Centre's

Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



From the President Cliff Hartwick

We're happy the 2019 Polar Vortex is now over and we are ready to welcome Spring and the warmer weather, the return of songbirds and fresh new flowers. I want to thank you all for coming out and enjoying our activities; we had a successful Chili Cook-Off Valentine's Party. Our membership has surpassed the last several years. Thanks for coming to the Centre and adding to the fun.

Over the next few months we look forward to hosting our St. Patrick's Day Corned Beef and Cabbage Dinner on March 16, a Card Party on April 6 and the Bailey's Concert on April 27. We hope to see you there. I will also mention the Spring Murder Mystery Dinner at the Knox Church to be held on March 30.

I wish to acknowledge and thank the family of Donna Barrows for their generous gift from her estate. It was disheartening to hear from Trillium Ontario that we would not be receiving any money from them to make upgrades. Your support of our fundraisers can help top up our shortfall.

The Centre is now looking forward to viewing your submissions for painted murals on the outside of the west wall. We hope visitors to Leamington will enjoy the paintings which will represent our activities here.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

BOARD OF DIRECTORS 2018-2019

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JANITOR: Maurice Raffoul **BOOKKEEPER:** Pam Chausse

REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate), Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Community Living Yoga
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

160 Talbot Street East,

Leamington, ON N8H 1M2

Phone: **519-326-2521** Fax: **519-326-2348** E-mail: **halfcenturycentre@cogeco.net**

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m. Web: www.halfcenturycentre.ca

From the Executive Director Christine Lehn

How did everyone enjoy our cold blast in January? It won't be long before the warm weather is here again. This is a busy time of year for us here at the Centre. Beginning March 8, we will again be holding our Income Tax Clinic. Low income people can bring their taxes in to be prepared by our dedicated volunteers. They spend countless hours helping others. Thank you to Lionel Aasen, Margaret Ketler, Jill Tracey and Mark Stevenson.

The Centre's year end is March 31. Membership for next year is due then. We are also looking for four members to serve a three-year term on our Board. Have your say as to how the Centre is run. Please speak to any current Board member or myself if you are interested.

We have installed a new sound system. Everyone will be able to hear when we have events. Coming up soon are the St. Patrick's Day Corned Beef and Cabbage, followed by the Bailey's Concert in April. Tickets are available.

May 3, we are hosting a Health Expo. There are exciting new changes this year. Special guest speakers will be giving us valuable information. Come and check it out and bring a friend. Admission is free.

Until the end of June, we will have a student here to assist anyone wanting to learn computers or tablets. Stop in and talk to me.

NEWSLETTER PRINT EDITION: Mailed to you \$13.00 per year for 6 issues. DIGITAL EDITION: 24 emails per year. Subscribe for free at: www.halfcenturycentre.ca/newsletter/subscribe-to-eblast/

Centre's Chatter (printed, 6 times per year) and eBlast (emailed to subscribers twice per month) are the official newsletters of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of older adults. Visit our website to subscribe. Please contact us if you have comments, contributions, or if you would like to purchase advertising, or be a distributor of our print edition.

Digital Production by Rob Shaw Media.







Leamington Half Century
Centre

St. Patrick's Day Party Saturday, March 16

Corn Beef &

Cabbage Dinner

Cost \$15.00

5:00 p.m.

Please purchase tickets by March 8th.



REGULAR CENTR	E ACTIVITIES	
GROUP	WEDNESDAY	9:00a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
BRIDGE (Contract)	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.
CRIBBAGE	THURSDAY	2:00 p.m.

CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY	9:00 a.m.
	& THURSDAY	7:00 p.m.
PEPPER	SUNDAY	2:00 p.m.
	& WEDNESDAY	7:00 p.m.
	& FRIDAY	7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
QUILTING GROUP	MONDAY	9:00 a.m.
SHUFFLEBOARD	WEDNESDAY	1:30 p.m.
UNO	MONDAY	2:00 p.m.
YOGA	FRIDAY	10:00 a.m.

REGULAR PROGRAMS

DRIVE TEST: G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110; do not call the centre.

PARKINSONS EXERCISE & SUPPORT GROUP – Tuesdays 10:30 a.m.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH MENU

Mar 5	Pork Loin
Mar 12	Turkey
Mar 19	Potluck
Mar 26	Lasagne
Apr 2	Sausages And Bruschetta
Apr 9	Roast Chicken
Apr 16	Potluck
Apr 23	Chili and Noodles
Apr 30	.Pasta Carbonara

Thank you for your continued support of our Tuesday Lunch Program.





Our signature chicken soup feels just like home!

