

# Centre's

SEPTEMBER/OCTOBER 2018

# CHATTER



Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



## From the President **CLIFF HARTWICK**

Summer has quickly passed us by. We look forward to our fall programs starting with a card party on Sept 8th. The fashion show will be on Sept 12th. Our Petrolia trip is on Sept 20th and Jessie will be back with his violin. *(Don't tell anyone but it is Christine's birthday.)* The ever-popular Murder Mystery will be held on Oct 27th. You'll want to be here to see the murder unfold. We held a successful indoor yard sale and many unwanted articles found a new home. Thanks to all who donated. The long-anticipated parking lot has been completed and thanks to Ron Howe Paving for a job well done. Thank you to all who participate in our programs; your involvement makes our Centre a fun place to be.

*Falling leaves hide the path so quietly.*

# THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

## BOARD OF DIRECTORS 2017-2018

**PRESIDENT** Cliff Hartwick

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**ADMINISTRATOR** Christine Lehn

**JANITOR** Maurice Raffoul

**BOOKKEEPER** Pam Chausse

## REGULAR PROGRAMS AND EVENTS

**RECREATION:** Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate,) Carpet Ball, Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

## TUESDAY LUNCH PROGRAM

**ENTERTAINMENT:** Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

## MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

## SOCIAL SERVICES:

- Blood Pressure Clinics
- Community Living Yoga
- Foot Clinic
- Income Tax Clinics
- Serco Drive Test
- Parkinson's Exercise & Support Group
- Guest Speakers on Senior's Issues
- Ministry of Transportation Senior's Group Classes

## From the Administrator Christine Lehn

We had a great summer at the Centre. Thank you to DelFresco for donating strawberries for our June Strawberry Social. In July we enjoyed a Hotdog BBQ and Comedy Show. Along with other fun acts, Mabel and Able made an appearance again this year. We never know what these two ladies are up to but I can tell you they always provide many laughs. In August, we held our Yard Sale. Many good deals were found. Thank you to everyone who donated items and time for our sale.

The parking lot is now complete. I appreciate everyone's patience while Howe's was working on the lot. This would not have been possible without your support, whether it was by donation or attending our fundraisers. In spring, our boilers began to fail. With the help of a grant, we will be replacing them with energy efficient boilers to keep us warm this winter.

We are launching our new web site early September. Visit [www.halfcenturycentre.ca](http://www.halfcenturycentre.ca) and have a look. We will be posting more information online for our members who like to use the internet. If you have any suggestions or would like to contribute articles and pictures, especially of Centre events, please let me know.

We have two Christmas shows booked for Petrolia this year. I need to let them know by Thanksgiving how many tickets I need. If there is not enough interest in the second bus for Starbright Christmas, I will have to cancel it. As for all the shows, I need to pay for the tickets one month prior to the show and need to know by Thanksgiving if you are joining us so I do not pay for tickets that are not used. Help me fill the buses.

This Thanksgiving, I have plenty to be thankful for. I have a great family but also a great second family here at the Centre. It saddens me when we have tiffs and feelings get hurt. Let's continue to show each other the respect everyone deserves.

## NEWSLETTER SUBSCRIPTION:

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times per year. Please contact us if you have comments or contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

*Design & Print by Rob Shaw Media.*

160 Talbot Street East, Leamington, ON N8H 1M2

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E-mail: [halfcenturycentre@cogeco.net](mailto:halfcenturycentre@cogeco.net)

[www.halfcenturycentre.ca](http://www.halfcenturycentre.ca)

## OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.



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**[www.rosewoodseniorliving.ca](http://www.rosewoodseniorliving.ca)**

## REGULAR CENTRE ACTIVITIES

<b>ART GROUP</b>	WEDNESDAY	9:00 a.m.
<b>BAND PRACTICE (Musical G's)</b>	WEDNESDAY (call office for location)	10:00 a.m.
<b>BRIDGE (Duplicate)</b>	MONDAY	12:30 p.m.
<b>BRIDGE (Contract)</b>	WEDNESDAY	1:30 p.m.
<b>BREAKFAST GROUP</b>	TUESDAY	8:30 a.m.
<b>CARPET BALL</b>	FRIDAY	1:30 p.m.
<b>CRIBBAGE</b>	THURSDAY	2:00 p.m.
<b>DARTS</b>	THURSDAY	1:30 p.m.
<b>EUCHRE</b>	TUESDAY	1:30 p.m.
<b>LINE DANCING</b>	MONDAY & THURSDAY	9:00 a.m. & 7:00 p.m.
<b>PEPPER</b>	SUNDAY & WEDNESDAY & FRIDAY	2:00 p.m. & 7:00 p.m. & 7:00 p.m.
<b>POOL ROOM</b>	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
<b>QUILTING GROUP</b>	MONDAY	9:00 a.m.
<b>SHUFFLEBOARD</b>	WEDNESDAY	1:30 p.m.
<b>UNO</b>	MONDAY	2:00 p.m.
<b>YOGA</b>	FRIDAY	9:00 a.m.

