board for POSTING OF EVENTS which are scheduled after the printing of the newsletter. Or visit our web site and click on Events Calendar.

#### **FOR SALE**

The artworks displayed by the Leamington & District Half-Century Centre's Art Group are for sale Various paintings and prices. Funds contribute to the cost of the center's services.

#### **NEED A RIDE?**

Need a ride to an appointment, shopping or groceries?

Friendly, Helpful Service.

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To make an appointment.



### **GROOMING**

By Danielle

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## **VOLUNTEERS NEEDED**

Help people. Improve lives. Volunteer.

South Essex Community Council is looking for volunteers to help our community. Many positions including Meals on Wheels deliverer, friendly visitor, youth program assistant & tutor are available with flexible hours that work around your schedule.

For more information contact Stephen at 519-326-8629 or sgard@secc.on.ca.



# Our signature chicken soup feels just like home!

Restaurant-style dining and special daily features mean the choice is always yours. Select from a variety of dining options three times daily, including a hot or express breakfast for the days you're on the go!

Enjoy a vibrant new retirement lifestyle in Leamington.
Supported Independent Living, Assisted Living and Memory Care.

# Leamington and District Half Century Centre's 5<sup>th</sup> Annual



# Saturday January 18 5:00 P.M. Cost \$10.00

Come vote for your favourites. Colasanti's, Knights of Columbus, Armando's, Half Century Centre, and more will all be creating their masterpiece. See if you agree with the judges.

Join us a 160 Talbot St. E Leamington