Restaurant-style dining and special daily features mean the choice is always yours. Select from a variety of dining options three times daily, including a hot or express breakfast for the days you're on the go!

Enjoy a vibrant new retirement lifestyle in Leamington.
Supported Independent Living, Assisted Living and Memory Care.



Northwest Territories



12 Days - Departs Jul 15 - Journey above the Arctic Circle. Canada's far north is an experience of a lifetime and with tours of Inuvik, Yellowknife & Tuktoyaktuk the rugged beauty created by nature is breathtaking. Explore the land, wildlife and culture unique to this northern region. Dip your toe in the Arctic Ocean, be amazed by a local Dene artisan, catch sight of a Whooping Crane or envision life in an ice house. An opportunity to

be amazed by this Canadian way of life. Twin per person \$6,989.00 CDN (incl 535.75 taxes) Includes Round Trip Air from Toronto

Eastern Townships of Quebec

4 Days - Departs Jul 3 - A spectacular indulgence for the senses! Specialty wines of Le Mas des Patriotes Winery, the decadent

offerings of The Chocolate Museum of Discover! Confectionery, the unique and ancestral techniques of making Marseille soap at Savon des Cantons. We visit the Bombardier Museum, Armand dedicated to the inventions of a fascinating individual, ingenious inventor and pragmatic visionary, then discover the thousand and one secrets of lavender at the Blue Lavender Farm. Twin per person \$989.00 (incl. 82.75 HST)



Free Shuttle Service to join any tour from local pick up points

Branson Missouri and the Ozarks

7 Days - Departs May 1, Jun 5, Aug 7, Sep 4, Oct 16 or Nov 20 Music makes my heart sing and yours will too!!Tap your toes to the



nd yours will too!!!ap your toes to the beat of Clay Cooper, step back in time to the "rock and roll of the 50's & 60"s, Raiding the Country Vault and C.J. Newsom's Classic Country Shows are mesmerizing displays of talent! Our days are filled with music as we are captivated by many performances. The Branson Belle Showboat hosts us for an entertaining lunch and vistas that will amaze! Twin per person \$1,649.00 CDN HST does not apply

The Ark Encounter and Creation Museum The most authentic replica of Noah's Ark in the world! - 4 Days

Departs May 6, Jun 17, Jul 29 or Aug 19 Journey through biblical history and marvel at the Garden of Eden. Discover state-of-the-art exhibits, fossils, theater productions and a Botanical Garden sure to leave you in awe. Let your imagination take over in the Planetarium or as we discover a life size Noah's Ark! Three decks of world-class exhibits specially designed to answer your questions about the biblical account of Noah's Ark. A



fabulous dinner cruise on the Ohio River lets us relax and enjoy the views. Twin per person \$999.00 CDN HST does not apply.

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COMMUNITY SUPPORTS FOR OLDER ADULTS







SOUTH ESSEX COMMUNITY COUNCIL: Foot Care Clinic

Foot care is a great way to maintain overall foot health and can help identify other health issues, too. In our clinic, specially trained nurses provide foot washing, nail trimming, corn and callus reduction, padding and foot massage services. The cost is \$25.00 per visit and user fees may be covered by Veterans Affairs Canada.

CONTACT US: We're happy to help

215 Talbot Street East, Leamington 519.326.8629

www.secc.on.ca

Helping people. Improving lives.

Leamington Half Century Centre

160 Talbot St. E

Card Party
Saturday, April 6
12 noon

A fun filled afternoon of Bridge and Pepper which starts with a Soup and Sandwich lunch. All for only \$10.00



Please sign up by April 1 or by calling 519-326-2521. Check off if you can bring Sandwiches, Soup or Desserts.

REGULAR CENT	REGULAR CENTRE ACTIVITIES - MARCH 2019	ARCH 2019				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
Regular Daily Schedule					Yoga 10:00 AM Pepper 7:00 PM	
ĸ	4	5	9	7	8	6
Pepper 2:00 PM	Foot Care Clinic Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Pork Loin	Band Practice 10:00 AM + Reg. Daily Sched.	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	
10	11	12	13	14	15	16
Daylight Savings Begins Pepper 2:00 PM	Income Tax Clinic Begins + Reg. Daily Sched.	Blood Pressure Clinic + Reg. Daily Sched. TLP-Turkey	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 4:30 PM @ Chuckwagon	Yoga 10:00 AM Pepper 7:00 PM	St. Patrick's Dinner 5:00 p.m.
17	18	19	20	21	22	23
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Hearing Clinic	Yoga 10:00 AM Pepper 7:00 PM	
24	25	26	27	28	29	30
Pepper 2:00 PM	Foot Care Clinic	Breakfast 8:30 AM	Art Group 9:00 AM Bridae 1:30	Darts 1:30 PM	Yoga 10:00 AM	
31 Pepper 2:00 PM	+ Reg. Daily Sched.	Euchre 1:30 PM TLP-Lasagne	Shuffleboard 1:30 Pepper 7:00	Cribbage 2:00 PM Line Dancing 7:00 PM	Pepper 7:00 PM	
Tuesday Linch Progr	Thesday Linch Program ≡ TIP @ Noon iinless specified otherwise	ses specified otherwise	a			

