Published by the Leamington & District Half-Century Centre Inc. A great place to make new friends!



From the President Bill Chaplin

When is the last time you stepped out of your comfort zone and tried something new? If you're like me, you lead a life that consists mainly of comfortable routine and predictability. Moreover, when that routine is disrupted by the unexpected it is most unwelcome. I have to be sold on an idea before I will leave my familiar circumstances and venture into the unknown. So, I'm here to sell you something I'd like you to consider.

Sadly, I'm not much of a salesman, so I have to rely on simple truth to interest you and your own innate curiosity to help me. I would like you to consider allowing your name to stand in nomination to the board. And before you scamper from the idea like a frightened rabbit to consider how little this will demand of you.

For an hour or so once a month you sit down with a group of very nice people and simply listen. You may offer an opinion (or not), you can vote for (or against) proposals that will benefit the group, and at the end of the meetings you can quickly go back to socializing with your friends. You can volunteer to assist in a fund-raising project or a small house and property concern—just like you already do.

So, give it a thought—there's lots of time still—and when you are approached, say yes to a new activity. Already served on the board? Do it again, since you have the advantage of already knowing it is neither dangerous nor hard.

THE LEAMINGTON AND DISTRICT HALF-CENTURY CENTRE

A member of the Older Adult Centres' Association of Ontario

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REGULAR PROGRAMS AND EVENTS

RECREATION: Art Group, Band Practice, Breakfast Group, Bridge (Contract & Duplicate,) Carpet Ball, Cribbage, Darts, Euchre, Line Dancing, Pepper, Pool, Shuffleboard, Uno, Yoga.

TUESDAY LUNCH PROGRAM

ENTERTAINMENT: Bus Trips, Card Parties, Picnic, Dinner Theatre, Special Programs, Travel.

MEMBERSHIP:

\$45.00 per year (April 1st - March 31st)

SOCIAL SERVICES:

- Blood Pressure Clinics
- Community Living Yoga
- Foot Clinic
- Guest Speakers on Senior's Issues
- Income Tax Clinics
- Ministry of Transportation Senior's Group Classes
- Parkinson's Exercise & Support Group
- Serco Drive Test

160 Talbot Street East, Leamington, ON N8H 1M2 Phone: 519- 326-2521 Fax: 519-326-2348 E-mail: halfcenturycentre@cogeco.net

OFFICE HOURS:

Monday to Friday 8:30 a.m. - 4:30 p.m.

NEWSLETTER SUBSCRIPTION:

Mailed to you: \$13.00 per year for 6 issues

Centre's Chatter is a publication of the Leamington and District Half Century Centre, composed by staff with contributions from Directors, Members and others interested in the issues and concerns of seniors. It is produced 6 times per year. Please contact us if you have comments or contributions, or if you would like to purchase advertising, or be a distributor of our newsletter.

From the Administrator Christine Lehn

Welcome to 2018!

Our spring cleaning started early. The new ceiling tiles brighten the Centre. We have plenty of activities planned for the next two months. Our first big fundraiser will be a St. Patrick's Day Corn Beef and Cabbage Dinner. In April we will again be having a Card Party (hopefully with no snow). The end of the month we have the "Bailey's & Friends" returning to perform for us. Information is posted. Get your tickets early. Our fundraisers help support the Centre. This year's goal is to repave the parking lot.

Every month we have a guest speaker come in for Coffee & Conversation. The speakers take time out of their busy schedules to help keep us informed on a variety of topics. Please come out to hear what they have to say. We will also be holding a Health Fair in April. Details will be posted soon.

Once again, I have scheduled trips to Petrolia. Five up this year. The first one is Good Ol'Country Gospel on April 26. Sign-up sheets are posted for all the trips. Please sign up early as I have to purchase tickets one month prior to the show.

Welcome back Ministry of Transportation Senior Group Sessions. We have coffee available for \$1 for you to enjoy while you are waiting for your appointment.

Reminder: Membership fees are due April 1. They are \$45.00 per member. Also, income tax clinic runs from March 9 to April 26.