## REGULAR PROGRAMS

**DRIVE TEST:** G1 & G2 Eye/Written & Road Test  
4th Tuesday Monthly at 9 a.m. – 12 noon  
and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110;  
**do not call the centre.**

**PARKINSONS EXERCISE & SUPPORT GROUP –**  
Tuesdays 10:30 a.m.

## VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

## TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

## LUNCH MENU

- Sept 4 ..... Meatloaf**
- Sept 11 ..... Baked Chicken**
- Sept 18 ..... Potluck**
- Sept 25 ..... Roast Beef**
- Oct 2 ..... Pork Loin**
- Oct 9 ..... Sausage and Peppers**
- Oct 16 ..... Potluck**
- Oct 23 ..... Chicken Cacciatore**
- Oct 30 ..... Liver and Onions**

**Thank you for your continued support  
of our Tuesday Lunch Program.**



## REGULAR CENTRE ACTIVITIES - SEPTEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	<b>LABOUR DAY CLOSED</b>	TLP - <b>Meatloaf</b>	Band Practice 10 a.m.	Diner's Club 4:30 p.m. @ Flamingo Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	<b>Card Party NOON</b>
9	10	11	12	13	14	15
	Line Dancing 9:00 a.m.	TLP - <b>Baked Chicken</b>	<b>Fashion Show 1 p.m.</b> follows lunch at noon	Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
16	17	18	19	20	21	22
	Line Dancing 9:00 a.m.	TLP - <b>Potluck</b>	Coffee & Conversation 10 am Speaker: What can we recycle?	<b>Petrolia Trip</b> Hearing Clinic 10-12 a.m. Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
23	24	25	26	27	28	29
30	Line Dancing 9:00 a.m.	TLP - <b>Roast Beef</b>		Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

**JOIN US  
TUESDAYS  
FOR LUNCH!**

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

**REGULAR CENTRE ACTIVITIES - OCTOBER 2018**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
		TLP - <b>Pork Loin</b>			Pepper Card Party 7 p.m.	
7	8	9	10	11	12	13
	<b>CLOSED</b> Thanksgiving	TLP - <b>Sausage &amp; Peppers</b>		Diner's Club 4:30 pm @ Family Kitchen Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
14	15	16	17	18	19	20
	Line Dancing 9:00 a.m.	TLP - <b>Potluck</b>	Coffee & Conversation 10 am <b>Speaker: Joe Jabbour</b> <b>Driving Instructor</b>	Hearing Clinic 10-12 a.m. Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
21	22	23	24	25	26	27
	Line Dancing 9:00 a.m.	TLP - <b>Chicken Cacciatore</b>		Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	<b>Murder Mystery Dinner</b> <b>5:00 p.m.</b>
28	29	30	31			
	Line Dancing 9:00 a.m.	TLP - <b>Liver &amp; Onions</b>	<b>Halloween - Boool!</b> 			

TLP = Tuesday Lunch Program



## SOUTH ESSEX COMMUNITY COUNCIL: Adult Day Program

The Adult Day Program is a supervised day service providing social, personal, and recreational support to clients and respite, information, and referral services for care-givers. Each client has an individualized care plan developed. Meals and snacks are provided and clients can access on-site nursing services through VON. The program runs every Monday, Wednesday & Friday and costs \$15 (half day) or \$22 (full day).

### CONTACT US: We're happy to help.

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By the time you've  
10 or 15 years,  
Leamington's ne  
some wonderful  
the variety of

### Think you know what dining at a seniors' residence might entail?

Think again, and this time imagine five delicious entrée choices and a mouth-watering chef's creation each day. All with the freshest ingredients and all made from scratch. That includes savoury soups and a variety of delectable desserts. Better than most restaurants, dining at Seacliff Manor is one of the delightful surprises of life there.



