Centre's CHATTER



Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



From the President **Cliff Hartwick**

It's time for spring flowers to appear. Each year we have hosted the Baileys Concert and again we had a successful event. On behalf of the centre I would like to extend thanks to Brad, Lynn, Dale, Brian, John, and Charlene for bringing their music to us. We had a successful St Patricks Day Party. Thanks to all who participated. We lacked a few card players for our April 6th party but those in attendance enjoyed themselves.

Upcoming events include our health fair on May 3rd. Some special speakers will be in attendance. You won't want to miss this. Our annual Victoria Day weekend will feature our Pancake Breakfast on May 20th. Our Petrolia trips will start on June 6th with a musical good time & groovy tunes from 'Summer of 69'. That should bring back memories from 50 years ago.

Please be here Friday June 14th for our Annual General Meeting, followed by a Strawberry Social. Some important business is on the horizon.

I would like to thank you for your faith in me as your President this past year. We got a lot of projects done. Our Centre is both financially and physically in good shape. I look forward to working with our incoming President, Homer Vandervecht.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

BOARD OF DIRECTORS 2018-2019

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Gail Turk

EXECUTIVE DIRECTOR: Christine Lehn

JANITOR: Maurice Raffoul **BOOKKEEPER:** Pam Chausse

REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Carpet Ball, Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Community Living Yoga
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East,

Leamington, ON N8H 1M2

Phone: **519-326-2521** Fax: **519-326-2348** E-mail: **halfcenturycentre@cogeco.net**

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m. Web: www.halfcenturycentre.ca

From the Executive Director Christine Lehn

Welcome back snow birders. Spring has finally arrived. Coming up in June we will be holding our Annual General Meeting on Friday, June 14 at 1:00 followed by a Strawberry Social. This is the time for you to come and learn how the Centre is doing. We have exciting new changes in store. The first one is renovating the washrooms in the west room to make them wheelchair accessible. Please be patient with the contractors. More improvements are planned pending funding.

The first of four summer trips to Petrolia is on June 6. Sign-up sheets are posted. Remember, I need to pay for the tickets one month in advance, so please sign up early. The trips are open to members first. If any seats are available 3 weeks prior to a show a member will be able to invite one person to join us.

It has been a pleasure having Zoey complete her co-op here. She is available daily from 11:30 until 2:00 for help with your laptop, tablet, or phone until mid-June. No appointment is necessary.

Beginning in July, we will be having Cooking for Diabetes Classes. More details to follow.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) are the official newsletters of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of older adults. Visit our website to subscribe. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our print edition.

Design & Digital Production by Rob Shaw Media.

From Leamington Half Century Centre TRIPS to Victoria Playhouse Petrolia

PER SHOW INCLUDES **TRANSPORTATION**

We will stop at a restaurant for lunch which is not included in the price.

Only 24 tickets per show available, get yours early.

See Christine in the office.

Departure at 9:45 a.m. • Return approx. 6:45 p.m.

Summer Of '69 - Matinee Performance THURSDAY, JUNE 6

It's a Sunny Celebration of one of the most iconic years in music & pop culture, with songs from The Beatles, Johnny Cash, Elvis and The Guess Who, to television classics like Hee Haw and Sesame Street. So turn up the radio and let's travel back a half-century to the carefree summer of groovy tunes ... and the first man on the moon. Songs include: Galveston, Sugar Sugar, Everyday People, These Eyes, A Boy Named Sue, Honky Tonk Women, Get Together, In The Ghetto, and Sweet Caroline...bah, bah, bah!

Murder For Two - Matinee Performance WEDNESDAY, JULY 3

Everyone is a suspect in this hilarious musical murder mystery with a twist: One actor investigates the crime. The other plays all of the suspects – and both while playing the piano! One fateful night a famous novelist is killed...fatally. With a real detective nowhere to be found, a small town officer has the chance to prove his sleuthing skills. Multitalented VPP favorites Mark Payne and Alex Baerg are sure to put the 'laughter' in 'manslaughter.

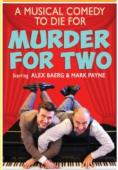
The New Canadian Curling Club - Matinee Performance FRIDAY, AUGUST 9

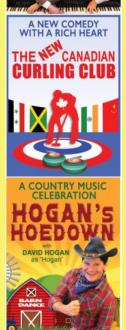
From Mark Crawford, the playwright who brought us the smash hit The Birds and the Bees, comes a new comedy set in a small town in rural Southwestern Ontario with an ice rink, a refugee resettlement, and a 'Learn to Curl' class. Trouble is, the reluctant coach has some strong opinions about immigrants. What follows is a hilarious and inspiring story of a group of unlikely would-be athletes who face off against local prejudice to become a true team.