Our signature chicken soup feels just like home!

Restaurant-style dining and special daily features mean the choice is always yours. Select from a variety of dining options three times daily, including a hot or express breakfast for the days you're on the go!

Enjoy a vibrant new retirement lifestyle in Leamington.
Supported Independent Living, Assisted Living and Memory Care.

REGULAR CENTR	RE ACTIVITIES	
ART GROUP	WEDNESDAY	9:00 a.m.
BAND PRACTICE (Musical G's)	WEDNESDAY (call office for location)	10:00 a.m.
BRIDGE (Duplicate)	MONDAY	12:30 p.m.
BRIDGE (Contract)	WEDNESDAY	1:30 p.m.
BREAKFAST GROUP	TUESDAY	8:30 a.m.
CARPET BALL	FRIDAY	1:30 p.m.
CRIBBAGE	THURSDAY	2:00 p.m.
DARTS	THURSDAY	1:30 p.m.
EUCHRE	TUESDAY	1:30 p.m.
LINE DANCING	MONDAY	9:00 a.m.
	& THURSDAY	7:00 p.m.
PEPPER	SUNDAY	2:00 p.m.
	& WEDNESDAY	7:00 p.m.
	& FRIDAY	7:00 p.m.
POOL ROOM	MONDAY - FRIDAY	8:30 a.m. to 4:15 p.m.
QUILTING GROUP	MONDAY	9:00 a.m.
SHUFFLEBOARD	WEDNESDAY	1:30 p.m.
UNO	MONDAY	2:00 p.m.
YOGA	FRIDAY	9:00 a.m.

REGULAR PROGRAMS

DRIVE TEST: G1 & G2 Eye/Written & Road Test 4th Tuesday Monthly at 9 a.m. – 12 noon and 1 p.m. – 4 p.m.

For road test appointments please call 1-888-570-6110; **do not call the centre**.

PARKINSONS EXERCISE & SUPPORT GROUP -

Tuesdays 10:30 a.m.

VOLUNTEER INCOME TAX CLINIC FOR LOW INCOME

TUESDAY LUNCH PROGRAM

Home-cooked meals at a great price. Enjoy our friendly service and comfortable atmosphere. Non-members welcome! Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

The 3rd Tuesday each month we have Pot Luck. Cost is \$8 per person, or \$4 if you bring food.

Please call the office at 519-326-2521 for the week's menu, and to be added to the list the Monday before the luncheon. If you have any comments on the week's menu or suggestions for an upcoming menu please contact Christine. We try to make all meals interesting and enjoyable. Please note the menu is subject to change.

LUNCH MENU

Ham and Scalloped Potatoes
Lasagna
Potluck
Chicken Cacciatore
Stew
Meatloaf
Potluck
Chicken Parmesan

Thank you for your continued support of our Tuesday Lunch Program.



REGULAR CENTR	REGULAR CENTRE ACTIVITIES - MARCH 2018	\RCH 2018				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				_	7	æ
				Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
4	'n	9	7	&	6	10
	Line Dancing 9:00 a.m.	TLP - Ham & Scallop Potatoes	Band Practice 10:00 a.m.	Diner's Club 4:30 p.m. @ Peter's Kitchen Line Dancing 7 p.m.	Income Tax Clinic Starts Pepper Card Party 7 p.m.	CHANGE YOUR CLOCKS
11	12	13	14	15	16	17
DAYLIGHT SAVINGS TIME BEGINS	Line Dancing 9:00 a.m.	TLP - Lasagna		Hearing Clinic 10 a.m12 Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	St. Patrick's Day Dinner 5:00 p.m.
18	19	20	21	22	23	24
	Line Dancing 9:00 a.m.	TLP - Potluck	Coffee & Conversation 10 a.m. Speaker: Community Partnership	Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
25	26	27	28	29	30	31
	Line Dancing 9:00 a.m.	TLP - Chicken Cacciatore		Line Dancing 7 p.m.	GOOD FRIDAY CLOSED	
Tuesday Linch Proc	to Program = TI P @ Noon I would be specified of					

Tuesday Lunch Program = TLP @ Noon unless specified otherwise

TUESDAYS FOR LUNCH!