*Feeling a little bored at home?* Then you'll enjoy the variety of recreational programming available. There's the traditional fare like cards (including some pretty spicy games of the Euchre-related game Pepper), board games and the ever-popular Bingo, but there are also speakers, plus fitness choices that include a walking program, yoga and even Boxercise. This is in addition to excursions on the Seacliff Manor bus, which range from necessities like shopping to pleasure outings to the Casino, scenic drives and dining venues. Perhaps the most pleasant surprise at Seacliff Manor, however, is the relationships that develop or deepen. Many people move in only to realize they already know folks who live there and those friendships become stronger. Others find entirely new "kindred spirits" and develop relationships that add a whole new dimension to their lives.

"Many people sit at different tables in the dining room at different times," says Seacliff



Manor General Manager  
"because they want to  
their friends. If someone  
activity, people will ask  
ensure they know it's go  
everyone knows it's a fa  
that person. These are  
friendships I've ever see

As the saying goes "wo  
and that holds true for  
where there are delight  
waiting for those lookin  
wonder to their lives. "Th  
many people have abo  
Seacliff," says Kari. "Time  
asked me "Why didn't I

**Call (519) 326-2624 to book a tour of Seacliff Manor today and s  
as a guest for lunch. Or visit them online at [SeacliffManor.ca](http://SeacliffManor.ca)**



# Wonders Never Cease

After you've been through school, worked a full career, married and raised children, then been retired for years, you might think that there are very few surprises left to experience. If you visit Seacliff Manor, the newest offering in seniors' housing, you'd discover how wrong that assumption can be. There are many surprises awaiting those who choose Seacliff Manor as their new home – the dining experience, recreation options and the opportunities for life-changing new friendships are among them.



After Kari Sleiman, "I can't be sure to see all the things that aren't present for an hour, so I call up and find out because my favourite interest of my husband and some of the closest friends."

"Wonders never cease" is the life at Seacliff Manor. There are surprises and surprises waiting to add a little joy to your day. There's only one regret about the move to Seacliff Manor and again they've said, "I wish I had done this sooner?"

## Discover Leamington's New Retirement Residence

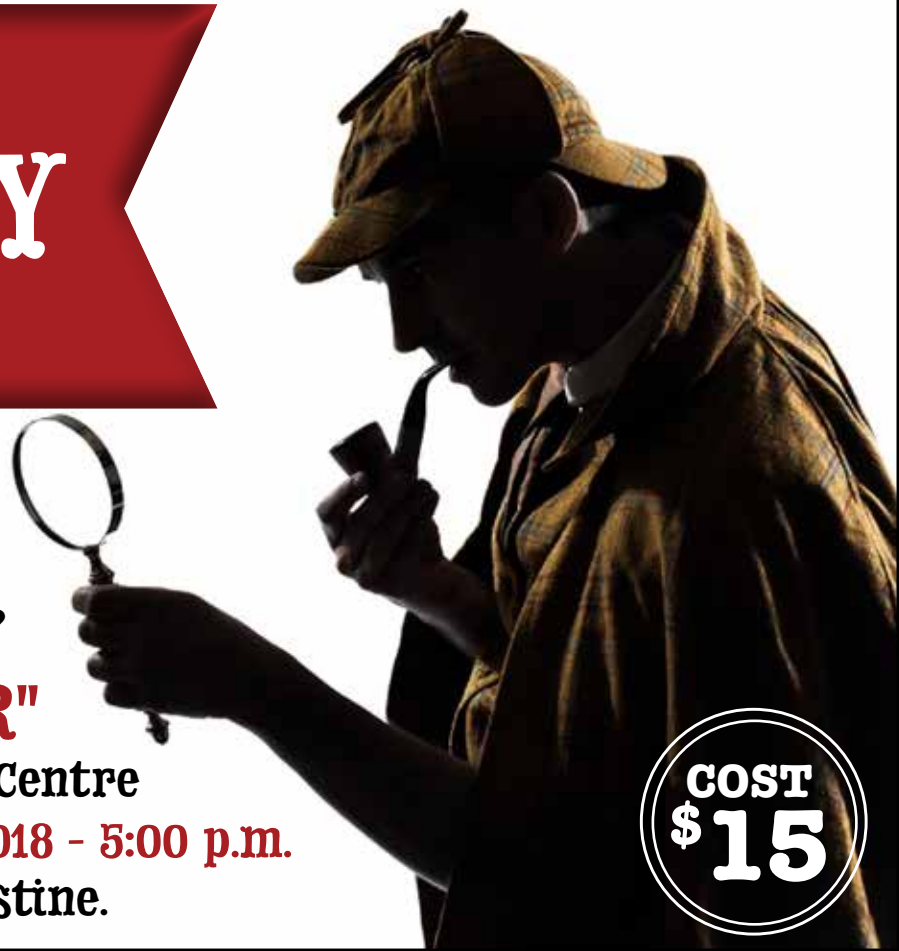
- ✓ In the heart of Leamington, accessible to conveniences.
- ✓ Independent Living provides a hassle-free lifestyle.
- ✓ Assisted Living and Memory Care ensure professional support and care to suit your needs.
- ✓ Fresh locally inspired menus, restaurant-style dining, and daily activities are enjoyed amongst friends.

