

July-August 2019

Centre's CHATTER



Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!

*Remember: You do not stop laughing because you grow old,
you grow old because you stop laughing.*



From the President *Homer Vandervecht*

Another business year has begun at the Leamington and District Half Century Centre. My thanks to the members for their participation and Strawberry Social. I am proud to serve as your President and look forward to a busy and successful year for the Centre. On behalf of all the members I extend our great appreciation to Cliff Hartwick for his dedication and hard work during his term as President.

Several years ago, Betty and I moved back to Leamington. As soon as we had placed our furniture and stacked the dishes in the cupboards, we drove to the Half Century Centre and became members ... then we bought some groceries.

We were made to feel welcome immediately and very quickly made dozens of new friends. The fellowship at card parties, dinners, and many other activities, is something we always look forward to.

I recently overheard a card player wonder with his friends what they would do in their spare time if there was no Centre in town. It has quickly become obvious to me that the leading reasons that our Centre is so successful is because of the dozens of volunteers, the support of the members, and the leadership of our Executive Director, Christine.

If you are not yet a member, check inside this Chatter for the activities scheduled during the next two months, then drop by and share the good times. Together we can have an enjoyable and successful year.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

BOARD OF DIRECTORS 2019-2020

PRESIDENT Homer Vandervecht

PAST PRESIDENT Cliff Hartwick

VICE PRESIDENT Roy Trowell

TREASURER Carmen Unsworth

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Carolyn Coad Brenda Zakal
Carolyn Campbell John Coggans

EXECUTIVE DIRECTOR: Christine Lehn

JANITOR: Maurice Raffoul

BOOKKEEPER: Pam Chausse

REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Diabetes Cooking Classes
- Community Living Yoga
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East,
Leamington, ON N8H 1M2
Phone: **519- 326-2521** Fax: **519-326-2348**
E-mail: **halfcenturycentre@cogeco.net**

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.
Web: www.halfcenturycentre.ca

From the Executive Director *Christine Lehn*

I wish to thank the outgoing Board Members Bill Chaplin, Beth Smith, George Clark and Sister Elaine Cole for their services. Welcome to Roy Trowell joining the Board as our new Vice President. The board will be well led by our new President, Homer Vandervecht. Also, Thanks to Sharon Matthews for all the work she did as our receptionist. She is moving and will be missed.

A big thank you to generous sponsors for our Strawberry Social. Mucci's donated strawberries, Sweet Retreat for the ice cream. Please support these companies that support us.

We have exciting renovations happening at the Centre this summer. In July we will be renovating the west room and in August, the Kitchen and East Room Washrooms. Please be considerate of the contractors. I will be posting any changes to the schedule due to construction. Some of the changes are possible due to a generous donation from the Estate of Donna Barrows. A big thank you to her family.

We again have trips to Petrolia planned. Please sign up early as I need to pay for the tickets one month in advance. I hope everyone enjoys our special fundraising activities. Come out for a laugh at our Comedy Show.

Happy Canada Day!

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) are the official newsletters of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of older adults. Visit our website to subscribe. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our print edition.

Design & Digital Production by Rob Shaw Media.

BUS TRIPS From Leamington Half Century Centre to Victoria Playhouse Petrolia

\$85 *PER SHOW INCLUDES TRANSPORTATION*

We will stop at a restaurant for lunch which is not included in the price.

Only 24 tickets per show available, get yours early.

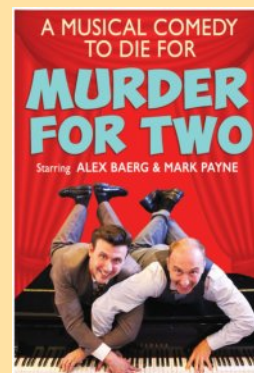
See Christine in the office.

Departure at 9:45 a.m. • Return approx. 6:45 p.m.

Murder For Two - Matinee Performance

WEDNESDAY, JULY 3

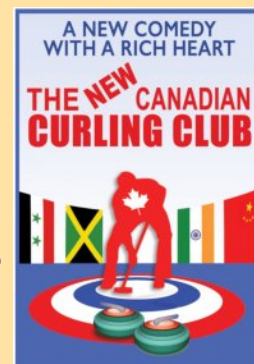
Everyone is a suspect in this hilarious musical murder mystery with a twist: One actor investigates the crime. The other plays all of the suspects – and both while playing the piano! One fateful night a famous novelist is killed...fatally. With a real detective nowhere to be found, a small town officer has the chance to prove his sleuthing skills. Multitalented VPP favorites Mark Payne and Alex Baerg are sure to put the 'laughter' in 'manslaughter'.