Enjoy our home-cooked meals at a great price in a comfortable atmosphere with friendly service. Non-members welcome!

Lunch is served at 12 noon and cost is \$8 per person. Meals include an entrée, vegetables, salad, bread roll, dessert, and tea or coffee.

REGULAR CENTR	REGULAR CENTRE ACTIVITIES - APRIL 2018	RIL 2018				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	9	7
EASTER SUNDAY	EASTER MONDAY CLOSED	TLP - Stew			Pepper Card Party 7 p.m.	Card Party - Noon
8	6	10	11	12	13	14
	Line Dancing 9:00 a.m.	TLP - Meatloaf		Diner's Club 4:30 p.m. Armando's.	Pepper Card Party 7 p.m.	
ţ	ì	į		Line Dancing / p.m.		
15	16	17	18	19	20	21
	Line Dancing 9:00 a.m.	TLP - Potluck	Coffee & Convesation Speaker: Gerry Hucko Fuji/Australia	Seniors Games Bridge Hearing Clinic 10 a.m12 a.m. Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	
22	23	24	25	26	27	28
	Line Dancing 9:00 a.m.	, TLP - Chicken Parmesan	Health Fair Income Tax Clinic Ends	Petrolia Trip - Good 'Ol Country Gospel Line Dancing 7 p.m.	Pepper Card Party 7 p.m.	Bailey's Concert 5 p.m.
29	30					
	Line Dancing 9:00 a.m.					
TLP = Tuesday Lunch Program	ch Program					

ILP = Iuesday Lunch Program

Leamington and District Half Century Centre 160 Talbot Street East, Leamington

Presents...

ST. PATRICK'S DAY DINNER

Saturday March 17, 2018 • 5:00 p.m.

Serving Corned Beef & Cabbage

\$15 PER PERSON

Leamington and District Half Century Centre 160 Talbot Street East, Leamington

Presents...

A Concert with The Bailey's & Friends

Saturday, April 28, 2018

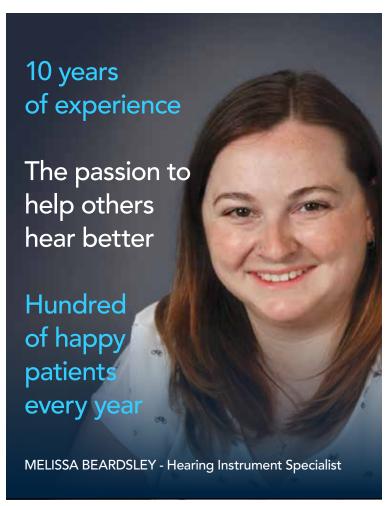
Concert begins at 3:00 p.m. Chicken Dinner at 5:00 p.m.

Cost: \$15.00

PLEASE PURCHASE TICKETS BY APRIL 20. WE WILL BE HAVING A BAKE SALE AS WELL.

Performances by Brad and Lynn Bailey, Dale Butler, John Moran, Charleen Wilkinson and Brian Bailey.







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MONDAYS TWO FOR TWENTY

Two can dine for \$20! Two 1 Piece Fish & Chips, 2 non-alcoholic Beverages, and a shared Dessert. \$11 if you're flying solo.

\$4 Domestic Beer by the Bottle.

SHARE WITH FRIENDS WEDNESDAYS

\$1 Off single Share, 3 for \$15, 5 for \$23. See Share Menu for choices.

\$4 Domestic Beer by the Bottle.

CELEBRATE SEAFOOD ON FRIDAYS & SATURDAYS

Every weekend we are putting on the Ritz and giving you a variety of luxury seafood choices.

Maybe it's date night, someone's birthday, an anniversary or it's just time to celebrate!

Take a look at our Feature Sheet for current choices of delicious seafood bounty.