Hogan's Hoedown- Matinee Performance **TUESDAY, SEPTEMBER 17**

Get ready to swing your partner, kick up your heels & boogie in your boots 'cause David Hogan is hosting a Hoedown. By overwhelming supply and demand, David takes the stage for the first time at the VPP. You'll laugh your overalls off and stomp your two left feet as you witness the most electrifying hootenanny this side of Watford. Featuring classics like Cow Patti and May the Bird of Paradise Fly Up Your Nose ...at least he thinks they're classics.







REGULAR CENTRE ACTIVITIES		
ART GROUP	WEDNESDAY	9:00a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
BRIDGE (Contract)	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.

CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY	9:00 a.m.
	& THURSDAY	7:00 p.m.
PEPPER	SUNDAY	2:00 p.m.
	& WEDNESDAY	7:00 p.m.
	& FRIDAY	7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
QUILTING GROUP	MONDAY	9:00 a.m.
SHUFFLEBOARD	WEDNESDAY	1:30 p.m.
UNO	MONDAY	2:00 p.m.
YOGA	FRIDAY	10:00 a.m.

REGULAR PROGRAMS

DRIVE TEST: G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110; **do not call the centre**.

PARKINSONS EXERCISE & SUPPORT GROUP – Tuesdays 10:30 a.m.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

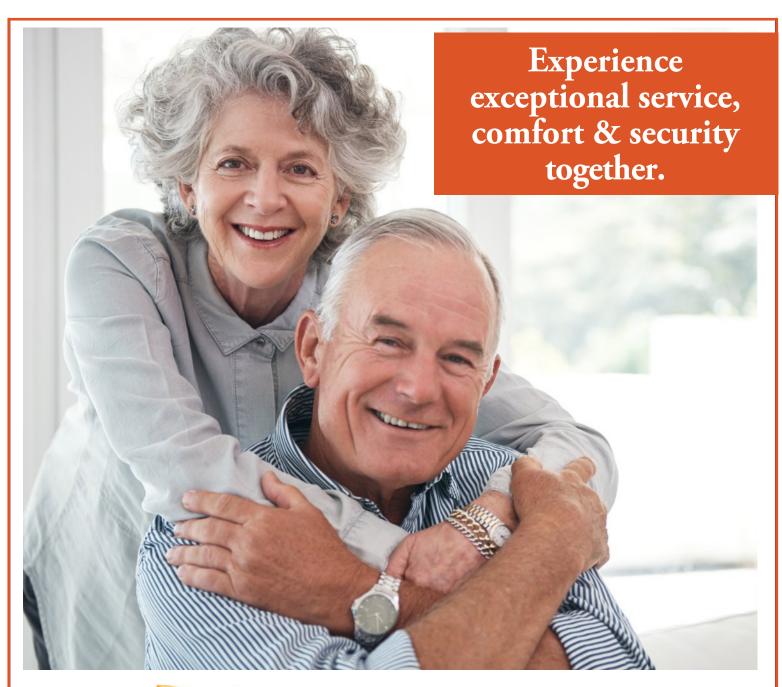
Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH MENU

May 7	Liver and Onions
May 14	Roast Beef
May 21	Potluck
May 28	Chicken
June 4	Roast Pork
June 11	.Baked Salmon
June 18	Pot Luck
June 25	.Lazy Man's Cabbage Rolls

Thank you for your continued support of our Tuesday Lunch Program.





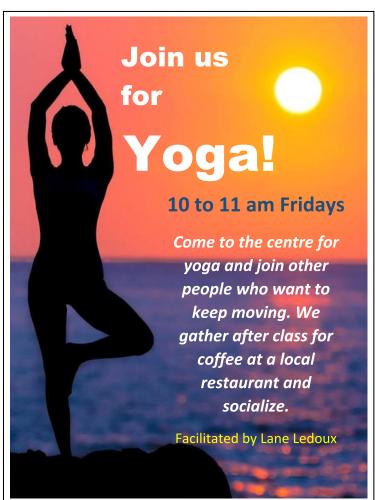




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- Within Leamington, Kingsville & Wheatley (Monday Friday): \$12 round trip
- To Amherstburg, Essex, Lakeshore, LaSalle & Tecumseh (Call office): \$19 round trip
- To Windsor (Tuesdays & Thursdays only): \$28 round trip