Fuesday Lunch Program = TLP @ Noon unless specified otherwise

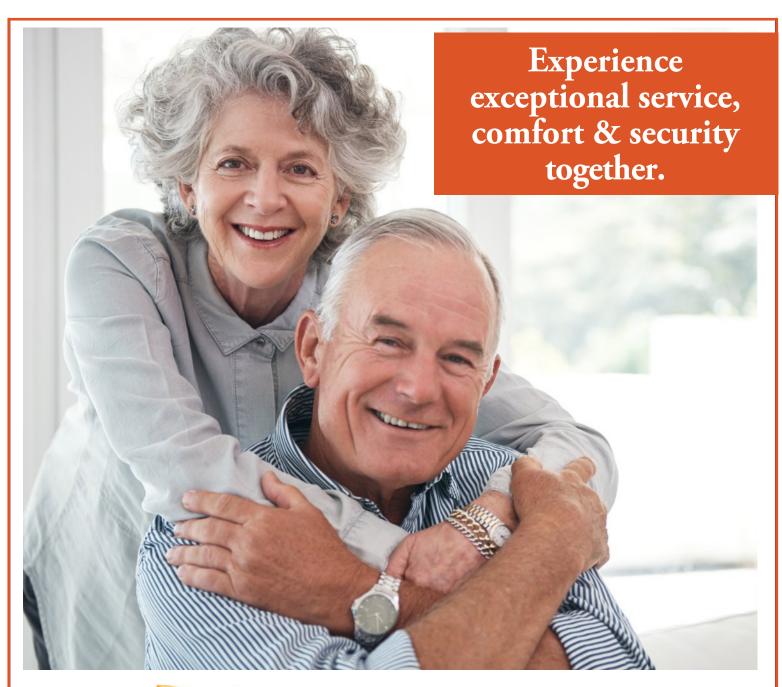
JOIN US TUESDAYS FOR LUNCH

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

		orii zors				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	9
Regular DailySchedule	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Brushetta & Sausage	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM	Card Party 12 noon
7	8	6	10	11	12	13
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Roast Chicken	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM Diner's Club 4:30 PM @ Ray's Ribhouse	Yoga 10:00 AM Pepper 7:00 PM	
14	15	16	17	18	19	20
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM Foot Care Clinic	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Potluck	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Good Friday CLOSED	
21	22	23	24	25	26	27
Easter Sunday	Easter Monday CLOSED	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Chili & Noodles	Art Group 9:00 AM Bridge 1:30 Shuffleboard 1:30 Pepper 7:00	Darts 1:30 PM Cribbage 2:00 PM Line Dancing 7:00 PM	Yoga 10:00 AM Pepper 7:00 PM Income Tax Clinic Ends	Bailey's Concert 3 PM, Dinner at 5:00 PM
28	29	30				
Pepper 2:00 PM	Line Dancing 9:00 AM Sewing Group 10:00 AM Bridge 12:30 PM UNO 2:00 PM	Breakfast 8:30 AM Lunch 12:00 PM Euchre 1:30 PM TLP-Pasta Carbonara				

TLP = Tuesday Lunch Program







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Gary McArdle is a Hearing Instrument Dispenser, registered with ADHIP and has worked in his field for 32 years.

Lisa Mayea is an Audiologist, and has worked in Leamington for over 18 years. M.Sc., Aud (C), Registered with CASLPO/CASLPA.