Any glass of wine for \$5 / 6 oz. \$4 Domestic Beer by the Bottle



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BUS TRIPS

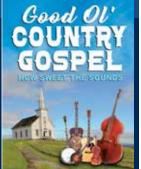
From Leamington Half Century Centre to Victoria Playhouse Petrolia

\$80 PER SHOW INCLUDES TRANSPORTATION

We will stop at a restaurant for lunch which is not included in the price.

Only 24 tickets per show available, get yours early.

See Christine in the office.



Departure at 9:45 a.m. • Return approx. 6:45 p.m.

Good Ol' Country Gospel - Matinee Performance, Thursday, April 26

Your spirit will soar and the soul will be stirred by some of the most iconic, beloved melodies ever written. This uplifting celebration is sure to delight as we shine new light on some good ol' gospel songs with a country twist. Enjoy all your favourites like I'll Fly Away, Peace in the Valley, Precious Lord, How Great Thou Art, The Old Rugged Cross, Will the Circle Be Unbroken and I Saw the Light.



Ever wonder what it would be like to escape your life and explore new horizons? Shirley is a Liverpool housewife whose kids have left home and she now makes chips and eggs for her husband every night while talking to the wall. Out of the blue, her best friend offers her a trip to Greece and she secretly packs her bags, heads for the sun and starts to see the world and herself very differently.

Rocky Mountain Hight - Matinee Performance, Thursday, June 28

"Take Me Home" with this very special musical tribute to the legendary country boy. John Denver's endearing, joyful songs of nature and mankind make up much of the soundscape of the '60's & '70's. Let's journey back to a simpler time with songs like Rocky Mountain High, Leaving on A Jet Plane, Take Me Home Country Roads, Sunshine On My Shoulders, & Thank God I'm A Country Boy.

The Andrews Brothers - Matinee Performance, Saturday July 28

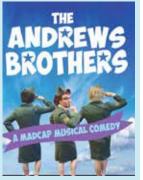
Mistaken identities and madcap adventures abound when a USO show may be cancelled after a certain famous trio of singing sisters fails to appear! Now it's up to three earnest stagehands to go on with the show! It's filled to the brim with great songs made famous by the Andrews Sisters, including Boogie Woogie Bugle Boy and Don't Sit Under the Apple Tree.

East Coast Kitchen Party - Matinee Performance, Thursday, September 20

Join 'da fun Eh! as Mark and his singin', steppin' and fiddling' friends kiss the cod and share some screech. Originally from Newfoundland, our own Mark Payne knows a 'ting or two about 'trowing a Kitchen Party. You'll catch some tunes from 'da likes of Great Big Sea, The Rankin Family, Anne Murray, Stompin' Tom Connors, Stan Rogers, Hank Snow and more East Coast music makers.











FOR RENT

The Leamington & District Half-Century Centre is available to rent as a venue for Anniversaries, Birthday Parties, Showers, etc. We have a FULL KITCHEN and SEVERAL ROOMS available individually, or rent the full centre.

Call us at 519-326-2521 for more information.

Leamington and District Half Century Centre 160 Talbot St. E. Leamington Presents



Wednesday April 25, 2018 10:00 a.m.- 3:00 p.m.

OPEN TO THE PUBLIC - ALL ARE WELCOME Come and learn about wellness products and services for living an active, healthy lifestyle!

Free Admission • Door Prizes & Samples
Soup and Sandwiches will be
available for \$8.00 per person



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MARCH ROTH, BOB 3 FLORENO, CHARLENE 5 5 JACKSON, RITA TESKEY, RICHARD 5 15 JOHNSTON, GAIL McGREGOR, DOROTHY 16 NICHOLSON, MAME 17 CLARK, GEORGE 20 WOELK, JOHN 20 MIKOLASH, PAULINE 22 YOUNG, EVELYN 24 JACKSON, DONALD 25 PLANT, SHIRLEY 27 27 STEWART, CAROLYNN **BINDER, MARY** 28 29 LEPLA, SALLY