The New Canadian Curling Club - Matinee Performance

FRIDAY, AUGUST 9

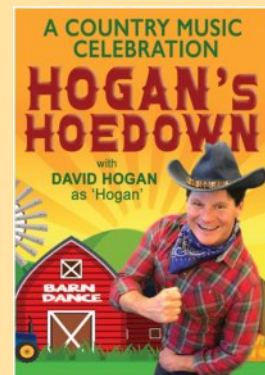
From Mark Crawford, the playwright who brought us the smash hit The Birds and the Bees, comes a new comedy set in a small town in rural Southwestern Ontario with an ice rink, a refugee resettlement, and a 'Learn to Curl' class. Trouble is, the reluctant coach has some strong opinions about immigrants. What follows is a hilarious and inspiring story of a group of unlikely would-be athletes who face off against local prejudice to become a true team.



Hogan's Hoedown- Matinee Performance

TUESDAY, SEPTEMBER 17

Get ready to swing your partner, kick up your heels & boogie in your boots 'cause David Hogan is hosting a Hoedown. By overwhelming supply and demand, David takes the stage for the first time at the VPP. You'll laugh your overalls off and stomp your two left feet as you witness the most electrifying hootenanny this side of Watford. Featuring classics like Cow Patti and May the Bird of Paradise Fly Up Your Nose ...at least he thinks they're classics.



REGULAR CENTRE ACTIVITIES

ART GROUP	WEDNESDAY	9:00a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
BRIDGE (Contract)	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.
CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY & THURSDAY	9:00 a.m. 7:00 p.m.
PEPPER	SUNDAY & WEDNESDAY & FRIDAY	2:00 p.m. 7:00 p.m. 7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
QUILTING GROUP	MONDAY	9:00 a.m.
SHUFFLEBOARD	WEDNESDAY	1:30 p.m.
UNO	MONDAY	2:00 p.m.
YOGA	FRIDAY	10:00 a.m.

REGULAR PROGRAMS

DRIVE TEST: G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110; **do not call the centre.**

PARKINSONS EXERCISE & SUPPORT GROUP – Tuesdays 10:30 a.m.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH MENU

July 2	Meatloaf
July 9	Chicken
July 16	Potluck
July 23	Ham & Scalloped Potatoes
July 30	Liver & Onions
Aug 6	Roast Beef
Aug 13	Spaghetti & Meatballs
Aug 20	Potluck
Aug 27	Pork Chops

Thank you for your continued support of our Tuesday Lunch Program.



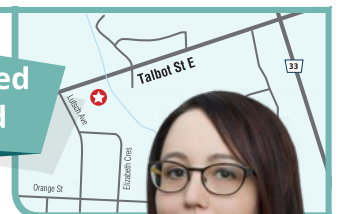
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Home*



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Leamington District Half Century Centre
Presents



BBQ
&

Comedy Show

Saturday, July 20, 2019

Noon

Cost \$12

Enjoy a BBQ Hotdog, salad and dessert, followed by a comedy show. Contact Christine if interested in being in the show. Tickets available.

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The "Big Apple" boasts an amazing history starting at Ellis Island with Lady Liberty standing watch. A visit to the 911 Memorial and Museum, views from the "Top of the Rock" and a city tour are a few highlights. While enjoying New York from our midtown Manhattan accommodations explore on your own Radio City Music Hall, a Broadway performance or cruise on the Hudson River the choices are limitless. Twin per person \$1,479.00 CDN HST does not apply *Sep/Oct surcharge \$80.00 per person



Algonquin Provincial Park

3 Days - Departs Sept 16 - Experience one of Ontario's treasures this Fall....Algonquin Provincial Park. Magnificent scenery, cultural history and a natural wonderland full of autumn colours awaits you! Discover The Algonquin Logging Museum bringing to life the story of logging, the Canadian Canoe Museum and awe at breathtaking vistas as we cruise on Lake Muskoka and explore The Whetung Ojibwa Craft and Art Gallery offering an impressive collection of artisans talents. Twin \$729.00 per person (83.87 HST incl.)