CONTACT US: We're happy to help

215 Talbot Street East, Leamington 519.326.8629, www.secc.on.ca





Maritimes Discovery

14 Days - Departs Jun 22**, Jul 6, Jul 20, Aug 10, Sep 07, Sep 14 or Sep 21 History & culture surround you during this wonderful east coast experience! As we journey through Explore! Quebec City, Halifax, Sydney, Cape Breton Island, Charlottetown & Fredericton marvel at natures' Learn how to fish for landscapes. Lobster during a boat cruise, visit Peggy's Cove, the Cabot Trail, Fundy National Park and Anne of Green Gables Home. The many highlights on

our travels will leave you in awe of our Canadian Heritage!! Twin per person \$3,759.00 CDN (incl. 463.70 HST) **Surcharge \$60.00 Jun 22 Tattoo Departure

Musical Extravaganza

10 Days - Departs Jun 6, Sep 12 or Oct 17 Music Legends, hospitality, history and first class entertainment are all a must to experience!! Explore the history at the Country Music Hall of Fame, Studio B and the Ryman. Discover the legends of Loretta Lynn and Elvis and their unique stories. Clay Coppers Country Express Presleys' Country Jubilee and the Haygood's Shows all offer us

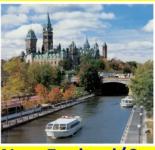


fabulous toe tapping entertainment. The Branson Belle Showboat hosts us for an incredible dinner and show rounding out an exceptional musical extravaganza! Twin per person \$2,679.00 CDN HST does not apply

Free Shuttle Service to join any tour from local pick up points

Ontario & Quebec

The Best of Ottawa, Montreal, Quebec City-7 Days-Departs Jul 5, Aug 24, Sep 6 or Oct 5 - History, art, tradition, architecture and unforgettable views, we have it all in our own backyard!! Ontario &



Quebec host us for an illuminating adventure as we explore and discover Ottawa, Montreal and Quebec City. Notre Dame Basilica, Canadian History Museum, Grand Canyon of Ste. Anne Falls, the famous Byward Market and cobblestone streets are all a part of Canadian heritage, come experience the beauty of our home! Twin per person \$1,729.00 CDN (incl.

New England/Cape Cod 7 Days-Departs Jun 9,**Jul 21,*Aug 25,

Sep 8, Sep 15 or Sep 22 - Spend 4 nights in Cape Cod at a fabulous oceanfront Beach Resort, indulge in the fare of the ocean, the rich history, opulent "summer cottages" and magnificent views! Tour the Breakers, stroll the Wharf, catch sight of the Whales or explore the Dunes. Plymouth Rock, a Pirate Museum and



ferry to Martha's Vineyard for an Island experience are just a few of the highlights that make this a must see! Twin per person \$1,799.00 CDN HST does not apply **Surcharge of \$200.00 twin July *Surcharge of \$50.00 twin August

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Gary McArdle is a Hearing Instrument Dispenser, registered with ADHIP and has worked in his field for 32 years.

Lisa Mayea is an Audiologist, and has worked in Leamington for over 18 years. M.Sc., Aud (C), Registered with CASLPO/CASLPA



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THURSDAY!

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Anisha Nayar, Rph, PharmD. Pharmacist/Owner

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Regular Daily Schedule			Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00 Band Practice 10:00 AM	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Healthy Aging Expo 10:00 - 3:00	
5	9	7	00	6	10	11
Pepper 2:00 PM	Foot Care Clinic Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Liver and Onions	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 4:30 PM @The Pogue	Yoga 10:00 AM Pepper 7:00 PM	
12	13	14	15	16	17	18
Mother's Day	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Blood Pressure Clinic + Reg. Daily Sched. TLP-Roast Beef	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Euchre Erie Glen	Yoga 10:00 AM Pepper 7:00 PM	
19	20	21	22	23	24	25
Pepper 2:00 PM	Victoria Day Pancake Breakfast	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Hearing Clinic	Yoga 10:00 AM Pepper 7:00 PM	
26	27	28	29	30	31	
Pepper 2:00 PM	Foot Care Clinic + Reg. Daily Sched.	+ Reg. Daily Sched. TLP-Lazy Man's Cabbage Rolls	Senior Games Euchre	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
Tuesday Lunch Progr	Tuesday Lunch Program = TLP @ Noon unless specified otherwise	ss specified otherwise	ه _			