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MARCH ROTH, BOB 3 FLORENO, CHARLENE 5 5 JACKSON, RITA WEBSTER, MALCOLM 6 HAMILL, ELLA 13 JOHNSTON, GAIL 15 NICHOLSON, MAME 17 CLARK, GEORGE 20 WOELK, JOHN 20 MIKOLASH, PAULINE 22 DAVISON, LEROY 23 YOUNG, EVELYN 24 JACKSON, DONALD 25 VOSS, EDITH 25 MARQUIS, ALRA 27 PLANT, SHIRLEY 27 27 STEWART, CAROLYNN LEPLA, SALLY 29 MOCAN, ANN 30



HARTLEY, MAXINE	1
McCABE, ALINE	2
PUYDA, ORA	3
MARTINEAU, MONA	5
PARRY, DEREK	6
VAN ZETTEN, PETER	8
AASEN, LIONEL	10
DE QUARTEL, JUDITH	10
DAY, GIOVANNA	12
COAD, CAROLYN	13
RUDDERHAM, MIKE	15
DAROWSKI, IRENE	17
BONKINK, JAN	19
PALMER, ANNETTE	19
TROWELL, ROY	19
GOTTLER, KATIE	22
ROBINSON, VICKI	22
RIGG, MARILYN	25
SCHIEFER, EVA	25
SCHUMACHER, PAUL	26
DAMA, TONY	27
MOODY, NANCY	27
PERKES, JIM	28
HARTWICK, CLIFF	29
FOLDESI, ROSE	30
RUSSELL, SUSAN	30

APRIL

WELCOME NEW MEMBERS

Chris Kelly
Chris Baxter
Ron and Jane Ann
Churchill
Ana Covaciu
Elena Serban
Pat and Malcolm
Webster

The Leamington and District Half Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre. We welcome you, our new members, and encourage you

members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

IN REMEMBRANCE

Rose Pigeon
John Mornan
Anne Branton
Blanche Gagnier
Helmut Zimmer

PLEASE TELL THE ADVERTISERS THAT YOU SAW THEM IN CENTRE'S CHATTER!





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Volunteer Servers at our January Chili Cook-off

UPCOMING EVENTS

COFFEE AND CONVERSATION

We have an opportunity to meet the third Wednesday of each month for a chance to discuss issues important to older adults in an informal setting around the table with coffee and cookies. We host a guest speaker from various organizations in the area. Coffee & Conversation is postponed for March and April to accommodate other events.

FUNDRAISERS

We are busy with many Holiday events. We begin with a Corned Beef and Cabbage for St. Patrick's Day, March 16, a Card Party on April 6 and a Concert with the Baileys and Friends on April 27.

DINERS CLUB

Held the second Thursday of each month, and open to members and non-members who meet each month to go out to supper together at a local restaurant. Join the group at 4:30 pm on Thursday, March 14 at Chuckwagon, Kingsville, or on April 11 at Ray's Ribhouse, Leamington. Why not bring a friend and join us? Sign-up, or call the office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet here at the Centre and carpool.

PLEASE HELP TO SUPPORT OUR EVENTS
AND
FUNDRAISERS

COMMUNITY NEWS

FOOT CARE

Feet First Foot Care Clinics

Do you need help with cutting and filing your toe nails, treating ingrown toenails, callouses and corns? Did you know the Half-Century Club offers monthly foot care clinics?

Clinics are performed by **Registered Nurse Karen Pouget** who holds a certificate in both Basic and Advanced Foot Care.

Appointments last between 30-45 min, cost \$25. (not covered by OHIP) and is covered by some health care insurance companies. A portion of the fee is given back to the Half-Century Centre.

Call Christine, in the office, to book your appointment! Come for the nail cutting and stay for the foot massage!

VOLUNTEERS NEEDED

The Canadian Transportation Museum and Heritage Village is actively seeking volunteers to help in our 50's Diner, as well as for other special events. We hold our regular Thursday night cruise-ins every Thursday all summer long from 5-8 pm. If interested in volunteering please call **Becca at 519-776-6909**.

NEWS BOARD

Watch the board for POSTING OF EVENTS which are scheduled after the printing of the newsletter. Or visit our web site and click on Events Calendar.

FOR SALE

The artworks displayed by the Leamington & District Half-Century Centre's Art Group are for sale Various paintings and prices. Funds contribute to the cost of the center's services.



VOLUNTEERS NEEDED

Help people. Improve lives. Volunteer.

South Essex Community Council is looking for volunteers to help our community. Many positions including Meals on Wheels deliverer, friendly visitor, youth program assistant & tutor are available with flexible hours that work around your schedule.

For more information contact Stephen at 519-326-8629 or sgard@secc.on.ca.

Leamington and District Half Century Centre 160 Talbot Street East, Leamington

Presents



A Concert with The Bailey's and Friends

Saturday, April 27 Concert begins at 3:00 p.m. Chicken Dinner at 5:00 p.m.

Cost: \$15.00

Please purchase tickets by April 19

Performances by Brad and Lynn Bailey, Dale Butler, John Moran, Charleen Wilkinson and Brian Bailey

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rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy.

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At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round. You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

Join us for a complimentary lunch! Book your personal visit today.



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