HARTLEY, MAXINE	1
MARTINEAU, MONA	5
PARRY, DEREK	6
AASEN, LIONEL	10
DE QUARTEL, JUDITH	10
DAY, GIOVANNA	12
COAD, CAROLYN	13
DAROWSKI, IRENE	17
BACHMEIER, MIKE	17
BONKINK, JAN	19
TROWELL, ROY	19
GOTTLER, KATIE	22
ROBINSON, VICKI	22
RIGG, MARILYN	25
SCHIEFER, EVA	25
SCHUMACHER, PAUL	26
DAMA, TONY	27
MOODY, NANCY	27
BEAUPRE, ROGER	28
PERKES, JIM	28
GOW, KATHLEEN	29
HARTWICK, CLIFF	29
FOLDESI, ROSE	30

APRIL

WELCOME NEW MEMBERS

MICHAEL BACHMEIER
EILEEN WONNICK
JOSEPH IBRAHIM
JOANNE ZAMPARO
TONY NICHOLLS
RON SCHULTZ
DEBBIE MASTRONARDI

The Leamington and District Half-Century Centre welcomes these people who have joined since our last publication. So, let's extend a big welcome to each of them and introduce yourself to them; remember how you felt when you were a new member of the Centre.

We welcome you, our new members, and encourage you to take part in as many of the activities as possible. We would also encourage you to get involved as a "volunteer." This is the quickest way to get to know us. Our volunteers are the reason why the Centre is so successful. We could not function without the people who give so generously of their time and energy to the Centre.

IN REMBRANCE

Bus Spaunburg Ada Truskey Don Nicholson Elizabeth Manley



John WoELK sales representative 519-791-2868

150 Talbot St. East, Leamington N8H 1M1 519-326-8661 fax 519-326-7774 home fax 519-326-0259

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c21johnwoelk@hotmail.com www.century21.ca/john.woelk

Brian Collins, B.A. Sc., LL.B

barrister and solicitor

p: 519,325,0659 fax: 519,325,1448 briancollins@collinslaw.ca

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please

SUPPORT ALL OUR ADVERTISERS WHO HELP MAKE THIS **NEWSLETTER POSSIBLE!**

Tell them you saw them in Centre's Chatter!



3RD ANNUAL

People's Choice winner was the **Half Century Centre.**

L to R, Vicki Harris, Christine Lehn, Gail Turk



Our Servers, L to R: Mayor John Paterson, OPP Jerry Ribble, Mike Ciacelli Fire Dept., Deputy Mayor Hilda McDonald, OPP Stephanie Moniz, Joe Colasanti

42 people attended the 3rd Annual Chili Cook-Off at the Centre. Chilis were generously donated by Colasanti's, Leamington Chartwell, Portuguese Club, Knights of Columbus, Leamington Half Century Centre, and Soup was donated by Chuck's Roadhouse. We wish to extend a big thank you to all the supporters who helped us raise \$453.32 in funds to help repair the parking lot.

UPCOMING EVENTS

COFFEE AND CONVERSATION

Join us for this interesting program at our Centre. We have an opportunity to meet the third Wednesday of each month for a chance to discuss issues important to older adults in an informal setting around the table with coffee and cookies. We host a guest speaker from various organizations in the area. Coffee & Conversation March 21 CommUnity Partnership, Guest Speaker Andrea Miller @ 10 am. April 18 Gerry Hucko, Topic Fiji/Australia @ 10 am.

DINERS CLUB

Held the second Thursday of each month, and is open to members and non-members who meet each month to go out to supper together at a local restaurant. Join the group at 4:30 pm on Thursday, March 8 at Jose's or on April 12 at 4:30 pm at A 1 Chinese, Leamington. Why not bring a friend and

join us? Sign-up, or call the office to be added to the list so that we can notify the restaurant of numbers. If you wish, you can meet here at the Centre and car pool. you wish, you can meet here at the Centre and car pool.

PLEASE HELP TO SUPPORT OUR EVENTS AND FUNDRAISERS!

March 8 Diner's Club at 4:30 p.m. at Jose'sMarch 17 St. Patrick's Day Dinner. Corned Beef & Cabbage at 5 p.m.