REGULAR CENTRE ACTIVITIES - MAY 2019

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

JOIN US

TUESDAYS
FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

REGULAR CENT	REGULAR CENTRE ACTIVITIES - JUNE 2019	NE 2019				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Regular Daily Schedule						
2	3	4	5	9	7	8
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Roast Pork	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00 Band Practice 10:00 AM	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Petrolia Trip	Yoga 10:00 AM Pepper 7:00 PM	
6	10	11	12	13	14	15
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Baked Salmon Blood Pressure Clinic	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 4:30 PM @ Michigan Diner	Yoga 10:00 AM Pepper 7:00 PM Annual General Meeting 1:00 pm Strawberry social 2:30	
16	17	18	19	20	21	22
Father's Day	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM Foot Care Clinic	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
23	24	25	26	27	28	29
Pepper 2:00 PM 30 Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Lazy Man's Cabbage Rolls	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
TI D - Tuesday I und bearing						

TLP = Tuesday Lunch Program

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JUNE	
BETTY VANDERVECHT	4
BARBARA JACOBS	6
COLEEN SZURA	7
VICKI HARRIS	8
SHARON LUTZ	8
WILMA DIBBLEY	12
HELEN PREYDE	15
JOHN COGGANS	18
JOYCE GAMMIE	22
TONY COLLINGS	22
MIEKE DUFOUR	23
LARRY DESCHAMPS	23
JOYCE HATT	23
ROGER COTE	25
KATHLEEN TOPPI	29
SHARON MATTHEWS	30



WELCOME NEW MEMBERS

Chris Kelly Dennis Tatomir
Mary Almasi Marie Saad
Walter Balsam Rowe Deans
Kathy Bechard Marilyn Harrison
Gloria Baker Marianne and
Bob Affleck Locky Beckstead

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre

IN REMEMBRANCE

ELEANOR MARTIN



PLEASE TELL THE ADVERTISERS THAT YOU SAW THEM IN CENTRE'S CHATTER!





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Leamington and District Half Century Centre

PANCAKE BREAKFAST

VICTORIA DAY Monday, May 20 10:00 - 11:00 am

Cost: \$10.00

Please sign up by May 17th.

UPCOMING EVENTS

COOKING FOR DIABETES

Join us for cooking classes featuring diabetes friendly recipes. This will begin in July. More details to follow.

FUNDRAISERS

We are busy with many events. On Victoria Day, we will be making pancakes and sausage. In June, we will follow our Annual Meeting with a Strawberry Social. Come to learn how things are run then stay for the treats.

PLEASE ATTEND AND HELP SUPPORT OUR FUNDRAISERS!

DINERS CLUB

Held the second Thursday of each month, and open to members and non-members who meet each month to go out to supper together at a local restaurant. Join the group at 5:00 pm on Thursday, May 9 at The Pogue, Wheatley, or on June 13 at Michigan Diner, Essex. Why not bring a friend and join us? Sign-up, or call the office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet here at the Centre by 4:30 and carpool.

PLEASE HELP TO SUPPORT OUR EVENTS
AND
FUNDRAISERS

COMMUNITY NEWS

FOOT CARE

Feet First Foot Care Clinics

Do you need help with cutting and filing your toe nails, treating ingrown toenails, callouses and corns? Did you know the Half-Century Club offers monthly foot care clinics?

Clinics are performed by **Registered Nurse Karen Pouget**who holds a certificate in both
Basic and Advanced Foot Care.

Appointments last between 30-45 min, cost \$25. (not covered by OHIP) and is covered by some health care insurance companies. A portion of the fee is given back to the Half-Century Centre.

Call Christine, in the office, to book your appointment! Come for the nail cutting and stay for the foot massage!



NEWS BOARD

Watch the board for POSTING OF EVENTS which are scheduled after the printing of the newsletter. Or visit our web site and click on Events Calendar.

FOR SALE

The artworks displayed by the Leamington & District Half-Century Centre's Art Group are for sale Various paintings and prices. Funds contribute to the cost of the center's services.



VOLUNTEERS NEEDED

Help people.
Improve lives.
Volunteer.

South Essex Community Council is looking for volunteers to help our community. Many positions including Meals on Wheels deliverer, friendly visitor, youth program assistant & tutor are available with flexible hours that work around your schedule.

For more information contact Stephen at 519-326-8629 or sgard@secc.on.ca. The Board of Directors of the Leamington and District Half Century Centre cordially invites you to attend the



Annual General Meeting& Strawberry Social

Friday, June 14 Meeting begins at 1:00 p.m.

Followed by Strawberries & Ice Cream after the meeting.
The AGM is free to attend but the Social cost is \$5.00





Our signature chicken soup feels just like home!

Restaurant-style dining and special daily features mean the choice is always yours. Select from a variety of dining options three times daily, including a hot or express breakfast for the days you're on the go!

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