A community with heart. Supported with care. 



Learn about Retirement Living, call or drop in!

# MURDER MYSTERY NIGHT



Enjoy a little murder with your dinner?  
Can you solve the mystery?

## "DEAD OF WINTER"

Crime Scene: Half Century Centre

Saturday, October 27th, 2018 - 5:00 p.m.

Purchase tickets from Christine.

COST  
**\$15**

## RAY'S RIBHOUSE

BAR & GRILL

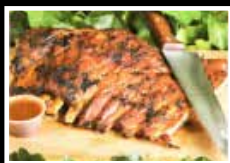
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*\$4 Domestic Beer by the Bottle.*

### SHARE WITH FRIENDS WEDNESDAYS

\$1 Off single Share, 3 for \$15, 5 for \$23.

See Share Menu for choices.

*\$4 Domestic Beer by the Bottle.*

### CELEBRATE SEAFOOD ON FRIDAYS & SATURDAYS

Every weekend we are putting on the Ritz and giving you a variety of luxury seafood choices.

Maybe it's date night, someone's birthday, an anniversary or it's just time to celebrate!

Take a look at our Feature Sheet for current choices of delicious seafood bounty.

*Any glass of wine for \$5 / 6 oz. \$4 Domestic Beer by the Bottle*



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# HAPPY BIRTHDAY

## TO OUR MEMBERS

### SEPTEMBER

ROBINSON, SHARON	2
WALES, MARIE	2
GAMMIE, ALEX	3
CLARK, JEAN	5
ENNS, ANN	5
STEVENSON, SALLY	9
HABRING, MOYRA	10
MACHER, PATRICIA	12
MANNERS, JEANNE	13
AASEN, ELSIE	15
MAJOR, VIOLET	15
GILLAN, AGNES	16
SMITH, BETH	16
FOX, LORAINÉ	18
BROWN, HELENA	19
SCHIPPERS, SYLVIA	20
DAWSON, HELEN	21
TRUSKEY, CATHY	22
LIEBSCH, MARION	23
HILDEBRANDT, GEORGE	25
HYATT, HEATHER	25
MacKINTOSH, ROSS	27
TOBIN, ASTRID	27
BARNETT, JOHN	28

### OCTOBER

SMITH, LEO	5
FLEMING, ROBERT	6
DENNERLEY, JAN	8
HATT, ELAINE	8
CAMPBELL, LOUISE	12
HENDERSON, NORM	13
SHAW, ROB	14
EDWARDS, EILEEN	15
MATTIA, PAT	19
KRAUS, SUSAN	23
WIEBE, KATHY	26
FLEMING, DIANNE	28



## WELCOME NEW MEMBERS

**APRIL MILLS, GAIL GRANT,  
WENDY CARMANICO,  
MIKE & ILENE RUDDERHAM,  
SALLY STEVENSON,  
JOHN KLEIN, LEE SMITH,  
BOB BALDCKOCK,  
ELLA HAMILL,  
BOB & SUE RUSSELL,  
ANNETTE PALMER,**

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre. We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

## IN REMEMBRANCE

**FERN ANDREWS  
LYLE SMITH**

**PLEASE TELL THE ADVERTISERS THAT YOU SAW THEM IN CENTRE'S CHATTER!**

**VOLUNTEERS  
NEEDED**

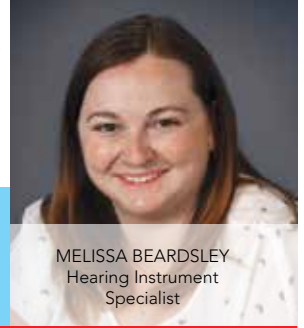


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**BUS  
TRIPS**

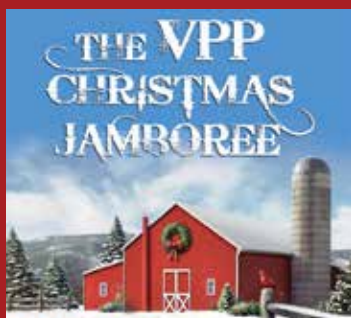


**From Leamington Half Century  
Centre to Victoria Playhouse Petrolia**

**TICKETS ARE \$85** which includes show  
and transportation. We will stop at a restaurant  
for lunch which is not included in the price.