April 7 Card Party at noon
April 12 Diner's Club at 4:30 p.m.
at A1 Chinese

April 28 Bailey's & Friends Concert at 3 p.m. Dinner at 5 p.m.

COMMUNITY NEWS

FOOT CARE

Feet First Foot Care Clinics

Do you need help with cutting and filing your toe nails, treating ingrown toenails, callouses and corns? Did you know the Half-Century Club offers monthly foot care clinics?

Clinics are performed by Registered Nurse Kelly Fleming who holds a certificate in both Basic and Advanced Foot Care.

Appointments last between 30-45 min, cost \$25. (not covered by OHIP) and is covered by some health care insurance companies. A portion of the fee is given back to the Half-Century Centre.

Call Christine, in the office, to book your appointment! Come for the nail cutting and stay for the foot massage!

NEWS BOARD

Watch the board at the centre for POSTING OF EVENTS which are scheduled after the printing of the newsletter. We are always adding new activities.

HEARING CARE

CANADIAN HEARING SOCIETY

is coming to the Half-Century Centre. **FREE** hearing screenings, hearing aid troubleshooting and cleaning, technical devices, communication tips and general information on hearing loss. 3rd Thursday of each month from 10:00 a.m. to 12:00 p.m. starting Jan 18, 2018 first come first serve.

CLEAR HEARING CENTRE

offers **FREE** Hearing Aid Demos! Come join us on Thurs, Mar. 15, 2018 and Thurs, Apr. 19, 2018. Call us to book your **FREE** demo as spots are limited.

519-398-8116

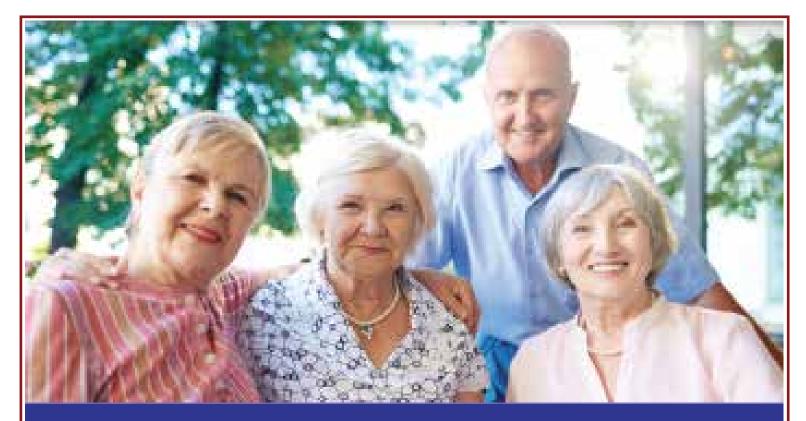
FOR SALE

The artworks displayed by the Leamington & District Half-Century Centre's **Art Group** are **for sale!** Various paintings and prices. Funds contribute to the cost of the center's services.

VOLUNTEERS NEEDED

Help people. Improve lives.
Volunteer. South Essex
Community Council is looking
for volunteers to help our
community. Many positions
including Meals on Wheels
deliverer, friendly visitor, youth
program assistant & tutor are
available with flexible hours
that work around your schedule.
For more information contact

Stephen at 519-326-8629 or sgard@secc.on.ca.



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3 MONTHS* FREE RENT!

*Some conditions apply



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Services Include: Adult Day Program Foot Care Clinic Friendly Visitation Home Maintenance Meals on Wheels Security Check Calls Transportation







SOUTH ESSEX COMMUNITY COUNCIL Helping People. Improving Lives.

Our collection of services helps adults ages 55+ and persons with disabilities to remain independent and to fully participate in their community. Services include an Adult Day Program, Foot Care Clinic, Home Maintenance & Repair, Meals on Wheels, Security Check Calls & Friendly Visits, and Transportation.

CONTACT US We're happy to help.

215 Talbot Street East, Learnington 519.326.8629 www.secc.on.ca