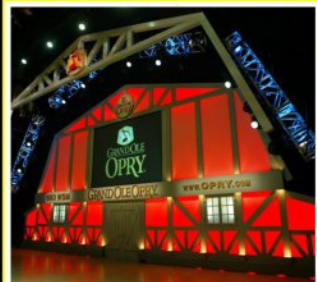


Explore!

Free Shuttle Service to join any tour from local pick up points

Nashville & Pigeon Forge Getaway

7 Days - Departs Sep 10 or Nov 19** Discover Dollywood, Smoky Mountain Opry and Pigeon Forge. Experience the Grand Ole Opry and famous Ryman Auditorium in a city steeped in history and bursting with energy. The Country Music Hall of Fame and Johnny Cash Museum introduces us to the generations that sculpted the music industry. A Luncheon Cruise on the General Jackson Showboat is a great representation of Tennessee's Victorian history. An extraordinary tour!! Twin per person \$2,089.00 CDN HST does not apply *Nov will feature Christmas shows

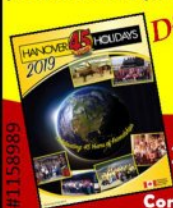


Agawa Canyon Fall Foliage

5 Days - Departs Sept 23, 27, 29, Oct 4 or 6 - Surround yourself with the beauty of nature found in northern Ontario and enjoy the most vibrant colours created by the fall foliage!! A Train Excursion immerses us in the picturesque and tranquil landscapes painted with the seasons richest hues. A Horse Drawn Carriage tour on Mackinac Island gives us time to experience a much slower pace while discovering the quaint community and indulging in the famous Grand Hotel Luncheon Buffet. Bring your camera to capture these incredible vistas! Twin \$1,279.00 per person CDN (incl. 57.07 HST)



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Gary McArdle is a Hearing Instrument Dispenser, registered with ADHIP and has worked in his field for **32 years.**

Lisa Mayea is an Audiologist, and has worked in Leamington for over **18 years. M.Sc., Aud (C).** Registered with CASLPO/CASLPA.

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REGULAR CENTRE ACTIVITIES - JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
● Regular Daily Schedule	Canada Day Closed	+ Reg. Daily Sched. TLP-Meat Loaf	Band Practice 10:00 AM Petrolia Trip + Reg. Daily Sched	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
7	8	9	10	11	12	13
Pepper 2:00 PM	Foot Care Clinic Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	+ Reg. Daily Sched. TLP-Chicken	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 5:00 PM @ The Lucky Kitchen	Yoga 10:00 AM Pepper 7:00 PM	
14	15	16	17	18	19	20
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Blood Pressure Clinic + Reg. Daily Sched. TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Diabetes Cooking Class + Reg. Daily Sched	Yoga 10:00 AM Pepper 7:00 PM	Comedy Show & Hotdog BBQ Noon
21	22	23	24	25	26	27
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Ham & Scallop Potatoes	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
28	29	30	31			
Pepper 2:00 PM	Foot Care Clinic + Reg. Daily Sched.	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Liver and Onions	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

JOIN US
TUESDAYS
FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

REGULAR CENTRE ACTIVITIES AUGUST 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
● Regular Daily Schedule				Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yard Sale 5-7 PM	Yard Sale 9-12 PM
4	5	6	7	8	9	10
Pepper 2:00 PM	Civic Holiday Closed	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Roast Beef	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 5:00PM @Jose's Bar & Grill	Yoga 10:00 AM Pepper 7:00 PM Petrolia Trip	
11	12	13	14	15	16	17
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Spaghetti & Meatballs	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
18	19	20	21	22	23	24
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM Foot Care Clinic	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
25	26	27	28	29	30	31
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Pork Chops	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	

TLP = Tuesday Lunch Program



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HAPPY BIRTHDAY TO OUR MEMBERS

JULY

MARIE ELLWOOD	2
DELORES NEAR	2
NORBERT GISI	3
JOHN KLEIN	8
NINA TOWLE	13
PEGGY DELANEY	14
ELAINE TAYLOR	14
MARILYN WHITLE	16
MARILYN HELKIE	16
EILEEN McINTOSH	16
SANDRA SCHUMACHER	19
PATRICIA SANFORD	22
MARIANNE BECKSTEAD	23
CAROLYN CAMPBELL	25
JILL NICHOLLS	28