**ONLY 24 TICKETS PER SHOW AVAILABLE, GET YOURS EARLY.**

See Christine in the office. Departure at 9:45, Return approx. 6:45.



**STARBRIGHT CHRISTMAS 2018**

Matinée Performance

**SATURDAY, NOVEMBER 24**

**THE VPP CHRISTMAS JAMBOREE**

Matinée Performance

**SATURDAY, DECEMBER 15**

# UPCOMING EVENTS

## COFFEE AND CONVERSATION

Join us for this interesting program at our Centre. We have an opportunity to meet the third Wednesday of each month for a chance to discuss issues important to older adults in an informal setting around the table with coffee and cookies. We host a guest speaker from various organizations in the area.

**Sep 19 What Can We Recycle @ 10:00 am**

**Oct 17 Joe Jabbour; Safe Driving @ 10:00 am**

## DINERS CLUB

Held the second Thursday of each month, and is open to members and non-members who meet each month to go out to supper together at a local restaurant. Join the group at 4:30 pm on Thursday,

September 13 at Flamingo Erie Shores, or on October 11 at 4:30 pm at Family Kitchen, Leamington. Why not bring a friend and join us? Sign-up, or call the office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet here at the Centre and carpool.

## FUNDRAISERS

We are busy in September with extra activities. We begin with a Card Party on Saturday 8 th, a Fashion Show on Wednesday 12 th and a Petrolia Trip on 20 th. In October, we will again have our Murder Mystery Dinner. Last year we sold out so get your tickets early. **PLEASE HELP TO SUPPORT OUR FUNDRAISERS!**

# COMMUNITY NEWS

## FOOT CARE

### Feet First Foot Care Clinics

Do you need help with cutting and filing your toe nails, treating ingrown toenails, callouses and corns? Did you know the Half-Century Club offers monthly foot care clinics?

Clinics are performed by **Registered Nurse Kelly Fleming** who holds a certificate in both Basic and Advanced Foot Care.

**Appointments last between 30-45 min, cost \$25.** (not covered by OHIP) and is covered by some health care insurance companies. A portion of the fee is given back to the Half-Century Centre.

**Call Christine, in the office, to book your appointment! Come for the nail cutting and stay for the foot massage!**

## FOR SALE

The artworks displayed by the **Leamington & District Half-Century Centre's Art Group** are **for sale!** Various paintings and prices. Funds contribute to the cost of the center's services.

## NEWS BOARD

Watch the board for **POSTING OF EVENTS** which are scheduled after the printing of the newsletter. We are trying to add new activities.

## FOR RENT

The Leamington & District Half-Century Centre is available to rent as a venue for Anniversaries, Birthday Parties, Showers, etc. We have a FULL KITCHEN and SEVERAL ROOMS available individually, or rent the full centre.

Call us at **519-326-2521**



## VOLUNTEERS NEEDED

**HELP PEOPLE.  
IMPROVE LIVES.  
VOLUNTEER.**

South Essex Community Council is looking for volunteers to help our community. Many positions including Meals on Wheels deliverer, friendly visitor, youth program assistant and tutor are available with flexible hours that work around your schedule.

**For more information contact Stephen at 519-326-8629 or [sgard@secc.on.ca](mailto:sgard@secc.on.ca).**

# FASHION SHOW

Join us for our annual fashion show!

Leamington Half Century Centre

**WEDNESDAY, SEPTEMBER 12, 2018**

Lunch is served at 12 noon.

Fashion Show at 1 p.m.

Purchase tickets from Christine  
ASAP and don't miss out!

COST  
\$ **12**



# Enjoy a worry-free retirement at Chartwell Leamington



**F**rom having more time to enjoy hobbies and social activities to simplifying household tasks, retirement living is an opportunity to focus on what makes you happy. With delicious meals, convenient services like housekeeping, entertaining recreational programs, and community outings - not to mention the absence of cleaning and general maintenance associated with homeownership, day-to-day life can become more about what you want to do, and less about what you have to do.

At Chartwell Leamington Retirement Residence, we offer a worry-free lifestyle complete with spacious, light-filled suites and large, outdoor patios ideal for entertaining all year round.

You'll also enjoy our resort-like ambiance with walking paths and outdoor amenities available at your convenience. If you're an active and independent individual who would benefit from a range of services that can free up time you can spend on the people and things most important in your life, consider how we can make your retirement easier and more enjoyable.

**Join us for a complimentary lunch!  
Book your personal visit today.**

  
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1 Henry Avenue, Leamington  
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