AUGUST

MARG ROSS	3
ROSE MARIE TROWELL	3
ILENE RUDDERHAM	4
ANNE GERTZBEIN	5
NANCY SIVAK	8
ROSE COENE	9
LAURIE HYLTON	17
GEN PARENT	18
ISLE WENDLAND	21
GARRY JOHNSON	25
GAETAN LEVESQUE	25
STEVE ACOTT	29
WILF BARNET	29
JACKIE KING	29
LOUANNE REID	31



WELCOME NEW MEMBERS

LARRY LUCIER
CATHY RUBINSKI
PEGGY DELANEY
NANCY CASSELS

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre

IN REMEMBRANCE

JOAN DRESSER



PLEASE TELL THE ADVERTISERS THAT YOU SAW THEM IN CENTRE'S CHATTER!

Each Office is Independently Owned and Operated.



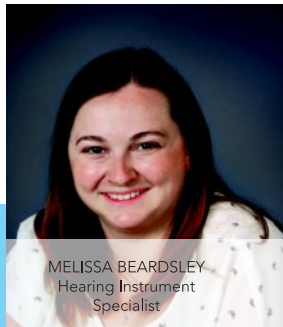
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(tentative date due to renovations and may change.)
Cost - \$5.00 per person and includes lunch.

Please register early as class size may be limited.

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barrister and solicitor

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Centre's CHATTER eBlast

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UPCOMING EVENTS

COOKING FOR DIABETES

Join us for cooking classes featuring Diabetes friendly recipes. This will tentatively begin in July 18. A change to the date may be necessary due to renovations. Cost will be \$5.00 which includes lunch. Please register early. Class size may be limited. We will hold a class every third Thursday of the month.

FUNDRAISERS

We are busy with many events. On July 20, we will have our annual Hotdog BBQ and Comedy Show. This year our Yard Sale will take place on Friday August 2 from 5 – 7 and Saturday August 3 from 9 - 12.

PLEASE ATTEND AND HELP SUPPORT OUR FUNDRAISERS!

DINERS CLUB

Held the second Thursday of each month, and is open to members and non-members who meet each month to go out to supper together at a local restaurant. Join the group at 5:00 pm on Thursday, July 11 at Lucky Kitchen in Harrow, or on August 8 at Jose's in Leamington. Why not bring a friend and join us? Sign-up, or call the office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet here at the Centre and carpool.

**PLEASE HELP TO SUPPORT OUR EVENTS
AND
FUNDRAISERS**

COMMUNITY NEWS

FOOT CARE

Feet First Foot Care Clinics

Do you need help with cutting and filing your toe nails, treating ingrown toenails, callouses and corns? Did you know the Half-Century Club offers monthly foot care clinics?

Clinics are performed by **Registered Nurse Karen Pouget** who holds a certificate in both Basic and Advanced Foot Care.

Appointments last between 30-45 min, cost \$25. (not covered by OHIP) and is covered by some health care insurance companies. A portion of the fee is given back to the Half-Century Centre.

Call Christine, in the office, to book your appointment! Come for the nail cutting and stay for the foot massage!



NEWS BOARD

Watch the board for POSTING OF EVENTS which are scheduled after the printing of the newsletter. Or visit our web site and click on Events Calendar.

FOR SALE

The artworks displayed by the Leamington & District Half-Century Centre's Art Group are for sale Various paintings and prices. Funds contribute to the cost of the center's services.



VOLUNTEERS NEEDED

Help people.
Improve lives.
Volunteer.

South Essex Community Council is looking for volunteers to help our community. Many positions including Meals on Wheels deliverer, friendly visitor, youth program assistant & tutor are available with flexible hours that work around your schedule.

For more information contact Stephen at 519-326-8629 or sgard@secc.on.ca.

Leamington & District Half Century Centre
160 Talbot St East

Yard Sale

Fri. August 2 from 5 p.m. – 7 p.m.

Sat. August 3 from 9 a.m. – 1 p.m.



Donations can be dropped off at the Centre beginning
July 29.

Proceeds support Half Century Centre

Enjoy a worry-free retirement at Chartwell Leamington



From having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

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At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round.

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